

## WATCH THAT COLD!

Colds and chills leave thousands with weak kidneys and aching backs. The kidneys have to do most of the work of fighting off a cold and they weaken—slow up. You feel dull and irritable and have headaches, dizziness, backache, and irregular kidney action. Give the kidneys quick help with *DOAN'S Kidney Pills*. Doan's are used and recommended the world over for weak kidneys and bad backs. Ask your neighbor!

## An Illinois Case

Mrs. John Conn, 25 S. Erie St., Bushnell, Ill., says: "I had a sharp pain through my kidneys. I also had headaches and was very nervous. I don't know what would come over me. The action of my kidneys was irregular, too. I used Doan's Kidney Pills and they took away the pain in my back, strengthened my nerves and regulated my kidneys; in fact, cured me for I have had no return of the trouble."

Get Doan's at Any Store, 50c a Box  
**DOAN'S KIDNEY PILLS**  
FOSTER-MILBURN CO., BUFFALO, N. Y.

A married cynic's idea of a wise guy is a fellow who had a chance to marry his wife but didn't.

**Important to Mothers**  
Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bear the *Signature of Dr. H. Fletcher*  
In Use for Over 30 Years.  
Children Cry for Fletcher's Castoria

No woman has entered the convent of St. Catherine, on Mt. Sinai, for more than 1,400 years.

**RECIPE FOR GRAY HAIR.**  
To half pint of water add 1 oz. Bay Rum, a small box of Barbo Compound, and 1/4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually darken streaked, faded gray hair, and will make harsh hair soft and glossy. It will not coor the scalp, is not sticky or greasy, and does not rub off.—Adv.

Use a penny for rubbing mud from clothing. It provides an edge that is not too sharp.

## Sure Relief

**BELL-ANS FOR INDIGESTION**  
6 BELL-ANS Hot water Sure Relief  
**BELL-ANS FOR INDIGESTION**

## KILLS PAIN IN 5 MINUTES

Agony of Rheumatism and Gout, Neuralgia, Lumbago, Chest Colds and Sore Throat Ended in Half the Time It Takes Other Remedies.

Mustarine won't blister—it is always ready for use—it's grandmother's old-fashioned mustard plaster with other up-to-date ingredients added.

The best and quickest remedy in the world for lameness, sore muscles, stiff neck, cramps in legs, earache, backache, headache and toothache.

Begy's Mustarine—ask for it by name.

It's made of red hot, yellow mustard—not red-wheat, yellow mustard—not wheat substitutes. Use it freely to draw the song from those sore feet—it's great for chilblains, too, and for frostbitten feet. Ask for and get Mustarine always in the yellow box.

S. C. Wells & Co., Le Roy, N. Y.

**STOPS PAIN**  
**MUSTARINE**  
CANNOT BLISTER

## False Teeth Held Firmly in Place

**COREGA**  
Prevents Sore Gums  
Promotes Mouth Hygiene  
Brings Health and Comfort  
At leading drugstores everywhere, 35c, or  
Send 10 cents for trial sample  
Corega Laboratory, Cleveland, O.

**ITCH!**  
Money back without question if HUNT'S SAVINGS fall in the treatment of ITCH, ECZEMA, RINGWORM, TETTER another itchy skin disease. Price 25c. Send to drugstore or to A. E. Babbitt, Boston, Mass., Jax.

**Shave With Cuticura Soap The New Way Without Mug**

Virginia Farms and Homes  
FROM CATALOGUE SPLENDID BARGAINS  
B. B. CHAPIN & CO., Inc., Richmond, Va.

**FRECKLES** POSITIVELY REMOVED by Dr. Henry C. Hall, Free Book, Dr. C. M. Hall, Box 2075, Chicago, Ill.

**Irritating Coughs.** Promptly treat coughs, colds, laryngitis, bronchitis and similar inflamed and irritated conditions of the throat with a tested remedy

**PISO'S**

## A GRANDFATHER'S STORY

From \$143 to a Competence in Three Years.

