

Panorama Is on Program of Y.W.C.A.

A dramatic panorama of the year's events will be presented at the thirty-seventh annual meeting of the Y. W. C. A. Friday night at the central building. The meeting will open with dinner at 6:30, followed by the program.

At the dinner, results of the annual election will be announced by Mrs. W. C. Smith, chairman of the nominating committee. Polls are now open at the central building, and will remain open until 6, Friday night, Jan. 29.

High lights in the year's activities of the Indianapolis Y. W. C. A. will be presented in the "Panorama," which will be presented as a pageant at 8 in Hollenbeck hall, at the central building.

Various departments which will take part include the business girls, industrial girls, health education department, grade school and high school girl reserves, and world fellowship groups from the central, South side, Blue Triangle and Phyllis Wheatley branches.

Mrs. John Wallace is chairman of the committee in charge of the annual meeting. The public is invited to attend the pageant.

Mrs. Bjorn Winger will review the play, "Green Pastures," and follow it with a general discussion at the class in "New Roads in Reading," at 7 Tuesday night at the central building. The class is open to anyone interested, whether or not they are registered in the class.

Girls Review Books

Kappa chapter, Pi Omicron sorority, will meet at the Washington hotel at 7 Monday. Each member will review a book read during the year. Miss Flora Drake is program chairman.

Free Bowling Lessons Enjoyed by City Women



Mrs. Floretta D. McCutcheon

Approximately 150 women thronged the Parkway alleys, Thirty-fourth and Illinois streets, Friday afternoon, for the opening classes in The Times seven-day bowling school, and large numbers also were present for the first instruction sessions at the Uptown and Fountain Square alleys.

Mrs. Floretta D. McCutcheon, world's leading woman bowler, directed the groups, and her pupils were enthusiastic in their praises of her instructions.

A large number of the pupils were beginners, and they were taught the fundamentals of the ten-pin pastime by Mrs. McCutcheon. Many of the women present have had some experience at the game and to them Mrs. McCutcheon gave advice which will improve their play.

Crowd Is Enthusiastic

In the crowds were housewives, teachers, stenographers, clerks, and a number of high school and college students, with all ages from 16 to 50 represented.

"It's as interesting as golf," declared several of the women, tossing the ball down the alley for the first time.

And here and there might be heard the comment, "And they say it's reducing too."

Size of classes is expected to be much larger today, when Mrs. McCutcheon again will explain the intricacies of the game at the three alleys where the school is being held.

All Are Invited

Every woman in the city is invited to attend and receive instruction, which is free. Just sign the blank, printed herewith, send it to the alley where you wish to play, and then show up for classes.

The schedule for today and the remainder of the seven-day period follows:

Saturday, Jan. 23
9:30 A. M.—Uptown.
(Junior bowlers' class.)
1:00 P. M.—Fountain Square.
3:00 P. M.—Parkway.
7:30 P. M.—Uptown.

Sunday, Jan. 24
1:00 P. M.—Fountain Square.
2:30 P. M.—Fountain Square.
4:00 P. M.—Uptown.
7:45 P. M.—Parkway.
(Match, Mrs. McCutcheon vs. Freddie Shaw, first five games of ten-game match.)

Monday, Jan. 25
9:30 A. M.—Uptown.
1:30 P. M.—Parkway.
3:00 P. M.—Uptown.
8:30 P. M.—Parkway.
(Match, Mrs. McCutcheon vs. Freddie Shaw, second five games of ten-game match.)

Tuesday, Jan. 26
9:30 A. M.—Uptown.
1:30 P. M.—Parkway.
3:30 P. M.—Parkway.
6:00 P. M.—Uptown.

Wednesday, Jan. 27
9:30 A. M.—Uptown.
10:45 A. M.—Parkway.
1:30 P. M.—Parkway.
6:00 P. M.—Parkway.

Thursday, Jan. 28
9:30 A. M.—Uptown.
1:30 P. M.—Parkway.
3:00 P. M.—Fountain Square.
6:00 P. M.—Parkway.

Bowling Blank

I desire to enter The Times bowling school for women conducted by Mrs. Floretta D. McCutcheon.

Name

Address

Telephone

Fill out enrollment blank and mail to alleys where you desire to take instructions.

to be given at 2:30 by Wilbur D. Peat at the John Herron Art Institute, on the modern paintings on exhibit there.

