

## HOUSEWIVES OF INDIANAPOLIS CAN PROFIT WHILE WHEAT IS SO CHEAP

Flapper Changes Style and Manners  
and Name Is Now Only a Memory

HOW THE FLAPPER HAS CHANGED

By MARIAN HALE  
NEA Service Writer

NEW YORK, July 28.—All that is left of the flapper is the name!

For want of anything better, and because we have become accustomed to the appellation, we still call the girl in her late teens a flapper. But she bears no resemblance now, at least physically, to the girl of six months or a year ago who received so much condemnation from parents and reformers.

Her curvilinear didn't fit in with the lengthened skirt, so she changed her manners to suit the style.

And fashion authorities say she must change even more for the coming season. She will have but one ideal—to be picturesque.

Long skirts, draperies, bustles, tight bodices and lace ruffles and frills are going to make her look like the portrait of a lady.

Velvet, satin and satin-backed crepes in the most gorgeous colorings, as well as dignified black, will be combined with lace and fur to give the picture quality.

Fur is to be one of the most popular trimmings for fall and winter, not used in the conventional manner about the neck and sleeves, but outlining the complicated draperies and following the fashionable circle hemlines.

Taffeta and moire come in the most delicate shades and the most brilliant ones—and are made into the bouffant type of frock that is

much more popular with the debutante of today than is the straight-line model.

Ribbons, laces, French flowers and combinations of all three are used on these full-skirted, tight bodiced gowns.

Cuffs and collars of lace or linen are featured on the newest frocks, and the fashionable neckline of the moment is the shallow oval reaching to the shoulder points.

Even wraps have lost all their practical, serviceable look and are richer and more elaborate than they have been for years.

But when father has arrayed his daughter in all her new splendor, which is by no means cheap, he may sigh for plain little flapper of yesterday.

## Golden Opportunity

**H**OUSEWIVES! Now is the time to make the best of a golden opportunity. Wheat prices are as low as they were before the war. Yet bread and rolls and cakes are still almost at the war level of prices. The Indianapolis Times has asked Sister Mary to furnish you with some helpful recipes for home baking. Here they are:**D**URING the war, while we were conserving wheat for our allies and saving sugar for our "boys," the American housewife learned the value of other grains and found that it behooves every housekeeper to go into her kitchen early in the morning and bake the delicious breads and rolls she has formed the habit of doing without.

Bread is essentially a carbon hydrate, although entire wheat bread contains mineral matter, protein and fat, as well as starch to such a degree as to make an almost perfect food. White bread is lacking in fat, but combined with butter or rich milk it makes the perfect food for grownups or kiddies. It may not be fashionable to serve bread at dinner, but a more lavish use of bread will reduce the high cost of living and not lower the high More bread and less meat will make for healthier families during the summer months.

Serve toasted bread sticks with the soup; serve broiled and creamed meats on toast. The toast absorbs the delicious juices of broiled meats that are usually wasted on the platter. Crispy toast points add to the flavor of a creamed dish and also make it possible to lessen the amount of meat.

**Highly Nutritive**  
It's rather interesting to know the Department of Agriculture of our United States has figured that there is more nutritive value in 10 cents worth of bread flour than in 10 cents spent for any other food.

So for our sakes we should use more breadstuffs. And for the sake of our farmers, the "backbone of the nation," who feel that the "bottom is dropping out" of the price of wheat, we should use more breadstuffs. If the American farmer reaches the stage when he decides it does not "pay" to raise wheat we will pay for our flour as we never have before.

These white flour rules for breads, pies, cakes and puddings may start

you to baking again. But always let your dessert do its share toward the food value of the meal. Many puddings are a full meal in themselves. A fresh fruit shortcake served with milk or cream furnishes much nourishment. Such a dessert requires a salad of crisp fresh vegetables with bread and butter, a starchy vegetable and, if you must serve meat for dinner, a small amount of fish, lamb chops or thin slices of cold roast meat.

**Shortcake**  
Two cups flour, 1/2 teaspoon salt, 1 teaspoon sugar, 4 teaspoons baking powder, 2 tablespoons butter, water to make a soft dough.

