

# SUGAR BLAMED FOR STOMACH DISEASE WAVE

'Sweet Stuff Gluttons' Are Found Susceptible to Many Ailments.

By Science Service  
CHICAGO, Nov. 16.—Lack of vitamins and too much sugar in the diet was charged with being responsible for the large amount of stomach and intestinal diseases in this country, in a report just presented by Dr. Seale Harris of Birmingham, Ala., to the American Medical Association.

"Many sugar-saturated, vitamin-starved Americans, that is, those who live largely on white flour bread, white potatoes, white rice, lean meats, sugar-saturated coffee, and sugar-laden desserts, with candy and soft drinks between meals, would seem to be susceptible to ulcer and other abdominal diseases in which infection plays a part," Dr. Harris declared.

Experiments have shown that animals and human beings who are not eating enough vitamins are very susceptible to all kinds of infections. Lowered resistance to infection occurs in stomach and intestines as well as in nose and throat.

Liability to Several Maladies  
The person whose diet is lacking in vitamins may be subject to frequent colds, pneumonia and tuberculosis, or he may be subject to appendicitis, stomach ulcers, gall-bladder disease or colitis.

More than one-fourth of the patients in the general hospitals of the United States are there because they have one of these stomach or intestinal diseases that are due to infection.

The increased amount of abdominal diseases is paralleled by the increased sugar consumption in this country. Fifty years ago a man ate an average of 28 pounds of sugar in a year. Now he eats 106 pounds. That is equivalent to about a teaspoonful a day of sugar. White flour, potatoes, and other starches have shown a corresponding increase in consumption.

## Find Fault With Diet

Too much sugar and starch and not enough vitamins is the fault Dr. Harris finds with our national diet. He is at present studying the food habits of ulcer patients in the hope of obtaining further proof of his theory.

He reported that "a very large proportion of patients with ulcer belong to the class who overindulge in carbohydrates, particularly sugar products deficient in vitamins." Ulcer patients should be fed diets rich in vitamins, to build up their resistance and prevent recurrences, Dr. Harris recommended. The usual diet now given patients with stomach ulcers is very low in vitamins.

## CARS RUIN FOX HUNTS

English Sportsmen Aroused Over Large Number of Motorists.

By Times Special  
LONDON, Nov. 16.—Now it is England's fox hunters who complain of the ever-growing army of motorists on country roads.

The baying of hounds, the cheers and hollas of hunters are again being heard in the countryside, but at the start of the new hunting season England finds new obstacles in the way of her favorite sport.

Country lanes have become great motor highways within recent years; towns have spread out; estates of great landlords have been sliced up into building lots. And every year the fox hunters say motorists grow more and more inconsiderate.

## ICE CREAM MAKER HAS NO FEAR OF RHEUMATISM

Finds Remedy That Banishes All Pain in Few Days.

Mr. Harry M. Kirby, who lives at 621 N. East St., Indianapolis, Ind., is strong in his praise of VerWilko. "Having spent several years working with ice and salt brine in the plant of Jessup & Antrim Ice Cream Co., my system was full of neuritis and rheumatism. My suffering was so great, nights seemed like years because I could not sleep," says Mr. Kirby. "However, it was my good fortune to meet the VerWilko man one day while making the rounds of the Goldsmith Drug Stores, and he told me of the wonderful results received by hundreds of Indianapolis people through the use of VerWilko, so I decided to try it. After a very brief course of treatment I was entirely relieved. My appetite has also improved and all signs of constipation, gas pains, etc., are gone."

VERWILKO is not a patent medicine, but a prescription used with wonderful success by Dr. J. C. VerWilko of Bloomington, Ind., for the past twenty years. Vast crowds are calling daily at Goldsmith's East Washington and Alabama streets store to hear more about VERWILKO from the VERWILKO specialist. He will be glad to talk to you personally about the merits of this great tonic. VerWilko is sold at all Goldsmith's good cut rate drug stores and by all leading drug stores in this vicinity.—Advertisement.

## Dance Is Echo



Reva Reyes, 17, daughter of Rayo Reyes, famous fifteen years ago as director of the rebel Pancho Villa's 110-piece band, is studying dancing in New York. Reva did her first dancing at the age of three in Villa's private car. Her father is a refugee in El Paso, Texas.

