

## 'Good Loser' in Love Takes Best Step for Easing Wounded Heart

BY MARTHA LEE

HERE is so much in knowing how to lose. We all can not win the one we want for a husband or for a wife, but at least we can all accept what fate offers to us with a game spirit. In most cases, if the person who feels things have not been just right would look back of the series of events that led up to the final breaking up of an affair between "his girl" and him or between "her thrill" and her, the heartbroken lover generally would find both sides were to blame.

There is no sense in crying over spilt milk, to use an old platitude. So many young men and women write me about these lovers' quarrels, most of which will probably result in the termination of an affair. I know how much these little affairs mean to youth, but I also know how foolish it is to permit these affairs to cause so much unhappiness.

If my correspondents would cultivate the quality of being a good loser I am sure life would be pleasanter for them and for the persons with whom they are thrown in contact. Remember, my friends, nothing is more irritating than a lovesick person, emitting heartbroken sighs and constantly bemoaning some action that caused the end of this "wonderful affair."

Do not forget, too, that many times the person who really feels the deepest shows the least indication of the extent of the damage done to the heart. A heart worn on the sleeve is a heart out of place and is bound to cause many laughs, readers.

Dear Miss Lee: I am a girl 16. I have been going with a young man for about a month. He is to be a date for a day, but I refused to make any plans. I always had a good time when I went out with him. He is a nice boy and always treated me well when I went out with him. The boy I am going with is more dates. He is going with another girl, but he has told others that he likes me. He always goes to the movies with me and on the street. Do you think he is going with this other girl for spite because one Sunday he came to my home and asked me with another boy. Does he never have asked me for a kiss. Does he never have kissed me? Now, Miss Lee, I have lost the boy dearly. Please tell me what to do to win him back. BROWN EYES.

Dear Brown Eyes: In the first place, you are far too young to be capable of love. You have an interest in this boy, but, my dear, you will have interests in many other boys, too, before you finally fall in love.

Knowing girls as I do, I can understand how you were so foolish as to treat this young man as you did. To most persons, however, Brown Eyes, you acted in a most ridiculous way to the young man you really liked. Girls do things like that for no reason at all, and then are broken-hearted when the young man proves he is no worm and gives a sharp turn in the other direction where awaits some other girl.

What you have done can not be remedied now, but you have learned an invaluable lesson. If this young man comes back to you or later when you are interested in some one else, you will not treat him in such a slighting way.

This boy proves he has high ideals by not kissing you or every other girl he dates. He knows that it is not the proper thing to do and also that it is very unsanitary.

Dear Miss Lee: I have been going with a fellow for four weeks. He is 18 and I am 16. He has tried to like me very much with the exception of his sister. They are trying to keep us from going together and they say that he does not care for me any more and that he is going to come out with some other girl. I am not going with him for three or four weeks. Do you say that he does not like me just as much as ever? We are engaged to be married. So I am asking you what to do. I am not part with him as I love him dearly. PEGGY.

Dear Peggy: Most families at first resent the girl the son has picked out for his wife because of the fact that the son's interest is now all centered some place beside at his old home. However, in most cases, the family will overcome this resentment at least on the surface and will welcome the girl into its circle.

Why do you not ask this young man just what it is about you to which his family objects so strenuously? Perhaps you may be able to remedy whatever it is. Of course, I know that it might be that the family has picked out some other girl whom it would prefer that the son would marry instead of you and that would be impossible for you to try to change. If that is the case, just go ahead and marry him in spite of their objections. He has every right to pick out his own wife.

Dear Miss Lee: Will you please answer these questions? When having dinner at a restaurant, how can a woman wear or check her wraps? What are her "decrees" when she wears them? I have seen as one would find on menus of exclusive clubs and good hotels. A READER.

Dear Reader: The menu orders, after first consulting the woman as to her preferences. In she seems undecided, it is correct for him to make some suggestions.

The woman may or may not check her wraps. If she is dressed informally, she wears her hat to dinner. It is becoming more and more popular to wear one's coat into the dining room and throw it back over the chair.

Hors d'oeuvre, literally French for "outside of work," refers now to the dish served as a relish, usually at the beginning of a dinner.

Since it is the practice of most clubs and hotels to have much of the menu in French, for no reason except to make ordinary dishes sound more tempting, I suppose, it would be wise for you to get a book containing the ordinary French phrases for dishes. In this way you would know just what you want.

Newcastle Chapter Luncheon. Mrs. William Thompson, Newcastle, entertained members of the Newcastle chapter of Kappa Kappa Kappa Sorority today with luncheon at the Marott. Covers were laid for forty.

Sorority Meeting. Alpha chapter of Alpha Beta Gamma Sorority will meet Friday with Mrs. Hazel Rivers.

Onion Taste. To remove the onion taste from utensils in which they have been cooked, wash the utensils with hot vinegar water and rinse in cold.

## A.A.U.W. Group to Give Benefit Party Saturday

One of the sixteen groups of the Indianapolis branch of American Association of University Women, raising money for the scholarship fund of the branch, will entertain Friday at 8 p.m. at the Hoosier Athletic Club with a benefit bridge party. Reservations will be made with Miss Ellen Ocker, 29 Hampton Drive.

Another of the open house meetings of the A. A. U. W. being held during March will be the luncheon of the international relations study group at 2:30 p.m. Saturday at the Marott. The program will include a discussion of recent articles on Pan-Americanism. Reservations for the luncheon are to be made with Mrs. Sue Yeaton at the Marott.

Enclosed find 15 cents for which send Pat-**B 6098** tenn No.

