200 Feted at Columbia Club Event

Bridge, followed by dancing at 10:30 and a floor show, provided entertainment for the more than 200 members and guests attending the Columbia Club's open house Monday night.

Supper was served at 11 from a buffet table in the ballroom. Cold meats and salads arranged in attractive molds were decorated with the club insignia.

During supper Betty Jean Karstadt and Betty Jean Johnson of the Louis Stockman dance studio danced in costume and Mr. Stockman and his partner, Myrna Celete, tangoed.

Attendance prizes were won by Otis E. Logan, Mrs. Harry L. Gause, Al C. Fligeltaub, G. F. Fischer and Mrs. Briant Sando.

The club holds open house for members each Monday night, with the last Monday in the month guest night. Game rooms, turkish bath department and the pool are open to members without charge.

MANNERS AND MORALS
By Jane Jordan

If you need light on your problems, write to Jane Jordan. Tell exactly what it is that is troubling you, and she will tell you what to do in this column.

Dear Jane Jordan—I've read your column for quite a while and I have been helped by it several times. This is the first time I have written for help. I am a high school girl, aged 16, pretty in a common way, dress nicely, dance, but don't drink, swear or smoke. I am not popular. I go to dances with a group of boys and girls, but I'm just a wallflower. I have been told that I am a good dancer, but boys don't ask me to dance.

I try to mix with the crowd and be "peppy," but it seems impossible. I hope you can help me. I have buried my pride and told you this. It hurts me deeply to be out of things, although I do hide it. WALLFLOWER.

Dear Wallflower — The trick of making people like you is just as simple as it can be, but you have to be willing to work at it. First, you have to feel a genuine, warm, friendly interest in others, not only those whom you wish to charm, but every one who comes within your circle of acquaintances.

Deliberately cultivate the hearty greeting, the exclamation of pleasure, the warm handclasp, the winning smile, and use them all when you meet your friends. This always elicits a response.

Now forget yourself and concentrate on the other fellow, boy or girl. Find out what subjects interest him and consult him on a pet topic. For instance, if a boy is interested in football, follow the games and ask him to explain some point to you. Listen to his dissertation with flattering concentration and say, "thank you, you have helped me so much."

Go out of your way to do little thoughtful things. If a boy says he likes blue, wear a blue dress and let him see that you did it to please him. If he likes chocolate cake, make one and ask him to stop in and have a piece. Remember whether people like their coffee black or with sugar and cream, and so on.

Request advice or ask suggestions from people you wish to make like you. Give them personal confidences which you wouldn't tell to any one else. Look up to their wisdom and judgment and contrive to make them feel superior to you for the moment.

In a word—always raise the ego of the person you wish to charm. If these methods were tried out on you, you'd fall for them, wouldn't you? Your success with others is just as sure.

# # #

Dear Jane Jordan—I am going with a young man whom I love dearly and who loves me in return. He used to be bad, like Bad Boy. I don't smoke, drink, or do the things Bad Boy speaks of. Some say that I am ruining my reputation by going with him. But I am not going with him for what he used to be, but because we love each other.

He told me lots, but I let it pass. Am I doing right in helping this boy up, or do you think I should quit because of his past? Am I a fool for going with one boy at a time. JUST BROWN EYES.

Dear Just Brown Eyes—Love him for what he is and not what he was. He isn't old enough to be very deeply soaked in sin. If women waited for spotless men, most of them would be headed for spinsterhood. How smart you were to let him talk about himself!

As a rule, I think it is rather foolish for young people to pair off too early, when each ought to be seeing plenty of the opposite sex.

OFFICERS NAMED BY PRESENT DAY CLUB

Officers were elected by the Present Day Club at an all-day meeting Monday at the home of Mrs. A. M. Mendenhall, 3309 Broadway. Mrs. C. W. Cauble was named president. Others chosen were:

Mesdames Julius C. Travis, first vice-president; Hulbert Smith, second vice-president; J. W. Selvage, secretary; R. C. Scott, treasurer, and Ira Holmes, federation secretary.

Mothers! to reduce your family "Colds-Tax" use the Vick Plan for better "Control-of-Colds"
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VICKS Nose & Throat DROPS
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Cigarets and Cocktails Deplored by Frenchman as Plague of Table

Madame sighs. Madame spurns the last two snails, happily drowned in their rare sauce. Instead, Madame lights a cigaret before the next course and languorously puffs away! . . . What do Paris gourmets think of this "outrageous" behavior? Well, they think it's another of the "Plagues of the Table" that are described in three articles, of which this is the second, written by Minott Saunders for The Times and NEA Service.

