

TALKING CURE FINE REMEDY FOR TROUBLE

Tell Your Tale of Woe to
Some One and Get Away
From Worry.

CURES MENTAL TROUBLE

NEW YORK, Jan. 12.—Have you a
multitude of troubles? Are you worried?

Get out from beneath the load of your
troubles by the oral route. Tell your
tale of woe to some one. Take the talking
cure for the blues.

This advice comes all the way from
New York from one Dr. Magnus Hirsch-
feld, who advocates this "cure" as an
audible ventilation for the pestiferous
tenants of the human mind.

According to Dr. Hirschfeld, your fan-
ciful troubles will vanish and the real
ones will diminish if you will but talk
them off. However, do not pester friends.
Talk to some one especially trained to
listen to your woes and give you the ad-
vice you need.

A talk may be well enough, but it
will seem to the average person that Dr.
Hirschfeld's theory has a flaw in that
it excludes one talking to one's friends.
Confiding in real friends is a sweet re-
lief. It has always been a boon for the
worried man or woman who had a real
friend to go to.

Dr. Arline P. Munn-Recht, dean of
women at New York University, a gradu-
ate physician and a student on psychol-
ogy, believes the talking cure for the
blues is practical and beneficial, but
that one should carry troubles to friends
rather than to a paid listener.

DR. MUNN-RECHT'S OPINIONS.

"The element of friendship is vital,"
she insists.

"In one has two of three friends to
listen, no one need carry a load of peaty
mental cares which, accumulating from
day to day, destroy morale and break
us down completely."

"I say two or three friends so one
will not be unduly strained,
"I can afford that many, and so can
any one else."

"Of course, this seems to be one de-
velopment of the mental 'catharsis' of
Freud, and it comes in agreeable form
because it places the emphasis on every-
day worries and not on sex troubles.
"It is a safe bet, same reason. Of
course, there are hidden complexes require
more profound study. They need a
psycho-analyst."

"But this 'hot-air' treatment," which
the Berlin doctor advocates, will present
new complexes from being formed
through constant repetition of the emotion
and will leave no unpleasant effect.

"Emotions expressed through conver-
sation before they take on the element of
time are not dangerous."

"Let me explain: Suppose some one is
worried because he has a hard time fitting
along with some one in an office or
in a class. He talks it out to some
friends, that relieves the worry in the past
immediately. It is not bottled up for a
long period of time, seething and fermenting
in the mind, from the date when the
trouble began till the person breaks
down from thinking about it."

"Talking to one's mate, no groves in
the brain from the worry bubbling within.
I won't say such repression could
cause insanity. That is caused by two
things—change in brain structure and
change in ideas. Disorders in which
ideas change are benefited in some cases
by psychologists and in others by talk-
ing it out."

"As for telling things to people, some
of them are like sponges. State anything
to them and they never take it in.
Often people not leading strenuous lives
cannot understand these trials of a busy
day."

"On the other hand, if two active wom-
en, political leaders for instance, should
ever begin to tell each other their trou-
bles the day would not be long enough.
Both would break from the strain."

"It is the petty affairs of life that
break folks down. It is no effort
finding someone to listen to a recital of
them. Even since that time when I was
a student at Johns Hopkins University,
and sick in a hospital bed, there, and
cried out at night something which had
bothered me during the day, I have told
my worries to people. It will come out
in some form, anyhow."

"The sympathetic ear is imperative,
though."

"A wife whose husband gets angry
because he missed toast for breakfast,
when she gave him rolls, can tell that
to another wife who unsuccessfully served
toast to a man who desired pancakes.
And so on."

"Bad coffee and hard-boiled eggs that
should have been soft are the little
worries of many women's days."

"But when this Dr. Hirschfeld says
there should be no self-satisfaction
I believe he is at sea. There is undue
stress on sex in these matters. In the
lives of the normal average person it plays
a slight role."

According to the petition, the gas com-
pany has agreed to pay the railway com-
pany \$4,250 a month for the service.

The current will be transmitted to the
gas company over high-tension wires,
the petition said.

The petition also asks the companies
be allowed to consolidate their steam
plants and, this, according to the
petition, would eliminate a large un-
necessary expense. The Northern Indiana
Gas & Electric Company operates a
number of counties in northern Indiana.
The contract will be for twenty
years, the petition states.