Sift flour, salt, sugar and baking powder. Rub in butter with tips of fingers. Cut in water with a knife. Divide dough equally. Put half in pan and pat smooth. Spread lightly with softened butter.

Roll remaining dough lightly on a floured board and cover dough in pan. Bake fifteen minutes in a hot oven. Split and fill with berries or sliced and sugared peaches or apricots. Serve with sugar and cream. Butter and water makes a tender shortcake than lard and milk.

**Dumplings**  
One and one-half cups flour, 1 1/2 teaspoons baking powder, 1/2 teaspoon salt, milk to make a soft dough. Sift baking powder and salt with flour. Cut in milk with a knife. Drop from a teaspoon into a kettle of boiling fruit that is half-cooked. Cover tightly and keep at the boiling point for twenty minutes. Apple or peaches are delicious with these dumplings.**Cup Puddings**  
One and one-half cups flour, 1 1/2 teaspoons baking powder, 1/2 teaspoon salt, 1 egg, milk, berries or sliced fruit. Sift baking powder and salt with flour. Beat egg slightly and cut into flour mixture. If necessary add more milk to make a soft dough. Fill buttered cups about one-third full of fruit. Sprinkle with sugar and cover with dough. Steam half an hour. Serve with sugar and cream.**Swedish Rolls**  
Two cups scalded milk, 4 tablespoons butter, 8 tablespoons sugar, 2 teaspoons salt, 1 yeast cake, 1/4 cup lukewarm water, 2 eggs, 1/2 cup currants, 4 tablespoons shredded citron, extra sugar and butter.

Scald milk and pour over sugar, salt and butter. When lukewarm, add yeast cake dissolved in water. Add eggs well beaten. Stir in flour to make a medium batter. Beat well with a slotted spoon for five minutes. Add flour to knead. Knead until smooth and elastic. Put in mixing bowl, cover with a cloth and let rise in a warm place till more than double its bulk. Roll in a rectangular shape to 1/2 inch thickness.

Spread with softened butter, sprinkle with sugar, currants and citron and roll like a jelly roll. Cut in slices an inch thick. Put cut side down on a buttered pan and let rise till very light. Brush tops with 1 tablespoon sugar dissolved in 3 tablespoons milk and bake in a hot oven for 20 or 25 minutes.

Delicious cinnamon rolls are made by this rule without eggs. Use recipe just as for the Swedish rolls, leaving out the eggs, currants and citron. Spread with softened butter and dredge with one-fourth cup sugar mixed with one tablespoon cinnamon.

**Blueberry Pudding**  
One-third cup sugar, 4 tablespoons butter, 2 1/2 cups flour, 3 teaspoons baking powder, 1/2 teaspoon salt, 3/4 cup milk, 1 egg, 2 cups blueberries. Cream butter, stir in sugar. Sift one-fourth cup of the flour over berries. Mix and sift flour, salt and baking powder. Beat white and yolk of egg separately. Add part of the flour to first mixture and beat till smooth. Add yolk of egg well beaten. Add remaining flour and milk alternately, beating the mixture smooth. Fold in white of egg beaten till stiff and dry. Fold in floured berries. Turn into an angel cake pan and bake forty minutes in a moderate oven. Serve with hard sauce or sugar and cream. (Copyright, 1923, NEA Service, Inc.)Student's Own Fiction Character Coaxes  
Youth to Commit Crime Police BelieveBy H. A. FREDERICK  
NEA Staff Writer**S**AN FRANCISCO, July 28.—The story of a modern Frankenstein monster was revealed by arrest here of Carol Wilson, 22, deacon of a Los Angeles church and student of divinity.

But the modern version perhaps will read more happily than the famous classic, for a beautiful girl voluntarily has assumed the role of rescuer. Already she has succeeded in postponing the reckoning.

Police brand Wilson's case as the strangest the "blotter" has seen for many a day, a tangled case mayhap more fitting for the psychologist than for the criminologist.

The story opens in the dimly lit rooms of the student Wilson.