## DEMOCRAT WAR TO STIR SENATE

Lame Duck and Holdover Group to 'Speak Minds.'

WASHINGTON, Nov. 16.—Dissension among Democrats will be revived when the senate convenes next month, indications were today.

Democratic senators, six of whom are either in the "lame duck" or holdover class, are returning determined to speak frankly on what they regard as the chief causes of their defeat.

Other Democratic senators, not candidates to succeed themselves, are expected to talk freely, too.

Senator Pat Harrison of Mississippi, Democratic whip, has in-

formed friends that he will have "plenty to say." Senator James A. Reed of Missouri, who was not a candidate for re-election, may devote his swan song to the shortcomings of the Democratic party.

Senator Caraway of Arkansas, Senator Glass of Virginia, and Senator Bruce of Maryland, who was defeated, are expected to exercise their gifts for sarcasm.

Chief targets for Democratic wrath will be Senator Furnifold M. Simmons of North Carolina and Senator Thomas Heflin of Alabama, outstanding anti-Smith Democrats of the south. Before and after the nomination of Governor Smith, Heflin and Simmons were denouncing Smith in and out of the senate.

Heflin, in particular, crusaded against the Catholic church. A result of their speeches, some Democratic senators believe, was the inflaming of religious feeling throughout the country and the loss of such Democratic states as Virginia, North Carolina, Florida and Texas.



## ASPIRIN

You doubtless depend on Aspirin to make short work of headaches, but remember that it's just as dependable an antidote for many other pains! Neuralgia? Many have found real relief in a Bayer Aspirin tablet. Or for toothache, an effective way to relieve it, and the one thing doctors are willing you should give a child—of any age. Whether to break up a cold, or relieve the serious pain from neuritis or deep-seated rheumatism, there's nothing quite like Bayer Aspirin. Just make certain it's genuine; it must have Bayer on the box and on every tablet. All druggists, with proven directions.

Physicians prescribe Bayer Aspirin; it does NOT affect the heart

Aspirin is the trade mark of Bayer Manufacture of Monocrocinolide of Salicylic Acid

## L. S. AYRES & Co.



New "Nelly Don" Daytime Dresses  
Wool \$10  
Cotton \$1.95 to \$3.95

The wool dresses are smart enough to wear for street or sports, of challis or wool crepe in smart new prints. Made with Paris touches, of excellent "Nelly Don" quality. Cotton frocks in many individual styles.

- Sketched—Wool georgette frock with circular skirt and lingerie touches, \$10.
- Printed cotton frock in attractive floral design, \$2.95.
- Printed frock with Chanel bows in new vibrant pattern, \$10.

—Daytime Dresses, third floor.

# KAY Announces Beginning Tomorrow, Saturday Advance Xmas Sale "Baby Fair" DOLLS

—It Walks! —It Talks! —It Sleeps! —A Great Big Wonderful \$6.00 Lifelike Doll For Only—

\$3.95

CHOICE OF BLONDE OR BRUNETTE

HAS A CRYING VOICE

LOVELY ORGANDIE DRESS WITH REAL LACE

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As large as a 2-year-old child—28 inches high, beautifully dressed in an organdie dress—trimmed with ribbon—in assorted colors! It has beautiful hair and sleeping eyes—it is unbreakable! Make some child happy by paying only 25c down and 25c weekly. A WONDERFUL VALUE AT SUCH A PRICE! By far the greatest value ever offered in Indianapolis. It is the most beautiful doll you ever laid your eyes on!

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None Sold for Cash!  
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**Kay Bonded Diamonds!**

Your Money Back Any Time Within 3 Years!

Every Kay diamond is a "bonded" Diamond, which means your money back if you want it at any time (within 3 years) providing the diamond has been paid for as agreed. The refund will be made in exactly the same payments as the diamond was paid for.

Dazzling Kay "Bonded" Diamond RING  
A beautiful specially selected stone set in a dainty hand-engraved 18 kt. solid white gold mounting.  
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**Gorgeous Kay "Bonded" Diamond RING**

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Other Unmatchable Kay 'Bonded' Diamonds at \$25, \$50, \$100, \$150 up

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