# # #

BY MINOTT SAUNDERS
NEA Service Writer

PARIS, Jan. 26.—Cocktails and cigarets are two of the most unpardonable plagues of the table, according to Paul Reboux, author of "Nouveaux Regimes" and other popular works, in rallying to a movement among gourmets here for the rehabilitation of the art of eating and drinking.

The claim is that modern society has drifted deplorably away from proper table manners and that the real meaning of food is no longer understood.

Reboux addresses his advice and grievances to women because he believes that if they would refrain from evil practices they would set an example and exercise restraint on their dinner companions.

He says that cocktails destroy the capacity for enjoyment of food and that cigarets not only take away the delicacy of taste for the smoker, but spoil a good dinner for his neighbors.

Smoking before coming to the table is a personal matter, but Reboux points out that those who do simply saturate and palate with acrid nicotine and that everything they eat will be turned by the tobacco.

"Yet I understand any one liking tobacco," he says. "I once knew a goat that adored it. When you gave her a cigaret she would chew it with the most languorous expression.

"I object to those who can not resist burning a few tobacco leaves between courses and leaving ashes strewn about the food on the table."

Paul Reboux . . . "I resent those who can not resist burning a few tobacco leaves."

In showing what a striking change has come over society in this respect, Reboux recalls that a century ago a priest was excommunicated if he were known to use snuff; that fifty years ago it was forbidden to smoke in public in some provincial towns in France, and that the first cigar lit at a cafe terrace caused a scandal here.

A French marine law in 1634 gave captains the right to arrest, flog and imprison in the hold any passengers caught smoking, and Reboux says this law never has been repealed.

Gastronomic critics call the cocktail a "trans-Atlantic plague." Reboux says it was born by accident in a bar in the United States ninety-three years ago.

According to his story, the bartender had a habit of pouring what was left in glasses into a bottle.

One day a customer fainted after fighting a duel, and a friend, wishing to revive him, hastily caught up this bottle and gave him a drink. The effect was marvelous. The sick man quickly revived, got up and straightened himself.

"Hence the name cocktail, because a cock after fighting always holds his tail up," says Reboux.

"The first man to introduce the cocktail into France was Alphonse Allais, the writer. He created what he called the 'Stars and Stripes,' after the American flag.

"The drink consisted of an assortment of liquors poured gently into a glass so that the successive layers formde stripes. The stars came after it was swallowed. . .

"When your hostess serves a cocktail, she merely indicates thereby, and very clearly, that your conversation otherwise is sure to be hopelessly dull and devoid of spirit."

Girl Scout Courts of Award Prepare to Distribute 647 Badges This Month

A total of 647 badges will be awarded during the last week of January at the Girl Scout Courts of Award, held by the various troops, among them eight silver service stripes, given for five years' consecutive service in a troop. These will be presented Pauline Vonnegut, troop No. 32; Martha Fry, troop No. 37, Maybelle Sherman, troop No. 43, and to five girls from troop No. 42—Alice Perrine, Mildred Fletemeyer, Jane Fletemeyer, Martha Van Talge and Frances Horner.

The list includes also fifty-seven second class badges and seventy-five gold stars for perfect attendance during the last year.

Troops are preparing special programs for their courts, many of which take the Washington bicentennial as a theme. Others are giving teas for their mothers, following the presentation of badges.

Awards are as follows:

SILVER SERVICE STRIPE

Troop
32—Pauline Vonnegut.
37—Martha Fry.
42—Alice Perrine, Martha Van Talge, Jane Fletemeyer, Mildred Fletemeyer, Frances Horner.
46—Maybelle Sherman.

FIRST CLASS

Troop
3—Mary M. Sears, Patricia Edwards.
43—Ella Hausen.

SECOND CLASS

Troop
1—Dorothy Woods, Katherine Wilson, Jean Oglesby, Alice Layman, Billie Houghton, Janice Renick, Martha Nell Plopper, Wilma Gray.
2—Hope Brown.
3—Rose Mulroney, Miriam Edwards.
4—Helen Barnhart.
7—Audrey M. Shearer.
8—Mary Jean Wills.
10—Betty A. Wright.
12—Freda Ruth Marvel, Mauvis Johnson.
17—Eleanor Grepp.
18—Flora Scoville, Phairy Queener.
22—Virginia Christena.
23—Joan McLean.
24—Dorothy Mattingly, Daisy Silverman.
27—Rebecca Zimmerman.
28—Ruby Sagalowsky.
30—Marian Bigley.
31—Judith McTurnan, Phyllis Ferguson, Jean Aaronhalt, Jane Rottger.
32—Evangeleen Bowman.
34—Betty Baker, Martha Orstadt, Virginia Lowery, Margaret Seyvester, Martha Beem, Betty Gillispie, Maxine Buckley, Jo Anna Yates.
35—Gretchen Jones.
41—Elaine Taylor, Betty Harris.
42—Edith Carter.
46—Betty Lou Phillips, Mary Janet Mummert.
49—Sylvia Harrison, Louise Fultz.
50—Suzanne Ewing, Alice Louise Welch, Betty Wight, Betty Ball, Peggy Burrell, Betty Robinson.
51—Elizabeth Russell, Pauline Humphrey, Mildred Powell.