Company Would Sell Its Surplus Energy

Approval of a contract to sell all
surplus energy manufactured by the
Lake Shore & South Bend Railway Com-
pany to the Northern Indiana Gas and
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Prosecutor Learns of Relative's Death

Prosecutor William P. Evans today re-
ceived the news concerning his grand-
mother, Mrs. Julia Pasco, 82, who has
been living with her daughter, Mrs. T. E.
Evans of Greenacres, Ind., died there
about 3 o'clock this morning.

Mrs. Pasco, who recently was stricken
with paralysis, formerly lived in New
Lexington, Ohio. The body will be taken
to New Lexington Saturday morning by
Mr. Evans. Mrs. Pasco was the widow of
William Pasco who died about forty
years ago.

Sore Throat Prudence

Your medicine shelf is not well stocked
without a bottle of TONSILINE, for you
don't know what moment it may be
needed to relieve a sudden case of Sore
Throat. Relieving Sore Throat is TON-
SILINE's special work. It is made for
that purpose. TONSILINE is the National
Sore Throat Remedy. It is sold in
every State in the Union. You
will find TONSILINE on one of
these days, or some night when
the drug store is closed—better
have a bottle ready at home
when you need it most. 35c,
and 60c. Hospital Size, \$1.00.

Advertisement.

CATCHES PRIZE FISH OF YEAR



MURDERED MAN IS IDENTIFIED AS HORACE DAW

Authorities Investigate Past
Life to Find Motive
for Crime.

KANSAS CITY, Jan. 12.—Police today
were probing the past life of Horace
Daw, formerly of Janesville, Wis., who
was found murdered here last Saturday
in the garage on an estate on which he
worked as gardener, in an effort to as-
certain the motive for the killing.

Daw, known here as "Harry Don-
aldson," but his body was identified late
yesterday by his wife, who came from
Janesville. Mrs. Dow, a little woman,
gray-haired and careworn, said her hus-
band disappeared April 28, last, and that
she had never received a word from him.

His brother, the Rev. E. R. Dow of
Wheaton, Ill., a widely known evan-
gelist in Wisconsin and other mid-western
States, she said.

For several months Dow had been
working as a gardener, living alone in
quarters above the garage. So far as is
known he had no enemies.

He was shot by a .45-caliber bullet. A
bloody print of a hand on the door of
the garage was clew left by the slayer
upon which the police are working.

MAY AGREE ON 'DIRT' FARMER

Harding and Agricultural
'Bloc' Expected to Harmonize.

WASHINGTON, Jan. 13.—An agree-
ment between President Harding and
members of the Senate "agricultural
bloc" with respect to the appointment
of a "dirt" farmer on the Federal Re-
serve Board, is expected to be reached
before the Senate convenes Monday, ac-
cording to an announcement today by
Senator Simmons, Democrat, North Caro-
lina, following a conference at the White
House.

It is understood changes will be made in
the "dirt farmer" bill offered by Senator
Smith, Democrat, South Carolina, that the
man will not apply to the next appoint-
ment to be made to the board.

CHINESE PORT WELCOMES ALL

Agreement Is Regarded as
Japanese Defeat.

WASHINGTON, Jan. 13.—The port of
Kiau Chow, in Shantung province, will be
opened to equal entry for all na-
tions on a basis of equality, under an
agreement reached here today between
the Chinese and Japanese delegations in
the armament conference.

The agreement should be the chief concern, of not
only the Women's Christian Temperance
Union, but every law-abiding citizen,"
declared Mrs. M. N. Bronson president
of the Marion County society. "This
is a good opportunity for the law-ab-
iding element to be heard."

The Newsboys' Band will provide
music, and the audience will be
entertained with the reading of
"America," followed by the singing of
"The Star-Spangled Banner" and the
fourteenth Psalm. Prayer will be led by the Rev. E. H.
Eberhart, assistant superintendent of
the Wheeler Rescue Mission.

Economics have been practiced in many
directions, Bryant said. Among the sav-
ings he called attention to was the con-
servation of coal, which the average
housewife uses 150 pounds of coal required
to move a locomotive one mile in the first
ten months of 1921, compared with 250
pounds for the year 1919.

Approves Plans for New Veteran School

WASHINGTON, Jan. 13.—President
Harding has approved plans of the vet-
eran's bureau for the establishment of
a nautical training school for disabled
veterans. It is to be opened today by
Colonel Forbes, director of the bureau.
Sites at Baltimore, Jacksonville, Newport
News, Boston and two points in South
Carolina are under consideration for the
location of the school.

