

Chops Good as Change From Beef

BY SISTER MARY
NEA Service Writer

During the winter months when most households are indulging in roasts and braised dishes which require long cooking, chops are very likely to be reduced in price.

If we can vary our winter dinners occasionally with tender, juicy chops at no greater cost than for the substantial but plain roasts and steaks, it is surely worth the time and effort.

There are many interesting ways of dressing up a winter dinner of chops. Mutton chops, lamb chops, veal chops and pork chops all come in for their share of attention. Planed, broiled, stuffed, en casserole, breaded or creamed, chops make an excellent piece de resistance for cold weather dinners.

Stuffed lamb chops are savory and should be prepared from yearling lamb. Have the chops cut about 1 1/2 inches thick and allow one for each person.

STUFFED LAMB CHOPS

Four lamb chops, 1/2 cup minced onion, 2 cups stale bread crumbs, 1 egg, 1/2 teaspoon salt, 1/4 teaspoon pepper, 1 tablespoon bacon fat.

Trim fat from chops and try out.

Daily Menu

BREAKFAST—Stewed figs, cereal, cream, creamed fresh beef on toast, milk, coffee.

LUNCHEON—Noodle soup, toasted bread sticks, jelly, spinach and egg salad, canned cherries, plain cake, milk tea.

DINNER—Salt codfish pie, buttered beets, French endive with French dressing, baked peach dumplings, milk, coffee.

Make a gash half way through meat on side away from bone. Slit almost to the bone—and the entire length of the bone. Rub inside of pocket thus formed with salt and pepper.

Melt bacon fat and add onion. Cover and cook over a low fire for five minutes. Add bread crumbs squeezed out of cold water. Remove from fire and season with salt and peppers.

Add egg well beaten and mix lightly. Fill each chop with dressing and place in a hot dripping pan with several tablespoons of their tried out fat. Put into a hot oven and bake 45 minutes or until tender. Serve on a hot platter and sprinkle with minced watercress.

STUFFED CHOPS DELICIOUS

Pork chops are delicious cut thick and stuffed as in the above recipe. It will take about an hour for them to cook, but they should be tender and moist, much like well-cooked chicken.

Veal chops seem to be seldom used, but are most tempting when filled with the savory stuffing and baked until tender.

Another unusual way to prepare and serve chops is to broil them lightly on one side. Cover the uncooked side with a thick layer of well-seasoned white sauce to which chopped cooked mushrooms or minced cooked ham and green peppers or all three, if convenient, have been added.

Sprinkle with stale bread crumbs, dot with butter and bake 40 to 50 minutes in a hot oven. Time depends on thickness of the chops.

Green Salad

You can get a lovely color scheme for salad by using vegetable coloring matter and making a gelatine fruit salad, a pale green, with chopped green peppers, white grapes, and green cherries scattered through, all being a different green.

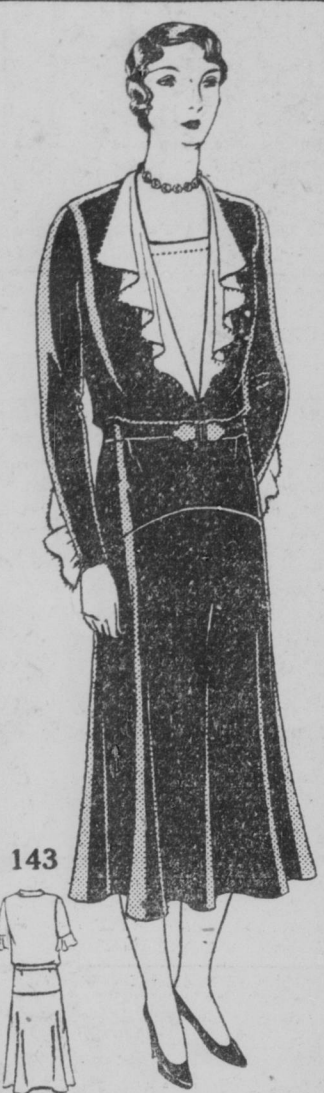
Patterns

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ONE FOR THE MATURE FIGURE

The deep Vionnet front is probably one of the most effective means of slenderness. The frilled jabot collar also lends its share in minimizing breadth. The hips are smoothly fitted.

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Black canton crepe with turquoise blue is a very flattering combination, as illustrated.