GOLD ATTENDANCE STARS

Troop
1—Betty Beem, Amie Louise Jose, Marie Schlueter.
3—Mary Alice Hoyt, Rose Mulroney, Opal Shell.
4—Eleanor Pitzschler.
7—Betty Gire, Martha Cassell.
8—Betty Hamerstadt.
10—Genevieve Schaefer, Elizabeth Myers, Bonnie Myers, Rose Myers, Eda Durszewicz.
11—Katherine Henderson, Helen Henderson, Virginia Sharp.
13—Nancy Benefiel, Mary Jane Fallander, Pearl Marcus.
18—Martha Johnson, Margaret Williamson, Flora Scoville.
22—Erdene Suckrison.
23—Helen Hudgins, Jane Snyder, Joan McLean, Lou Ellen Trimble.
24—Dorthy Falvery, Ruth Horstman, Anna Margaret Voorhies, Miriam Sterrett, Iva Henderson, Dorothy Foist.
28—Jane Calvelage.
30—Margaret Trembly, Betty Mock.
32—Ruth Carolyn Keller.
34—Marjorie Keim, Rosemary Fisher, Marjory Willsey, Geneva Senefeld.
35—Ruth Bartlett, Maxine Chaille, Betty Macy, Bobby Jo Vestal.
36—Helen Clickner, Vivian Gatewood, Lillian Robinson, Jane Riggs, Louise Crabb, Wilma Cottge.
37—Maxine Gerber.
38—Caroline Peterson, Kathlyn Mary Cole.
40—Ruth Hair, Barbara Joy, Rosemary McInturf, Anna Lee Moore, Dorothy Spahr, Marcia Ann Stump, Mary Jane Werner, Louise Wilde.
41—Marjorie Brullow, Emmajean Wicks, Betty Richards.
42—Ada Gooden.
43—Adelheid Poehlman.
45—Muriel Tirsway.
49—Maryella Julian, Jo Ann Keller, Bonnie Jean Drechsel.
50—Betty Kester.
51—Ruth H. Faulk.

SILVER STAR

Troop
1—Cleland Hay.
3—Betty Edwards.
7—Ruth Gise.
11—Evelyn Carter, Betty Lou Bartenbach.
18—Hilda Kleffner, Phairy Queener, Glodine Stringer.
22—Dorothy Ball, Luellabell Johnson, Virginia Christena.
23—Nancy Sowell, Jean Miller.
28—Betty Calvelage, Louise Troemel, Mary Jane Bayer.
31—Eloise Foreman, Judith McTurnan, Jane Rottger.
32—Cornelia Conner.
34—Betty Long, Mary Mae Endsley.
35—Kathryn Lamson, Eva Mae Chaille, Lois LaPara, Betty Jane Giffin, Virginia Caldwell, Barbara French, Marjorie Glass.
36—Betty Jean McKamey, Margaret Young, Edna Rugenstein.
38—Mary Jane Hargett, Donna McCormick, Esther Merrel, Francis Hall.
41—Dorothy Brullow, Ruth Brullow, Roberta Bronstrup, Marjorie Sims, Beatrice Ponder, Gertrude Nichols.
42—Martha Van Talge, Virginia Fox, Jean Benham, Marjorie Goldberg, Betty Lou Phillips.
49—Rosemarie Shank, Sylvia Harrison, Margaret Hirschman.
50—Betty Robinson, Ruth Ann Yelvington.