It shows him pouring over books and papers far into the morning hours. For he crowded into his busy days theological study and "pot boiling" writing. He achieved some success at the latter, selling several scenarios.

## Brain Child Born

Then came the inspiration for a great criminal story. Dim and hazy at first was the conception of a master mind that would outwit the best efforts of police, a gentlemanly Raffles who would lead on a merry chase as he violated society laws.

Gradually this brain child grew. The characteristics of the master criminal became more sharp. He took human form, became at last a human being—a Frankenstein monster.

Wilson mentally watched his master burglar at work, threw a romantic aura around him in his escapades—saw him grow rich, then, the time being ripe, the monster struck.

"Why don't you do as I am doing? It's easy and will bring you much money," it whispered.

Wilson continued his story, mentally living the perils and thrills of his hero-villain.

The scheme was the fake sale of an auto. The car would be advertised, the most likely prospects selected and notified to be at a certain house at a certain time.

## Image Tempts Maker

Here the fiction-criminal would blind his victims and rob them of the "purchase price" of the auto, which price they had been told to bring.

But while the fiction-criminal became rich, Wilson stayed comparatively poor. He badly needed money if he were to continue his theological studies.

The story was finished and ready for the mails. Then came the last temptation.

The rest followed rapidly. Wilson came here and tried to put the scheme into effect, say police. But before he had had time one of his "prospects" became suspicious and notified police. Wilson was arrested on charge of conspiring to rob.

His sister, Orlena, heard of his plight. She hurried here, determined to save her brother if it takes every cent of her savings.

But Wilson isn't discouraged. He is firm in his determination to be a minister.

"The personality I had created at length materialized into my own former personality," he declares. "I realized the struggle between them—the good and the evil—but I was young and my character not solidified."

"The glamor around my fictitious brain-child won like the boy who runs away to be a pirate."

"But now the metamorphosis is past," declares Wilson. "When I am freed I will be a faithful servant—yet the master—of my mental creations."

## Large Silver

Put your large pieces of silver that you do not keep on display in cotton flannel bags.

**LETTER FROM MRS. JOSEPH GRAVES HAMILTON TO MRS. MARY ALDEN PRESCOTT**  
MY DEAR MRS. PRESCOTT:

I think I should have written you before this, but no doubt your son has kept you posted and you know how deeply I love him. He has been well, but I have thought of little else.

Jack has told me you met Karl Whitney at your house while Leslie was there. Perhaps you will be interested to know that he has gone abroad to London, where my second daughter, Alice, is staying with the Stokleys. You, I am sure, will remember Alice as a typical American girl. The letters she writes me are most diverting, the last one particularly so. Ordinarily Leslie would be most interested, and pleased with them, but the last one which I received from Alice did not awaken a smile from her.

Jack and I have come to the decision today that tomorrow I shall go and find a healthy young baby and bring it to Leslie. If she shows the slightest inclination for it, Jack will adopt it. Dr. Sampson seems to think this is the only thing that will do her any good. He says if something is not done very soon to awaken her mind to things about her, he fears for her life, if not her sanity. You can see of course, we are very much worried.

I will write you immediately after Leslie has seen the baby and let you know how, she takes it.

Most sincerely yours,  
ALICE CARTON HAMILTON.  
Telegram from Mrs. Mary Alden Prescott to John Alden Prescott.Do not, I beg of you, adopt a baby until you hear from me.  
—YOUR MOTHER.

NEXT—Betty Stokley gets a letter from Mrs. Hamilton—Leslie's silence.



ORLENA WILSON, SISTER OF THE MAN ALLEGED TO BE A VICTIM OF HIS OWN FICTION CHARACTER. INSET IS CAROL WILSON.

Martha Lee Says

Make-Up Fails to Give  
Girl Key to Happiness

The impossibility of finding happiness in a rouge box is illustrated in a letter I received today in the controversy over woman's beauty.

A girl reader shows how her twin sister gained by developing her mind and character, while she sought it in vain by bobbing her hair, ridding herself of freckles and applying make-up.

A sailor today added his plea for "natural" gifts. Men seem to be so fazed with rouge, judging by the letters.