When you send for your pattern, order a copy of our large Winter Fashion Magazine.

Price of Book 10 cents.

Price of Pattern 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

End Oily, Sallow Skin

A little Calomite powder sprinkled on a wet cloth and rubbed gently over the face each night ends shiny, oily skin—puts new life into sallow skin, and cleans the pores of all dust, dirt and prevents blackheads. It makes the skin feel refreshed and bright, so you will enjoy a good night's rest.—Advertisement.

Pajama Cut Like Gown for Dinner

BY FRANCES PAGET
(Copyright, 1931, by Style Sources)

NEW YORK, Feb. 5.—Much has been said and written about the formal pajama costume, treated as a novelty when it appeared in a guise different from the informal beach costume, or else, though formal, a type that is entirely dissimilar to the elaborate pajama costume that personifies boudoir or lounging wear.

The type that we are considering in this discussion has an entirely different personality from that of the negligee kind just referred to. The newer type has nothing of the boudoir characteristics, and is in every particular just like a frock—excepting the trousers.

But even they, in their circular cut and precise shaping, are so much like so many of the present evening frock skirts that they hardly alter their appearance.

During the last week a dressmaker collection showing southern resort fashions made a major feature of this type of costume.

In every respect, not only the styling, but also in the choice of fabrics, the resemblance to a semi-formal dinner frock was recognized, representing the sort of costume one thinks of when mentioning the printed chiffon dinner frock.

In fact, a number of them in the collection cited were made of printed chiffon; worn as they always were, with the short matching jackets that had sleeves bordered in fur, they were raised to the status of the acceptable dinner costume for resort wear.

Its advantage is that it doesn't spill. But you should be careful of the loose powder kind and they won't spill either.

Many girls prefer to use no eye shadow and no eyebrow pencil in the daytime. It is a preference I admire. Certainly the girl who goes in for heavy mascara in the daytime lacks a finesse that these girls inherently possess.

Glorifying Yourself

BY ALICIA HART

EVERY little girl should have at least two compacts. Three make it nicer, because she can change her daytime compact with her purse.

But she owes it to herself to have two, for when she gets all dressed up in party clothes, it is quite as if fault to carry the plain daytime compact as to wear daytime shoes.

Compacts differ greatly these days. You can just about suit your taste in them. They all have the same ability to slip into a purse in small space—that is implied in their name—and they all give you the fundamentals of a makeup, rouge and powder.

If you choose your compact for its shape, size and color, do be sure that it has loose powder and a place to put your own favorite rouge in it for both lipstick and rouge.

Otherwise you may find yourself with atrocious cake powder, which always is harsher than loose powder, and cake rouge which is far from the color you need.

SELECTING a compact with cake powder and rouge, match your shade the best you can. Personally I prefer to use my own powder in a loose powder compact, but that is a personal preference and some of my best friends would not be without their cake-powder in their compacts.

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P. T. A. Group Holds Program at School 76

Mothers of pupils new to School 76 were honored at a patriotic program and tea given by the Parent Teachers' Association of the school Wednesday afternoon. The mothers will become new members of the organization.

Following a short business session Mrs. S. A. Copeland sang and Mrs. Thomas P. Woodson, pianist, played. Mrs. Alexander Weaver, program committee chairman, and Mrs. Lyman B. Whitaker, chairman of hostesses, were in charge of arrangements. Mrs. Copeland and Mrs. Woodson, patronesses of the organization, poured tea.

A color scheme of red, white, and blue was carried out in the appointments, with numerous flags furnishing the decorations.

Rate Cuts Wanted

By Times Special

GREENSBURG, Ind., Feb. 5.—A movement by which citizens of this city seek to make known to the utility companies their belief that rates are too high was started with the presentation to the city council of a petition from the Chamber of Commerce urging that the council seek a 10 to 15 per cent reduction from gas, electricity, water and telephone companies. The petition was referred to the council's utilities committee.

Pioneer Woman Left \$36,000

By Times Special

ANDERSON, Ind., Feb. 5.—Richard L. Wallace was appointed administrator for the estate of Mrs. Margaret Wallace, pioneer resident of Anderson. She left an estate valued at \$36,000.