OBSERVER

Troop
2—Geraldine Gilliatt, Helen Johnson.
3—Miriam Edwards.
7—Rita Egan.
9—Mary Kershner.
10—Betty Ann Wright, Buda May Crump
12—Freda Ruth Marvel.
22—Virginia Christena, Jeanette Schwartz.
23—Johann McLean.
24—Dorothy Mattingly.
28—Betty Efroymson, Annabel Fisher, Shirlery Einbinder, Louise Troemel, Ann Henderson.
32—Evangeleen Bowman.
34—Geneva Senefeld.
37—Evelyn Williams.
38—Juanita Skinner, Lillian Morris, Helen Trueblood, Juanita Harvey, Caroline Peterson.
40—Elizabeth Black, Mary Jane Werner, Ruth Hair.
42—Edith Carter.
45—Joan Rossebo.
46—Mary Janet Mummert, Rosemary Newman.
49—Martha Underwood, Louise Fultz.
50—Alice Louise Welch, Betty Wight, Betty Ball, Peggy Burrell, Betty Robinson.
51—Elizabeth Russell, Johanne Meyers, Pauline Humphrey.

SCHOLARSHIP

Troop
1—Alice Layman, Cleland Hay, Martha Plopper.
2—Hope Brown.
6—Marion Taggart, Patrician Stayton, Phyllis Dazeke.
7—Martha Cassell.
8—Betty Reynolds, Jane Oliphant.
10—Naomi Scott.
12—Edith Sellers.
17—Roberta Poland, Marian Morris, Jeanne Ann Pluess, Eleanor Grepp, Marjorie Hargon, Virginia Sullivan, June Magel, Margaret O'Connell, Al Jean Kern, Yolanda Voucher.
18—Margaret Williamson.
22—Marilynn Christena.
23—Joan Hixon, Joan McLean, Jean Miller.
24—Dorothy Mattingly, Maxine Hook, Daisy Silverman.
26—Martha Jane Quick.
27—Rebecca Zimmerman.
28—Laura Kenna, Jane West, Charleen Dobbs, Catherine Clinard, Marjorie McAlee, Betty Efroymson.
32—Evangeleen Bowman, Virginia Stull, Mildred Hume, Wilma Rothenburger, Helen Stoll, Cornelia Conner, Martha Jane Bond.
34—Mary Mae Endsley, Dorothy Daniel.
36—Betty Smith.
38—Caroline Peterson.
40—Edelle Smith.
46—Dorothy Plumley, Nancy Wolfe, Suzanne Ewing.
50—Carol Lanafitt, Mary Jean Sefton, Julianna McIntosh, Betty Robinson.
51—Catherine Wagle, Barbara Reinken.
54—Anise Virt.

HEALTH WINNER

Troop
1—Dorothy Woods, Katherine Wilson.
8—Hatriett Caylor.
10—Betty A. Wright.
12—Freda Ruth Marvel, Mauvis Johnson.
17—Eleanor Grepp.
18—Flora Scoville, Phairy Queener.
21—Nettie Dulberger.
22—Jane Norton, Virginia Christena.
23—Susanah Jameson, Martha Haltom, Johanne McLean.
24—Miriam Sterrett, Dorothy Foist.
28—Jean Hamill, Betty Efroymson.
31—Phyllis Ferguson.
35—Gretchen Jones.
37—Betty June Mathey.
38—Lillian Morris, Mary Jane Hargitt.
40—Louise Wilde, Rosemary McInturf.
46—Mary Janet Mummert, Betty Lou Phillips.
49—Betty Fitzgerald, Dorothy Jean Bond, Bonnie Jean Dresheel, Myrtle Short.
50—Suzanne Ewing, Alice Louise Welch, Betty Wight, Betty Ball, Peggy Burrell, Betty Robinson.
3—Patricia Edwards, Betty Edwards, Mary Alice Hoyt, Peggy King, Elsie St. Clair, Gretchen Huetter, Opal Shell, Mary Sears.
8—Alice Cochran.
12—Mauvis Johnson.
17—Margaret O'Connell.
24—Marguerite Ehrhardt.
31—Marcella West.
34—Margaret Jeane Yates, Betty Gillespie, Joanna Yates.
46—Patricia Quinlan, Mary Jane Bachelder.
51—Rosemary Dobson, Johanne Meyers.

CHILD NURSE

Troop
1—Marie Schluster, Betty Beem.
34—Margaret J. Yates.
35—Eleanor Merritt, Ruth Bartlett.
46—Patricia Quinlan, Patty Lou Nichols.

FIRST AID

Troop
3—Mary Alice Hoyt, Peggy King.
9—Mary Alice Shively.
12—Mauvis Johnson.
24—Irene Neal, Marguerite Ehrhardt.
45—Mary Agnes Dunwoody.
34—Margaret Jean Yates, Betty Gillespie, Joanna Yates.
46—Mary Jane Bachcelder, Patricia Quinlan.