Here's what some of my readers think—

## Twins Different

Martha Lee: I'm for Barney Google (who wrote that he did not object to rouge, in moderation). I am a girl of 20. I have a twin sister. We were twins in looks, too, until I had my freckles taken off and my hair bobbed and did everything to make me look like a baby vamp.

My sister, Freddie, uses no artificial make-up. She is loved by all. She has a head like a real business woman. She is making big money. I am working in a factory. My chief worry is whether my complexion is so straight and whether I can make a "go" with some fellow. She is happy because she knows she can talk about anything. I am happy in a way, but I would give the world to be like her. P. D.

## Wide Experience

Dear Miss Lee: As an actor, I have almost covered the globe. I have seen and have gone with girls of many different types. In my opinion, a girl does not have to use make-up to be pretty. But I don't want the girls to get this wrong. They must use cosmetics, let them also use common sense. Let them make their ways and actions beautiful, for that is what counts with me and with all real men. I am 23 years old and not in love. N. C.

## Women Please One Another

My Dear Miss Lee: Let the women use all the rouge and lipstick they want to if it makes them happy and if they feel that it is a lot easier to satisfy the men if they could leave the stuff off. The trouble is, the women dress and make up for one another, instead of for the men, and still expect the men to like it. They don't seem to realize that men like women who don't know so much about such things and more about cooking and keeping house and making money. DYNIC.

## Girl Agrees With Men

Dear Miss Lee: I do not think a girl or woman should use artificial means. As for bobbed hair, I think she makes a difference. I have bobbed hair and am now 16. I never used any artificial means. I don't believe in petting parties, although I go with fellows.

1. Do you think a girl of 15 should give up all her boy friends for one boy?

2. How can I tell a boy I do not wish to go with him steady, without losing his friendship?

3. At what age do most girls fall in love? I was in love, but found it was only "puppy love."

4. All fellows like petting parties?

5. Character counts more than looks. I think. Am I right? JUSTINE.

1. And certainly not.

2. Explain that you are too young for "steady company."

3. Almost any age, but it's usually "puppy love" until a girl is at least 17 or 18. Many girls do not find love until much later.

4. No. There are many boys who like girls who don't have to depend upon petting parties for entertainment.

5. I think so.

## 'Old-Fashioned' Girl

Dear Miss Lee: You are asking for men's opinions of women's looks. Well, you may think me old-fashioned, but here is my opinion: Nice hair, combed in a sensible way that she really loves me. Now, if I had a little powder, make a girl much more beautiful in my eyes. Do away with the eye-drops, the hair cream and the make-up. The good old-fashioned girl, every time. WONDERING BILL.

## Beginning to Doubt

Dear Martha Lee: I am a girl 16 years old. I am considered a vamp because I have bobbed hair and wear my dresses and wear plenty of paint. I have kissed almost every fellow I have come with. But the last fellow I kissed was a real fellow. I am asking you.

Listen to your friend, for she can give you sound advice. You may not have any trouble having all the men friends you want now, but in a few years, when you are tired of the sort of thing you are doing now and are thinking of a husband and a home, I am afraid that, at the rate you are going, you will find yourself "out in the cold."

## 'Real Love' Here

Dear Miss Lee: I believe I now know what real love means. I've almost wearily had a husband and a home. I believe I could not live. The question is, does she love me? Sometimes I think she does not, for she does not want to go any place and seems so distant, as if we were strangers. Other times she is in for all the fun, and even said one night that if there were a preacher around she would marry me. I am sure, I'd make sure the preacher would be there. Can you give me some advice or encouragement? SPARK PLUG.

Are you and the girl engaged, or do you just take it for granted that she will marry you—perhaps? I'd suggest that you propose to her, so that a definite date can be set for the wedding. Then you will learn whether or not she loves you.