Alumnae to Meet

Indiana Gamma Alumnae Club of Pi Beta Phi sorority will meet at 8 at the home of Mrs. E. E. Tenperly, 5411 Washington boulevard. Members of the east of "Adam and Eva," produced in December by the organization, will be guests. Reservations may be made with Mrs. Albert Mueller, 215 West Forty-fourth street.

Here's A Red Hot Tip For Men With Big Waistlines--Fat Men

Safe Way To Get Rid of Surplus Fat and At the Same Time Gain in Vigor, Energy and Mental Activity—Feel Younger.

NEW YORK MAN TELLS CONCISE STORY

Yes, Genlemen: Writes W. W. Daniels of Richmond Hill—"I have finished my second bottle of Kruschen Salts and have obtained the following results:

- 1—"I have removed 3 inches from the belt line.
- 2—"Get up in the morning feeling 100 per cent.
- 3—"I am 25% more active.
- 4—"My mind is clearer.
- 5—"My wind has improved 25%.
- 6—"All skin eruptions have disappeared.
- 7—"My face and lips have color.
- 8—"When I go to bed I am motionless—sleep like a brick.
- 9—"Am 46 years old and feel 20 years younger."

Millions of men the world over are taking the little daily dose of Kruschen because they know that it keeps them everlastingly feeling fit and active—life really becomes a glorious adventure—well worth living.

Don't confuse Kruschen with the ordinary salts that are made for just one purpose (to act on the bowels), and don't take them with the idea that they possess reducing qualities in themselves.

Keep everlastingly before you the fact that Kruschen contains the six rejuvenating salts that your body should have if you are to be gloriously alive—healthy.

How would you like to get your weight down to normal and at the same time develop that urge for activity that makes work a pleasure and also gain in ambition and keenness of mind?

Get on the scales today and see how much you weigh—then get an 85 cent bottle of Kruschen Salts which will last you for 4 weeks. Take one-half teaspoonful in a glass of hot water every morning—cut down on sweets for a while—take the exercise which Kruschen will induce—persist in this method every morning of your life and when you have finished the contents of this first bottle weigh yourself again.

Now you can laugh at the people who pay hundreds of dollars to lose a few pounds of fat—now you will know the pleasant way to lose unsightly fat and you'll also know that the 8 mineral salts of Kruschen (salts that your blood, nerves and glands should have to function properly)—have presented you with glorious health.

After that you'll want to walk around and say to your friends—"One 85 cent bottle of Kruschen Salts is worth one hundred dollars of any fat person's money."

Leading druggists all over the world sell Kruschen Salts—you can always get it at Hook's Dependable Drug Store, who sells dozens of packages every week.

Try one bottle with the understanding that if not joyfully satisfied—money back.—Advertisement.

EXTRAORDINARY SHOE SALE

Friday and Saturday

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You'll say these are the greatest values you've ever purchased!

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ONE moment when COL. FITZMAURICE kept COOL!

"ABOUT 400 miles from the Newfoundland coast we ran into a baffling blanket of clouds. We tried to top it. We tried to duck it. But both ways we were caught. Above, more clouds. Below, a curtain of thick, blinding fog. Beneath that, however—within a scant 75 feet of the waves—we did find a tiny space in which we could feel our way along, on tenterhooks.

"Night was coming on. Our lights had gone out. Heavy winds were beating up. Our steering wheel took smash after smash, like a fighter.

"Then I remembered—close to von Huenefeld's heart nestled a letter containing a four-leaf clover. We couldn't go up for fear of those treacherous clouds. If the fog drove us down any farther—we were goners! We simply had to forge straight on—and keep COOL. We did and came through safe. Blessings on that four-leaf clover."

John L. Fitzmaurice
Colonel

EVERY moment...

INHALE or not... WINGS are clean and COOL!

they're **AIR-COOLED**

If you INHALE you'll like WINGS in particular. They're clean—crystal-clean—and COOL every moment.

All dust, all dirt, every hint of irritation is "air-washed" out of the fine Turkish, Virginia and Burley tobaccos in WINGS.

All you get is pure, fragrant, honest tobacco—a keen, fresh, clean smoke. No stings—no flares—no "hot-spots" remain.

Swing to WINGS today. "Air-washing" makes 'em silky smooth. Cool as a breeze. "Air-cooled."

Asparkling Cellophane wrap! Keeps Wings far fresher than ordinary paper wrappers.

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