GIRL SCOUT AIDE

Troop
3—Betty Edwards, Patricia Edwards.
18—Alice Cochran, Dorothy Jean Hendrickson, Betty Soehner.
22—Marilynn Knowlton.
23—Jane Snyder.
24—Irnen Neal.
31—Marcella West.
50—Emma Lou Bacheldor.

ELECTRICIAN

Troop
3—Sallie Behr, Alice Cochran, Bessie Austin.
10—Rose Myers, Elizabeth Myers, Bonnie Bess Myers.
17—Mary Lou Hamilton, Jean Ann Pluess, Betty Reed.
24—Iva Henderson, Miriam Sterrett.
32—Mildred Young, Helen Stoll, Lydia Hooker.
34—Mary Agnes Dunwoody, Betty Gillespie, Joanna Yates, Margaret Yates.
35—Betty Macy, Marjorie Glass, Maxine Chaille, Virginia Caldwell, Mary Alice Burch.
36—Louise Crabb, Helen Clickner.
37—Martha Fry.
38—Rhea Stephens, Juanita Skinner.
45—Margaret Templeton, Muriel Tirsway
46—Rosmary Newman, Alberta Densford.
50—Barbara Spencer, Mary Jean Sefton, Carol Lanafitt, Mary Elizabeth Hays, Mary Louise Cramer, Emma Lou Bachelder, Lucille Barry.
51—Joanna Meyers, Elizabeth Russell, Ruth Faulk, Rosemary Dobson, Mildred Powell.

LAUNDRESS

Troop
8—Dorothy Hendrickson, Betty Soehner, Alice Cochran, Harriett Caylor.
10—Jane Spencer.
17—Eleanor Grepp.
23—Jane Snyder, Helen Hudgins.
26—Betty Efroymson, Mary Efroymson.
49—Margaret Kelly.
50—Virginia Steinhart, Mary Louise Cramer.

HOUSEKEEPER

Troop
10—Naoma Scott.
24—Miriam Sterrett, Iva Henderson, Dorothy Foist.
49—Margaret Kelly.

RAMBLER

Troop
31—Marcella West.
38—Kathlyn Mary Cole.

WOODCRAFT GIRL SCOUT

Troop
22—Marilyn Knowlton.
23—Jane Snyder.
35—Betty Jane Giffin.

GARDEN FLOWER FINDER

Troop
32—Wilma Rothenburger.
38—Mrs. Marvel Cole, Kathlyn Mary Cole.

INSECT FINDER

Troop
24—Anna Margaret Voorhies.

WILD FLOWER FINDER

Troop
31—Marcella West.

TREE FINDER

Troop
10—Irene Werkell.
23—Margaret Wohlgemuth.
35—Bobby Jo Vestal.
46—Carol Langfitt.

LAND ANIMAL FINDER

Troop
35—Betty Giffin.
46—Emma Lou Bachelder.

ROCK FINDER

Troop
3—Mary Sears, Patricia Edwards.
28—Betty Ann Calvelage.
45—Muriel Tirsway.
49—Harriet Jane Holmes.

WORLD INTERPRETER

Troop
22—Jean Knowlton, Marilyn Knowlton.

PHOTOGRAPHER

Troop
9—Mary Alice Shively.
24—Dorothy DeLong.

JUNIOR CITIZEN

Troop
8—Betty Soehner.
9—Madeline Trent, Mary Vance Trent.
22—Jean Knowlton, Marilyn Knowlton.
28—Jane Calvelage.
30—Betty Clemons.
31—Jeanne L. St. Pierre.
32—Ruth Carolyn Keller.
35—Betty Macy, Bobby Joe Vestal, Virginia Bruns, Betty Jane Giffin.

JOURNALIST

Troop
8—Dorothy Jean Hendrickson, Betty Soehner.
28—Mary Efroymson.
31—Mary Lou Womack.

SCRIBE

Troop
10—Bonnie Myers, Jane Spencer, Rose Myers, Elizabeth Myers.
12—Edith Sellars.
23—Anne Davis.
34—Marjorie Brinkman, Mary Agnes Dunwoody.
40—Louise Wilde.
46—Alberta Densford.
49—Lillian Younge, Rose Marie Younge.

ARTIST

24—Dorothy DeLong.
32—Virginia Stull, Ruth Carolyn Keller.
34—Geneva Senefeld.
35—Virginia Bruns, Betty Jane Giffin.
37—Gladys Lee Howe.
40—Louise Wilde.
41—Rosemary Horn.
50—Mary Louise Cramer.

MUSICIAN

Troop
16—Margaret A. Egan.