Irvington Chautauqua Club will meet with Miss Katherine C. Payne, 24 South Irvington avenue. The program will include papers by Mesdames Mayme Findley, I. L. Miller, and William Baum.

Meridian Heights Inter Se Club will meet at the home of Mrs. H. E. Yockey, 616 East Forty-ninth street. "The American Indian" will be the topic, with papers by Mrs. Clifford Christena and Mrs. F. A. Linton.

Riley Hospital Cheer Guild will meet at 4 at the Claypool.

Spencer Club will meet with Mrs. John Lucas, 806 Fairfield avenue, with Mrs. Anna Ray and Mrs. W. E. Leapey assisting.

Mrs. A. T. Mayfield, 3247 College avenue will be hostess for a meeting of the Independent Social Club.

WEDNESDAY

New Century Club will meet with Mesdames J. E. Barcus, Ward Rice and Claude Erther as hostesses. A program on the Panama canal will be given by Mrs. H. F. Reynolds.

Mrs. Robert E. Campbell, 1445 North King avenue, will be hostess to the Wednesday Afternoon Reading Club, assisted by Mrs. Lewis Shott. The program will be given by Mrs. Herbert Rennard and Mrs. Paul Ameter.

Zetatheta Club will meet with Mrs. L. C. Trent, 411 North Arsenal avenue. Papers will be given by Mrs. H. F. Thurston and Mrs. C. F. Hurst.

PASTOR SPEAKS ON 'MARRIAGE' SUNDAY NIGHT

Sutherland Presbyterian to Close Series of Forum Talks.

Sunday night at 7:45 o'clock at Roberts Park church the Rev. Alpha H. Kenna will speak on the subject, "Getting Married."

Dale Young will present the following organ numbers: "Meditation" (Thais) by Massenet, "The Golden Wedding" by Gabriel-Marie, "Venetian Bridal Song" by Nevin, "Salut d'Amour" by Elgar, and "Wedding March" by Mendelssohn.

Mrs. Jane Johnson Burroughs will sing "Love's Coronation" by Aynard and the ladies' chorus from the Roberts Park choir will sing "Faith, Hope and Love" by Shelley.

TIMES EDITOR TO SPEAK SUNDAY

The last of the January series of open forums at the Sutherland Presbyterian church will be conducted by Boyd Gurley, editor of The Indianapolis Times, Sunday night at 7 p. m.

Gurley will give a twenty-minute talk on "Child Labor" and then the discussion will follow.

The last Sunday evening service of January will be in charge of the Sutherland young people.

At the morning worship hour, the Rev. Florizel A. Pfeiderer will discuss the theme, "The Righteousness of God and the Righteousness of Man."

PASTOR HAS BIG SUBJECT

"The Gospel for the Present Crisis," the theme of the State Pastors' Convocation, will be Dr. Edward Haines Kistler's theme to be presented morning in the Fairview Presbyterian church. A Ladies' Trio from the Indiana Central College will sing several numbers. At 7 p. m. the Personality Club will hear a "Report Meeting" of the Y. P. Conference, conducted by Miss Betty Jane Watkins.

CHRISTIAN SCIENCE THEME ANNOUNCED.

"Truth" is the subject of the lesson-sermon in all Churches of Christ, Scientist, on Sunday, Jan. 24.

Among the citations which comprise the lesson-sermon is the following from the Bible:

"Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning. Of his own will, he begeth us with the word of truth, that we should bring forth much fruit of his creatures (James 1: 17, 18).

The lesson-sermon also includes the following passages from the Christian Science textbook: "Science and Health, With Key to the Scriptures," by Mary Baker Eddy:

"Life, Truth and Love are the realities of divine Science. They dawn in faith and understanding. As a cloud hides the sun, so sin hides the light of truth. For a while the voice of immutable harmony, but false belief can not destroy Science, which is with faith, hope, and fruition. What is termed material sense is a report only a momentary sense of things, whereas spiritual sense can bear witness only to truth."

WILL OPEN A NEW SERIES

Robert Cook, vice-president of the Indianapolis Association, B. Y. P. U., will be the speaker at 10 a. m. Sunday at the Garden Baptist church, 314 Bright street.