AUTHORIZES SECURITIES SALE.

The Indiana Utility Company was au-
thorized to sell \$20,000 worth of general
mortgages by the public service commis-
sioner today. The money derived from the
sale of the securities which are to be sold
at not less than 80 per cent of par, are
to be used for the retirement of outstand-
ing bonds, and for the making of plant
extensions.

THE MODERN MOTHER

facing problems far beyond those of her
forebears. She herself must be a much
more competent person, combining in one
individual the duties of nurse, cook,
teacher and moral instructor. It is no
wonder that many conscientious women
break under the strain, and that others
drag out a miserable existence; always
tired, and yet unable to take a day's
vacation. Such women will find them-
selves benefited and their burdens made
easier by the use of Lydia E. Pinkham's
Vegetable Compound, which was made
for suffering women, and does not fail to
relieve them.—Advertisement.

INSTEIN SHOPS AT ARSENAL TECH.

Following the special meeting the
board, with the exception of Bert S.
Gadd, made a trip to inspect the new
shops and power plant at Arsenal Tech-
nical High School, which have just been
completed.

Awarding of the ash-handling contract
for the schools and libraries was post-
poned until a committee consisting of Mr.
Gadd, Adolph Embhardt and W. D. All-
ison can consult with the city auth-
orities and Albert Baker, attorney for the
board, as to the possibility of making
arrangements for the city to take care of
the master for the board. Both Mr. Em-
hardt and President Barry doubted the
legality of such an arrangement.

The lowest bidder for this work is Mr.
Andrew Morris, negro. His bid is \$4,500
a year for a period of three years.

The contract for building a retaining
wall at School No. 81, Lincoln and Al-
bany streets, was awarded to A. V.
Stackhouse Company on a bid of \$12,500.

Joseph C. Owens was awarded the con-
tract for building the playground at
School No. 22, Arizona and Chestnut
streets, on a bid of \$27,250.

The board held a special meeting
Monday morning at 11 o'clock, after
which it will visit the new gymnasium,
lunchroom and auditorium at Emmanuel
Manual Training High School.

Virgil West, 804 Lexington avenue, was
appointed heavy truck driver and Ernest
Cyrus, 1302 East Georgia street, was
given a contract to paint city insignia
upon municipal automobiles at \$8 per car.

Vegetable Growers Hold an Election

LAPAYETTE, Ind., Jan. 13.—Officers
of the Indiana Vegetable Growers As-
sociation were re-elected today at the an-
nual meeting of the association held at
Purdue University in connection with the
Farmers Short Course. They are

William Myers of Indianapolis, presi-
dent; Robert Morris of Indianapolis, vice
president; H. D. Brown of Indianapolis,
secretary; W. S. Roebuck of Ft. Wayne,
treasurer. The association extended an
invitation to the national organization
to hold its 1922 meeting in Indianapolis
next fall.

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THIN, FADED HAIR NEEDS 'DANDERINE'

TO THICKEN IT

"My Sweet Little Pill"

My name is Blackburn, and I have be-
come famous all over the country through
the merit of a sweet little pill as "The
Man Behind the Pill." It contains castor
oil, lanolin, lemon oil, and glycerine. It is
superior to castor oil as a physic.

It is Cascara Royal Pills

Whenever you or any of your family
become constipated, feel drowsy, have head-
ache or pain, and need a pleasurable
physical exercise, hasten to buy a
druggist a package of Blackburn's Cascara
Royal Pills.

Which Prevents and Relieves

15 doses, 15c; 45 doses, 30c; all drug-
ists—Advertisement.

TO DARKEN HAIR APPLY SAGE TEA

Look Young! Bring Back Its
Natural Color, Gloss and
Attractiveness.

VITAMINES
are an essential factor in
promoting healthful growth

Scott's Emulsion
is far richer in the fat
soluble A vitamin
than cream. It aids
growth-builds health!

AT ALL DRUG STORES
PRICE, \$1.20 and 60c.

Scott & Bowes, Bloomfield, N. J.

ALSO MAKERS OF

KI-MOIDS
(Tablets or Granules)
FOR INDIGESTION

21-108c

Advertisement.

Common garden sage brewed into a
heavy tea with sulphur added, will turn
gray, streaked and faded hair beautifully
dark and luxuriant. Just a few applica-
tions will prove a revelation if your hair
is fading, streaked or gray. Mixing the
Sage Tea and Sulphur recipe at home,
then applying it to the hair, will