DANCER

Troop
46—Josephine Whitten.

CRAFTSMAN

Troop
10—Naoma Scott.
17—Eleanor Grepp.
24—Dorothy DeLong, Juana Jane Ulrey.
32—Virginia Stull.
34—Geneva Senefeld.
35—Nelda Johnson, Virginia Bruns.
41—Rosemary Horn.
46—Patricia Quinlan.
49—Margaret Kelly.
50—Anita Cohen.

LIFE SAVER

Troop
3—Rose Mulroney.

PIONEER

Troop
22—Mary L. Merrell, Dorothy Reasoner.

SWIMMER

Troop
1—Dorothy Woods.
17—Margaret O'Connell.
23—Mira Lewis, Lou Ellen Trimble.
40—Louise Wilde.

HANDYWOMAN

Troop
8—Harriett Caylor.
28—Mary Efroymson.

CANNER

Troop
8—Helen Eldridge.
23—Mary White.

COOK

8—Betty Soehner, Dorothy Jean Hendrickson.
17—Eleanor Grepp.
26—Mary Efroymson.
30—Betty Clemons.
35—Marjorie Glass.

HOSTESS

Troop
7—Martha Cassell.
8—Sally Behr, Alice Cochran, Alberta Brandlein.
10—Betty Ann Wright.
11—Ruth Billeter, Virginia Sharp.
17—Jeanne Ann Pluess, Roberta Poland, Betty Reed.
22—Rachael May Diddel, Betty Jane Ballman.
23—Mildred Thiesing.
24—Miriam Sterrett, Iva Henderson.
30—Betty Mock.
31—Shirley St. Pierre.
32—Mildred Young, Helen Stoll, Helen Hooker, Lydia Hooker.
34—Betty Gillespie, Joanna Yates, Margaret Jean Yates, Geneva Senefeld, Mary Agnes Dunwoody, Marjorie Brinkman.
35—Margaret Taintor, Shirley Lybrook, Elsie Keiter, Nelda Johnson, Virginia Drum, Virginia Bruns, Eleanor Merritt, Ruth Bartlett.
36—Louise Crabb, Helen Clickner.
37—Martha Fry.
38—Helen Trueblood, Juanita Skinner, Rhea Stephens.
40—Margaret Ann Yeager, Dorothy Spahr, Barbara Joy, Ruth Hair, Annie Lee Moore, Margaret McDowell, Betty Jane Grauel, Carolyn Dixon, Margaret Pond, Louise Wilde, Rosemary McInterf, Jeanne Davis.
41—Gertrude Nickel, Mary Ellen McCord, Betty Harris, Rose Mary Horn, Dorothy Brullow, Ruth Brullow.
43—Frankie Hansen.
45—Muriel Tirsway, Margaret Templeton.
46—Rosemary Newman, Alberta Densford, Mary Jean Bachelder, Lucille Barry.
50—Mary Jean Sefton, Barbara Spencer, Mary Louise Cramer, Virginia Steinhart.
51—Elizabeth Russell, Mildred Powell, Johonne Meyers, Ruth Faulk, Rosemary Dobson.

DRESSMAKER

Troop
4—Eleanor Pitzschler.
23—Helen Hudgins.
24—Doreen Suitor.

NEEDLEWOMAN

Troop
8—Betty Hammerstadt, Harriett Caylor.
23—Helen Hudgins.
26—Betty Efroymson, Mary Efroymson.
30—Betty Clemons.
34—Mary A. Dunwoody.
35—Julia Lewis, Rosemary Werlein, Georgianna Smith, Eleanor Merritt, Ruth Bartlett, Marjorie Glass, Virginia Bruns, Margaret Taintor, Nelda Johnson, Alice Hankins.
51—Rosemary Dobson.

New Shoe Strings

Often a perfectly good pair of oxfords looks dingy for want of new shoe laces. Keep a supply of fresh grosgrain ribbon on hand and substitute new ones the minute the present ones begin to wilt.

City Jewish Groups Will Hold Frolic

Preliminary plans were completed Monday night for the Kirshbaum Co-operative carnival, which will be held at the Kirshbaum Center, Feb. 21. Virtually every Jewish organization in Indianapolis is taking part in plans for the frolic.

The carnival will begin in the afternoon and will continue through the evening. Competitive games for both adults and juniors will be staged and many prizes will be awarded.