This will be the first of a series of Sunday morning topics touching the lives of Young People of the community. Miss Willis B. Walker, director of the activities in the Garden church and the Baptist Christian Center, has arranged for a gospel team from the Lynhurst Baptist church, a gospel team from the Emerson Avenue Baptist church, and one from the Indiana Central college.

One of the larger features of the near future will be a concert by colored musicians on Inter-racial Sunday.

RODEO HEAVEN TO GIVE A CONCERT.

Homer Rodeheaver will appear in concert together with a colored quartet at the Cadie Tabernacle Saturday night, Jan. 30. Rodeheaver has been associated with Billy Sunday, evangelist, for the past twenty years. He has in the last two years been on the concert stage.

He is a native of the state of Virginia and when visiting his old home a short while ago he happened to hear a colored quartet singing the old-time southern songs only as the Negroes of the south can sing them.

Rodeheaver was astounded by the harmony and mellow tone quality produced by four men and at once began to make arrangements to have the world hear these great songsters. They are on tour now and Indianapolis is one of the cities to be visited.

At the Second Moravian Episcopal church, the Rev. John Hewson, evangelist, who is holding a two weeks series of evangelistic services, will preach at the morning and evening services. This will begin the second week of the services, with services each evening at 7:45 p. m. except Saturday. The Rev. George C. Westphal is the pastor.

In the Broadway Evangelical church, Lloyd E. Smith will preach in the morning on the subject, "Giving God a Chance." In the vesper service Madam Wynn of the Negro race will present a number of Negro spirituals and readings.

Eugene C. Foster, president of the Indianapolis Foundation, will speak at 6:45 Sunday night at the meeting of the Young People's Class of the Emmanuel Baptist church, Woodlawn avenue and Laurel street.

Sunday evening at 7:45 at the Central Christian church, Delaware and Walnut streets, Dr. W. A. Shulenberg will deliver the fourth of his sermons from the theme, "The Modern Outlook on Life." His subject will be "What Borah Said to Clarence Darrow." On Sunday evening, Jan. 31, will come an illustrated sermon lecture, fifty views being used on the theme, "China's Four Hundred Million People."

The Rev. R. T. Gwyn, pastor of Centenary Christian, will preach

MUSIC SORORITY TO GIVE 10-PIANO CONCERT



Ten pianists of Mu Phi Epsilon, honorary musical sorority, will be presented in concert Feb. 2 at Caleb Mills hall. The pianos will be grouped on the stage and the ensemble, coached by Bomar Cramer, will be conducted by him.

Musical numbers have been orchestrated for a ten-piano group by Frank Renard of Dallas, Tex.

Mrs. Marie Dawson Morrell, violinist, will be assisting artist. Robbye Cook, lyric soprano, will represent the scholarship students, for whom the benefit is being given. She is a pupil of Glenn Friermood, voice teacher at Arthur Jordan Conservatory of Music.

Mrs. Marie Dawson Morrell

next Sunday morning on the subject, "The Resurrection and the Life." Sunday evening on, "The Prodigal Son."

Members of the Indianapolis fire department and their families have accepted an invitation through their chief, Harry E. Vossell, to attend church services at the Broadway Methodist church Sunday evening. The Broadway vested choir will render special music and Dr. William C. Hartinger, the pastor, will preach on the theme, "Whosoever Will Be First." The general public is also welcome.

Riverside Park M. E. church, the Rev. Robert M. Selle, pastor. Morning worship theme, "Rewards of the Christian Life." Evening worship, sermon, "The Hope of the World."

The Rev. L. C. E. Fackler, pastor of St. Matthew Lutheran church, East New York and Oxford streets, announces as the subject for his sermon Sunday morning at 10:30, "The Ladder by Which We Rise." In the evening at 7:30 his sermon will be "When a Man's Heart Is Filled With Love." The Dorcas Girls will hold their regular meeting Tuesday evening.

"Religion the Basis of Our Civilization," sermon by the Rev. George S. Southworth, Advent Episcopal church, at 11 a. m. Also Holy Communion at 7:30 a. m. and church school and Bible classes at 9:30.

Sunday morning at the Hillside Christian church the pastor, Homer Dale, will preach on "The Glorious Gospel." At night Butler university Y. M. C. A. team will bring the message. The team also will visit the Christian Endeavor meeting and will discuss "World Peace."