## League Committees to Meet

The membership committee of the Indianapolis League of Women Voters, Miss Alma Sticker, chairman, and Mrs. Wolf Sussman, vice chairman, will give a series of neighborhood membership parties, assisted by the organization committee, of which Mrs. M. B. Spellman is chairman and Mrs. W. C. De Miller vice chairman. Tuesday afternoon Mrs. Allen T. Fleming will entertain the organization committee. Speakers, Mrs. M. B. Spellman and Mrs. W. C. De Miller. Thursday afternoon Mrs. Frank Hatfield, Harvard Pl., will give an open air tea for her neighborhood. Speakers, Mrs. Fleming, Mrs. Greenough, Music, Mrs. Asel Spellman Sitt.

## SOCIAL ACTIVITIES

**A** BRIDAL dinner will be given tonight at the Spink-Arms Hotel by Mr. and Mrs. Harry W. Heckman in honor of their daughter, Letha Lucile, and Orvin K. Gaskins, who will be married Sunday afternoon at the Central Avenue Methodist Church. The centerpiece will consist of an artificial wedding cake concealing the gifts for the guests. Place cards will be designed and appointments will be carried out in orchid, blue and pink. The guests: Mr. and Mrs. R. L. Gaskins, parents of the bridegroom; Miss Dorothy Rist of Hammond, who will be maid of honor; Misses Irma Aufderheide and Bernice Gaskins, bridesmaids; Miss Mildred Owens, pianist; Miss Frances Brewington, soloist; C. E. Gaskins, best man; Eugene Bennett and William Terrell of Greencastle, Ind.; John B. Little, Harry Sherris.

Miss Helen Dorothy Brown, 11 Bungalow Park, has gone to Fowler, Ind., and Chicago. She will meet Miss Mamie Larsh in Chicago and they will return together.

Miss F. Merouill Rhodes, 909 Tecumseh St., will spend the week-end in Shelbyville.

Mr. and Mrs. Paul A. Hancock, 1316 Ashland Ave., have motored to Kansas City.

Mr. and Mrs. J. Seegal, 2620 N. Capitol Ave., left today for St. Joseph, Mo., for a two weeks' stay.

Miss Florence, 35 S. Ritter Ave., has been attending the Y. W. C. A. conference at Lake Winona. She will go today to Chicago to meet her parents, Mr. and Mrs. M. D. Lupton, and motored to Wisconsin and other points north.

Garden flowers formed the centerpiece for a luncheon Friday given by Mrs. Robert T. Ross, 334 Park Ave. Covers were laid for Mesdames Elmer Raschig, Louis L. Ayers, Leonard V. Bedell, Harry G. Jones, Ray M. Bonshib and Leslie N. Butler.

Mr. and Mrs. B. T. Brunkhart of Rockford, Ill., motored here to visit Mr. and Mrs. W. D. Hamer, 4044 Carrollton.

Mr. and Mrs. E. G. Schmidt, 4205 N. Illinois St., accompanied by Miss Ellen Saxson, will leave Thursday for Lake Wauvase.

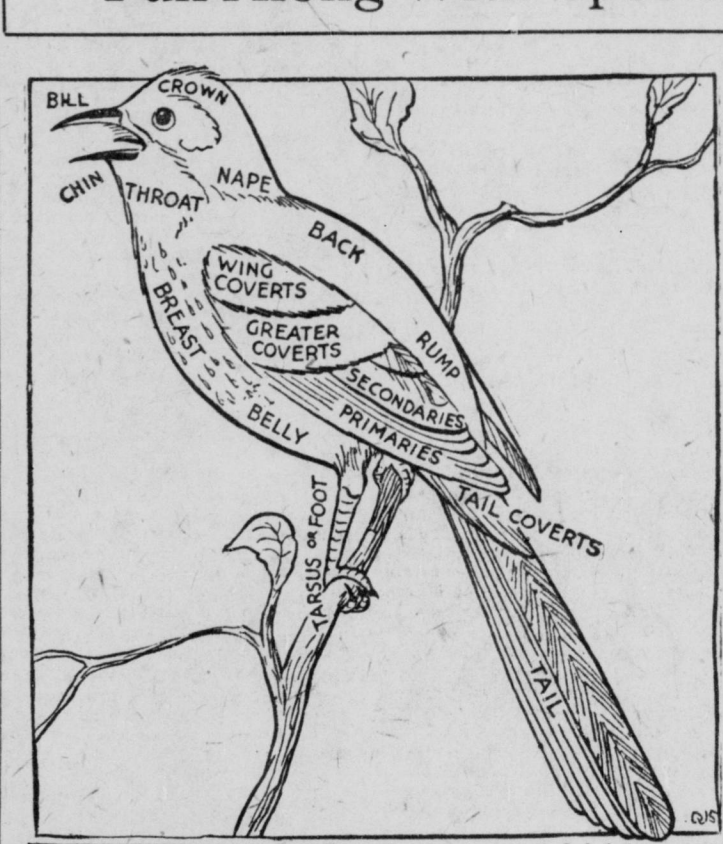
Mr. and Mrs. B. W. Gillespie, 4444 N. Carrollton Ave., have returned from a visit to Mackinac Island and Chicago.