Organizations already in the carnival are:

Senior Hadassah; Junior Hadassah, B'nai B'rith, A. Z. A., Council of Jewish Women, Council of Jewish Juniors, Kodimo Club, Emuna Club, Disc Club, Butler Avukah, Boy Scout Troop No. 65, Girl Scout Troop No. 13, Buddies Club, Sigma Alpha Tau, Pals Club, Sigma Tau Gamma, Junior Dramatic Club, Alpha Omega, and Emanon Club.

Marcus Borinstein and Mrs. Philip Falender are general chairmen for the event. Committee chairmen working under them are:

Speakers, Marcus Rubin; finance, Dr. Philip Falender; entertainment, Misses Lucia and Eleanor Wild; publicity, Fred E. Newman; building arrangements, David Isenberg; ticket sales, Harry Wold; refreshments, Mrs. L. L. Goodman; program, Mrs. Bert Goldberg; prizes, Mrs. Janet Lipton, and decorations, Mrs. Julian Bamberger.

Patterns

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Pattern Department,
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Indianapolis, Ind.

Enclosed find 15 cents for which send Pattern No. 624

Size .....

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State .....

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SCHOOLGIRL FROCK

This smart little tweed-like woolen of fashionable light weight, favors the smart wrapped arrangement at the front. It is exactly the same as the college miss is wearing.

It is that lovely new shade in Spanish tile. The bone buttons match the fabric. The rolled collar, cuffs and belt are plain woolen in brown shade, a most pleasing combination.

Style No. 624 may be had in sizes 8, 10, 12 and 14 years. Size 8 requires 1¾ yards of 39-inch material with ½ yard of 35-inch contrasting.

The three-piece skirt is circular. It is attached to the bodice, that also cuts in three sections.

Other attractive fabrics for its development are wool jersey, wool crepe, wool challis and tweed-like cottons.

Our Winter Fashion magazine is ready.

Price of book 10 cents.

Price of pattern 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

HEALTHY CHILDREN
How to Provide Proper Food and Care at a Minimum Cost

This is the fifth of a series of six articles on the proper care and nutrition of children, published by this newspaper in co-operation with the American Child Health Association. The present depression and unemployment has made this a grave problem in many families where a dollar must go farther now than ever before.

BY SISTER MARY
Written Especially for NEA Service and The Times.

FOR children to grow without injuring any of their tissues through deprivation of proper nourishment, nutrition experts have worked out the minimum amount of food that must be supplied.

Food has been divided into five groups, each essential to the welfare and health of children. Milk comes first, from one pint to one quart to drink and use in cooking.

In the second group are placed bread, cereals, rice, macaroni, spaghetti, noodles and the like; one or more of these foods to be used at every meal with whole grain breads and cereals predominating.

Group three takes care of the vegetables and fruit and recommends generous helpings of two or three vegetables, including lettuce, spinach, cabbage, carrots and other leafy vegetables. Tomatoes are classed with fruit and fresh or canned may be used in place of oranges. Some other fruit such as bananas or apples also should be provided.

# # #

EGGS, meat, fish, cheese, dried beans, peas and lentils make up the fourth group. At least one food from this group should be chosen daily, with preferably an egg at least three or four times during the week, and meat never more than once a day.

The fats come in group five with some cream, butter, oleomargerine, nut butter, bacon, suet or other fat and a little cod liver oil daily suggested. On such a diet a child can grow and protect his health.

From these groups it is comparatively easy to plan luncheon menus. Such vegetables as potatoes, carrots, cabbage, onions and spinach can be cooked in many ways that are appetizing and nourishing. Yellow turnips and dried peas and beans add variety. Cabbage, carrots and onions are all good served raw and can be used alone or in combinations. Red cabbage has more iron than the white variety and its cool roften appeals to children.

Vegetable chowders and cream soups offer the maximum amount of food value for the money spent.

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IT is a good idea to eat some raw fruit or raw vegetable every day. When a soft food or a liquid such as a cream soup forms the main luncheon dish the raw food is particularly valuable on account of its crisp texture.

Day-old bread is better for children than fresh bread and costs less. Stale bread, combined with dried fruit and milk, makes acceptable puddings.

If milk, bread, one cooked vegetable and one raw vegetable, some fruit other than that used for breakfast and a dessert made of rice, or some other cereal, comprise the luncheon a child is sure to receive his full quota of the "protective" foods and a balanced diet.

A vegetable should be cooked as quickly as possible. When wanted for a soup the amount of water used for cooking is less important since the liquid can be utilized in the soup. But when the vegetable is to be served without its juices, the smallest amount of water possible to prevent burning should be used.

# # #

THE noon meal is an excellent time to serve eggs in some form. In main dishes such as scalloped potatoes and eggs, in desserts and in custard sauce for a plain dessert, eggs can be used to good advantage.