At Christ church, on the Circle, the holy communion will be celebrated at 8 a. m. The church school will meet at 9:30 a. m. At 10:45 a. m. there will be morning prayer with sermon by the Rev. E. Ainger Powell, rector, on "The Crowds That Followed Jesus." The church hour kindergarten will meet in the parish house from 10:45 a. m. until close of the church service.

The Rev. Louis Crafton, pastor of the Garfield Park Baptist church, will open a series of meetings Sunday night at his church. He will do the preaching himself. Music will be in charge of a chorus choir. These meetings follow a week of training for personal workers during the last week which was conducted by the pastor, assisted by the Rev. Olive McGuire, executive secretary of the Federated Baptist churches of Indianapolis.

George P. Kehl of the Second Reformed church announces that the mid-winter observance of the holy communion will take place Sunday morning. His theme will be "The Inner Self at the Communion."

At the Northwood Christian church, the Rev. R. Melvyn Thompson speaks at 10:45 a. m. on the first of a series of four sermons on "What the Church Needs for Conquest."

"True Knowledge of God" and

Chairmen to Give Talks at Meeting

At the mid-winter advisory board meeting of the Indiana Federation of Clubs Wednesday at the Claypool, department chairmen will give a program arranged by Mrs. Robert A. Hicke, Cambridge City, first vice-president.

Speakers, who will be the department heads, and their subjects are: Miss Alice Yeakel, Knox, American citizenship, "Study the Ballot"; Mrs. Paul Miller, Mt. Summit, American home, "Wise Spending"; Mrs. Hammet D. Hinkle, Vincennes, fine arts, "Let Pine Arts Enrich Life"; Dean Mary L. Matthews, Purdue university, education, "Education and Depression"; Mrs. Julia L. Davis, Kokomo, international relations, "Latest Instructions From Headquarters"; Mrs. J. W. Moore, legislation, "How Our Legislative Program Is Made"; Mrs. Earl Shagley, Terre Haute, press and publicity, "Points on Publicity"; and Mrs. O. M. Pittenger, public welfare, "The Under Privileged Child."

Half an hour will be allotted for discussion of questions pertinent to department work.

District presidents also will be given an hour for presentation of their program during the session. Mrs. Edwin I. Poston, Martinsville, second vice-president, will be in charge. "Is the Federation a Reality in Your District?" is the subject Mrs. Poston has chosen for discussion. District conventions, federation contacts and problems also will be discussed informally.

Mrs. Edwin N. Canine, Terre Haute, president of the state federation, will preside at all sessions.

Plan Benefit Dance

West Side Social Club will sponsor a benefit dance to be held tonight in Holy Trinity church, 902 North Holmes avenue.

The Indianapolis Bible Institute

(Denominational)

The new semester began Jan. 4. Two-year course. We teach you the whole Bible from Genesis to Revelation. For particulars call at office, 322 State Life bldg., call Lincoln 8257.

HEALTHY CHILDREN

How to Provide Proper Food and Care at a Minimum Cost

This is the third of a series of six articles on proper care and nutrition of children, published by this newspaper in co-operation with the American Child Health Association. The recent depression and unemployment has made this a grave problem in many families where a dollar must go further now than ever before.

BY OLIVE ROBERTS BARTON
Noted Author on Child Care
Written Especially for NEA Service and The Times.

THE first thing a mother worries about in hard times is the health of her children. Naturally enough her first thought is about proper food, and she is right. Nourishing food is necessary to life and health, as we all know—but there are other things that are quite as important.

This is easily proved by the fact that many children with every advantage of health are sickly. Sometimes, of course, there is a sound reason for the privileged child being ill, but more frequently the trouble can be laid to the door of irregular habits, too much or too rich food, lack of fresh air and sunshine, and even occasionally to dirt and improper sanitation.

Another factor that is now known to be a straight lead to illness in children is mental unhappiness. An unhappy child rarely will be physically perfect.

It may be encouraging, then, for the worried mother to know that she can do much to keep her little family strong and well, even though the table does not groan under a weight of fine and varied foods.

Soap and water are just about the greatest gift God has bestowed on us, because a clean body not only makes for health, but it has a direct effect on a happy, wholesome mind.

Children should bathe every day, or at least every other day. The house should be scrubbed clean, and with everything in order comes next.

So I put soap and water first because everything starts from there. Discouragement and depression take on less frightening visages when cleanliness and neatness greets them.