Mr. and Mrs. Thor Ransing and family, of Grand Rapids, Mich., who have been visiting Mr. and Mrs. Henry J. Knudson, 510 E. Eleventh St., have motored to Niagara Falls.

Nelson Trowbridge, 2309 Broadway, has returned from New York, where he has been viewing the new plays of the season.

Mrs. Norman H. Coulon of Flint, Mich., who has been visiting her parents, Mr. and Mrs. F. C. Robinson, 3102 Park Ave., will leave next week for Marion, Ind., where she will make her home.

## Girls' Summer Camps

Study of Birds Is Great  
Fun Along With SportsThis Is the Last of a Series of Articles by Jane Deeter  
Rippin, National Director of Girl Scouts.**S**PORTS form a big part of camp life. Girls in camp make gala days out of field meets, with many races and competitions. And if you are camping near a lake or river, there is fun in an aquatic meet, in swimming, canoeing, rowing, titling, etc.

Outdoor fun of another kind has an educational phase. When you live your two weeks or so in the open you see and hear plenty of birds. But can you identify them? Try it—and, if you are a city girl, you will learn something.

Observe closely and accurately the size of the birds you see, their flights—songs, forms, haunts, color and call notes. In estimating the size, the robin and the English sparrow will give you a good basis of measurement—the robin for birds about ten inches long and the sparrow for those about six.

**How Do They Compare?**  
Now look closely at the bird you are studying. See if it is larger than a robin, the same size, or smaller; or the size of a sparrow, or smaller than a sparrow; or possibly as large as a crow.

What color is it? Bright hues, streaked, barred, or spotted? Or not streaked, barred or spotted? Or is it dull, with no markings?

Different parts of the body will differ in color, and it is great sport to be able to observe accurately the breast and back, the top-knot or crest—if there is one—the size and shape of the head and the bill. It is surprising the number of details you can pick out.

**You'll Love Them**  
A bird's bill is interesting. Is it hooked, short and thick, long and stout, long and narrow, or is it used for hammering? Are the wings spotted, pointed or barred?

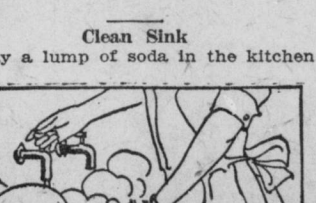
How about the tail? What is its color? Its markings? In size, is it long, short, pointed or narrow? Does the bird jerk it, or tilt it? Or does he use the tail as a brace? A bird's song may be only a rattle, or it may be sweet and low. He may sing as he flies. Or he may sing only when perched in a special location. Where does he nest? Girl Scouts who go camping quickly become nature lovers, and best of all, are interested in preserving wild life. When you study the birds and learn about them you will want to protect them, too.

**Ironing Laces**  
To iron laces and embroideries successfully the table or board should be well padded. If blankets or felt are not available for this purpose, a Turkish towel is a good substitute.Household  
Suggestions

A clean wooden toothpick is much more sanitary as an instrument for testing cakes or fruits than a broom-splint.



Remove paint spots with turpentine or benzine. If the spot is old, soften it first with cottonseed oil or lard.

**Paint Spots****Clean Sink**  
Lay a lump of soda in the kitchen

sink every day or two and then flush with hot water. You will save many a plumber's bill.