In the accompanying luncheon menu a well-balanced diet is provided.

Next: Dinner Menus.

LUNCHEON MENUS

Suggested menu:

Cream of tomato soup, whole wheat toast sticks, carrot straws, jellied prunes with custard sauce.

Milk is not needed as a drink for children in this menu, since both the soup and custard sauce contain good amounts of it.

The next luncheon menu suggests a vegetable chowder: Vegetable chowder, crisp crackers, shredded raw red cabbage and apple salad, bread, rice pudding, milk for children.

Since less milk is used for cooking in this menu, it is imperative that a child shall have a cup of milk to drink.

When the noon meal is the heartiest meal of the day, such dishes as macaroni and cheese, meats, stews and baked beans may be introduced.

OMEGA KAPPAS TO PLEDGE TWO GIRLS

Miss Marjorie McPhetridge, 2248 Noland avenue, will be hostess for a meeting of the Omega Kappa sorority to be held tonight at her home. Pledge services will be held for Misses Dale Brant and Juanita Anderson.

Plans for a rush party will be made. An entertainment will follow, with the hostess assisted by Misses Gracena Sherwood and Madelyn Price.

Sorority to Meet

Theta chapter, Phi Beta Psi sorority, will meet Wednesday night at the home of Mrs. Thelma Schneider, 2456 North Meridian street.

Mrs. Darnell Hostess

Past Chiefs' Association of Myrtle Temple, No. 7, Pythian Sisters, will hold a covered dish luncheon at 12:30 Thursday at the home of the president. Mrs. Lena Darnell, 3366 Ruckle street.

BABY FRETFUL, RESTLESS?

Look to this cause—

Does your baby have nights when he fusses, tosses and seems unable to go quickly, quietly to sleep? Look for one common cause, doctors say. A constipated condition.

To get rid quickly of accumulated wastes which cause restlessness and discomfort, nothing is better than genuine time-proven Castoria.

Castoria, you know, is made specially for children's delicate needs. It is a pure vegetable preparation; contains no harsh drugs, no narcotics of any kind.

It is mild and gentle enough to relieve a young infant's colic pains, yet is an effective regulator for children of school age.

When your baby is upset and unable to sleep, or has a little cold or fever, it is a wise precaution to give him the gentle but sure regulative help of Castoria. With regulation come relaxed comfort and restful sleep.

Keep a bottle always on hand. Children like the taste of real Castoria—which always has the name, Chas. H. Fletcher, on the package.

Chas. H. Fletcher.
CASTORIA
CHILDREN CRY FOR IT

Pennickes to Be Feted at Club Tea

Mrs. Ralph Drybrough, 5760 North Pennsylvania street, will entertain members of the Heyl Study Club with a tea this afternoon, in honor of Mrs. Harold C. Pennicke, 630 East Fifty-second street, who will leave early in February for residence in New York. Mr. Pennicke will leave Wednesday.

In the receiving line with Mrs. Drybrough and Mrs. Pennicke will be the club officers: Mesdames Franklin McCray, Robert Frost Daggett, D. A. Anderson, William Wiese and M. F. O'Connor.

The tea table will be centered with pink roses, and lighted with pink tapers. Mrs. S. H. Pennicke and Mrs. F. G. McMillan will pour.

Mr. and Mrs Sherwood Blue, 4232 Graceland avenue, entertained with a theater party and buffet supper Monday night for Mr. and Mrs. Pennicke. The guests attended Keith's theater, after which supper was served at the Blue home. The party included Mr. and Mrs. Blue, Mr. and Mrs. Pennicke, Mr. and Howard Travis, Miss Gertrude Manley, Ted Marbough and Paul Hargitt.

Mr. and Mrs. Robert Sturtevant will entertain at dinner tonight for Mr. and Mrs. Pennicke.

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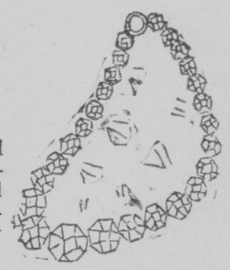

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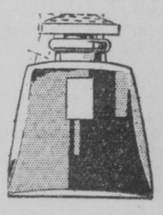

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Pebeco Tooth Paste	27c	Cleansing Tissues. 200 Sheets	21c
Kirk's Hardwater Castile Soap. Dozen	64c	Mifflin's Rubbing Alcohol	25c
Palmolive Soap. Dozen	65c	Fountain Syringe, No. 2 size. Rubber	49c

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