Name .....  
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City .....  
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### NEAT AND PRACTICAL PLAY GARMENT

6098. Cotton prints, shantung, rep, linen and crepe may be used for this design.

The pattern is cut in four sizes, 1, 2, 3 and 4 years. To make this garment for a 3-year-old child will require 1 1/2 yard of 27-inch material, together with 1/4 yard of contrasting material for pockets, and collar and sleeve facings.

Every day The Times prints on this page pictures of the latest fashions, a practical service for readers who wish to make their own clothes.

Obtain this pattern by filling out the above coupon, including 15 cents (coin preferred), and mailing it to the Pattern Department of The Times. Delivery is made in about a week.

### Life's Niceties

Hints on Etiquette

1. What is the most noticeable defect in the manners of young folk today?

2. How can deference be taught children?

3. What is one of the surest ways to instill in a child's mind a respect for elders?

The Answers

1. A lack of deference toward their elders.

2. By beginning, when a child is still very young, to teach him to rise when mother comes into the room, say "Yes, mother," and not "Yep," give his chair to older people, and be thoughtful, generally, about them.

3. By mothers and fathers being considerate and attentive to their elders.

### Personals

Mr. and Mrs. William L. Elder and Mrs. Samuel Reid have returned from Hot Springs.

Mr. and Mrs. Booth Tarkington will return the latter part of the week from a motor trip through North and South Carolina and Georgia.

Mr. and Mrs. John J. Madden will return soon from their winter home at Miami Beach.

Dr. and Mrs. Carl B. Sputh have motored to Chicago, where Dr. Sputh will attend the Phi Epsilon Kappa fraternity convention.

Zodiac Trimmings. Paris sponsors the signs of the Zodiac for new hat and ensemble trimmings. The sign of one's birth month may be had in metal, embroidered in color or even in jewels.

## THE CONNOISSEUR



## As a Barker, He Could Sell Ice to Eskimos

Irresistible to ladies is the winning Van de View.

So it's very good diplomacy to have him bally-hoo.

And at all the big bazars they give for charity and such.

They enlist his kindly services and profit very much.

For example, he can draw attention to the sewing booth

From the ladies who have never sewn a single stitch forsooth,

And the one who wears the crocus yellow silk angora dress

Buys her darning thread and needles by the dozen—nothing less.

And a heedless sort of person in a frock of wool georgette,

Who is passing by a table, Vandie vows that he will get,

And his eyes are so imperative, entreating her attention

That she stops to purchase anything the Connoisseur can mention.

He employs his many talents—for the man is very clever—

And he gets full compensation for the pains of his endeavor

When a lady in a two-piece satin combination frock

Stops to smile at him and chat as she is sold a little clock.

## BEAUTY HOW and WHY

BY ANN ALYSIS

The first beauty that the eye recognizes is beauty of proportion. That is why we are offended by too much fat.

If we should become fat very suddenly, over night for instance, what a shock that would be to us as well as to our friends—and what desperate means we should take to free ourselves from such ugliness. But fat accumulation is an insidious and gradual process, so gradual that we do not realize how far we have departed from our original proportions until some chance comment reaches our ears.

Many bodily defects may be concealed by artistic arrangement of clothes, hair and dress accessories, but fat is something that forces itself on one's attention. If we wish to return to a normal figure, strict measures for correction must be taken at once. A great deal may be done by wearing frocks whose long lines and broken expanses are antitodes for torso bulk, and we should take advantage of all such relief measures. But at the same time, we should pin our faith to diet and exercise for permanent results.

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## SANE DIETING FOR BEAUTY



Marjorie Dork—"Sane diet improves the health."

Editor's Note: Questions of health and beauty problems will be answered by Marjorie Dork, health and beauty expert, in a series of series appearing in The Times. In subsequent articles she will prescribe remedies for dieting, reducing and beautifying problems.

BY MARJORIE DORK  
Health and Beauty Expert for NEA

"Tell me how to reduce and keep my weight below 130 pounds!"

I can't begin to estimate the number of women who have approached me with that plea.

"Can every woman who is overweight reduce without injury to her health?" is invariably the next question.

Certainly she can! Any normal woman between 25 and 60 years of age, who is overweight, merely because she is the victim of bad food habits and insufficient exercise, can come back to normal on scientific and proper exercise.

If You Are One of These—

But any woman whose fat is caused by glandular difficulty, or any woman with high blood pressure, say over 150, any one who has had abdominal incisions, or any specific internal difficulties should never follow any diet or exercise system except under a doctor's supervision.

Another very common question is—

"Isn't it dangerous to the health to diet? And isn't this reducing business just a fad that is ruining women's health?"

My answer to the first question is that sane dieting does not injure, but rather improves the health; but starvation diets, and limited diets, do harm the system.

As to the "fad" for dieting, it is easily explained. Almost every woman today is fighting flesh because the accumulation of an extra chin or of a roll of fat about her abdomen are not all to her liking and are incompatible with style.

It is easily to remember here, that while women of today are doing infinitely less physical work than they did fifty years ago, they are all eating, or trying to eat, as they did when they consumed more food into their system.

Made Little Difference Then. Before we had elevators, automobiles and all the mechanical devices that save labor in the home and before so many women were emancipated from housework, the average woman needed more food than she does today. She could eat more starch and sugar without injury to her figure, because she burned it up in energy.

Consider, for instance, the difference in expenditure of energy of the old-fashioned housewife, who cooked all the meals for her family, did the washing, ironing, sweeping, scrubbing and marketing and who ran up and down stairs fifty times a day, with the modern stenographer who gets on the car, rides to her office, sits at her desk most of the day, except when she goes out for an hour at lunch, and who rides home in the evening.

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