THE children should be taught their own responsibility in keeping themselves clean. Their heads should be washed every week—they can do this too, as well as take their own baths, if they are over 4 years old.

Clean clothes and clean bed-clothes, of course, are as necessary as clean bodies. And this brings us to fresh air at night.

All children are indoors too much. They get so little through the day that compensation must be made at night. Put a window up but see that the little folk are not in a draft.

Coarse muslin tacked over a lets in the air and breaks the current; or a screen should be set up between the bed and window.

The children should be covered warmly so they can sleep well. Watch out for very bitter nights, and watch your babies. Babies safely can not breathe air of extremely low temperature for any long period. Many babies get pneumonia because young mothers do not realize this.

SUNSHINE

is not only a medicine but a food. It contains a vitamin that we often buy certain vegetables to get. When there is any sun shoo the children out into it. See that they are warm and their feet dry when they play.

Show them how to breathe deeply. Exercise causes deep breathing—that is one reason it is so good for every one. But do not keep them trotting until they are exhausted. An exhausted body is ready for disease.

Regular habits for meals and sleep are absolutely essential to the healthy child. To bed on the dot (and that early), then up in the morning on the dot. Meals on time, too.

HOT

food in cold weather is best for breakfast and lunch. Cooked cereal with whole milk, an egg or a piece of bacon, toast, and if possible a little stewed fruit either dried or fresh makes the ideal breakfast before school.

Certain foods now are very cheap. Our cheapest and most plentiful vegetables are the most nourishing.



they are our men and women of the future and deserve everything we can do for them.

NEXT: Sister Mary gives some inexpensive breakfast menus for the average family, to be followed by similar menus for luncheon and supper.

Club Meetings

MONDAY

Monday Afternoon Reading Club will meet today, instead of Feb. 1. A guest meeting will be held at the John Herron art institute. Miss Blanche Stillson will give a gallery talk.

Irvington Coterie Club will meet with Mrs. John A. Brown, 5703 University avenue. The topic will be "Literary Portraits," with a talk and discussion by Mrs. John K. Kingsbury and Mrs. Fred D. Stilz.

Review Club will meet with Mrs. J. Carleton Daniel, 19 East Fifty-second street. Three book reviews will be given by Mesdames George O'Connor, Robert Steffel and Oliver Stout.

Officers will be elected at the meeting of the Present Day Club. Luncheon will be served. Mrs. A. M. Mendenhall, 3304 Broadway, will be hostess, assisted by the social committee, including: Mesdames F. L. Pettitohn, L. R. Cartwright, Grederick Grunne, C. A. Cook and A. L. Thurston.

Mrs. Demarchus Brown will speak on "A Sigh for the Past, Lord Tennyson" at the meeting of the Indianapolis Alpha Delphi Club at 6:45 at English's hotel.

Monday Club will meet at 2 at the D. A. R. chapter house. The subject for the program will be "The Fairland of the Opera."

Woman's Department Club of Municipal Gardens will meet at the gardens. Mrs. J. R. Farrell of the Banner-Whitehill Furniture Company will speak on interior decorating. Mrs. Fred Kepner will be in charge of the program. There will be special music.

TUESDAY

Inter-Alia Club will hear reviews of Willa Cather's "Shadows on the Rock" and an "Autobiography of Lincoln Steffens" by Mrs. Raymond Ballweg and Mrs. Edward A. Peterson. Mrs. O. L. Cunningham, 3428 Carrollton avenue, will be the hostess.

Mrs. Frank Howard, 1501 East Maple road, will be hostess to the To Kalon Club. Mrs. William Hopp will speak on "John Singer Sargent."

Amicitia Club will meet with Mrs. Herman Gladish, 1701 Central avenue, with Mrs. Edna Sharpe assisting.

Alpha Delta Latreian Club will be entertained by Mrs. Dwight Dunlop, 2715 North New Jersey street. Irvington chapter, Epsilon Sigma Omicron, will attend a gallery talk

If Telephone Service were sold by the yard



IT WOULD BE an easy matter to make comparisons as to the values built into each yard of telephone service, if you bought it that way.

But telephone service is a service; and must be measured by the steps it saves; by the contacts it makes; and by the convenient, ever-ready helpfulness it extends to you twenty-four hours a day.

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