F. J. Chamberlain tells a story of his efforts before moving to Canada in 1916 to make a living. It was hard work. He had so many "ups and downs" that he became dispirited before he learned of the success of former neighbors of his who were doing well up in Canada. He sold his holdings for song, and had a sale of what effects he had. When he straightened up with his storekeeper and paid a few debts he found that he had \$143 in cash, a good constitution, a wife and five children. He had saved some few things from the sale. These he put into a car with the effects of a couple of others, who like him were going to Canada. He went into the Gem Colony in Alberta in 1916, bought a piece of land and commenced operations. The money he placed in the bank, and started one of his boys out to earn enough money to supply the table. The older boy used his wages to break up the sod on the 160 acres. But let Mr. Chamberlain tell the rest of the story, which he has signed over his own signature. He says: "I rented 70 acres and hired it put into wheat, thrashed 23 wagonloads for my share. We lived in the granary two years.

The first of December, 1918, I laid the concrete foundation for a twenty-five hundred dollar house and completed it the last of January. I have nine head of horses and mules, five head of cattle, fifteen pieces of machinery, seven outbuildings paid for and half interest in a thrashing machine. This is an old grandfather's story, as my son-in-law came with four children from Idaho last March and bought 320 acres C. P. R. irrigated land and we helped him develop 200 acres of it. They can't say around here, 'everybody works but father.' Increased His Wealth Six Hundred Fold.

There are more stories of success in Western Canada. There's that of Allan Nicholson of Hazelbridge, Manitoba. In speaking of it he says: "I shall never regret coming to Manitoba. I came here seventeen years ago. I think it was in the spring of 1903. My old home was at Le Mars, Plymouth county, Washington township, Iowa, where I had been farming for a good many years. I had a farm of 248 acres, of which I owned 80 acres and rented 160. When I left in 1903 I sold my home in the farm for \$75.00 per acre. The nearest station to my place was Dalton, and my old neighbor there will remember me very well. When I came to Canada I rented three-quarters of a section at South Plympton, near Springfield, Manitoba. After a year or two's experience at renting I bought my present farm of 320 acres, and am now engaged in mixed farming. I have always had good crops since I came here, and some of them have been bumper crops.

If I went back to the United States today I could take back \$5.00 or \$6.00 to every \$1.00 that I brought into the country. My land today is worth from \$75.00 to \$85.00 an acre, and in addition to my grain growing I have made a specialty of high-grade Percheron horses, purebred Shorthorn cattle and purebred Berkshire hogs. I have had uniform good luck in connection with my stock, and today I would not sell my farm for a cent less than \$30,000.

The older settlers of Le Mars, Iowa, will remember me very well. I was greatly impressed with the country when I made my first visit here in 1903, and that impression has been here.

The climate agrees with us all. Before I came here my doctor's bills were something awful. I had no sooner got one paid than I was due for another one. Since we have been in Manitoba \$50.00 would pay all our doctor's bills for the last seventeen years.

I think I am doing my old friends a kindness in letting them know how well I have done since I came here. This is certainly a country of opportunities. I have had no more good luck than falls to the fortune of any ordinary person, and I am satisfied I could never have done as well had I remained in the old home. I shall be pleased at any time to give information to old friends who care to write me about my experiences in this country.

C. J. Broughton, Room 412, 112 W. Adams St., Chicago, Ill., and M. V. MacInnes, 175 Jefferson Ave., Detroit, Mich., Canadian government agents, can give information concerning all districts in Western Canada.—Advertisement.

Brigand Met His Match.

A certain English financial journal, which had a short life, published in one of its issues a most scathing but at the same time nonactionable and amusing stricture on a member of the stock exchange who had a somewhat shady reputation. The subject of the stricture had a double-barreled name, which we will call Jones-Smithson, and the paragraph about him was as follows:

We understand that Mr. Jones-Smithson has been spending his holidays among the Italian lakes. Last week he was attacked by a brigand, and in the course of the encounter the brigand lost his watch and chain.

It is not so much happiness as impatience that from time to time possesses men, and then they choose to call themselves miserable.—Goethe.

Make Themselves Miserable.

It is not so much happiness as impatience that from time to time possesses men, and then they choose to call themselves miserable.—Goethe.

FREE  
\$\$\$ Millions \$\$\$  
MADE IN OIL

Millions of dollars are being made in Louisiana and Texas oil fields by men who, only a few months ago, were penniless. They are doing it by studying the fields, watching the trend of operations and then using their own judgment.

The man, not on the spot, can do this by the use of good maps. We recently published a large number of maps of the Louisiana oil fields. They have been corrected to February 24, 1920. A few of them are left. As long as they last, they will be mailed absolutely free. Write name and address plainly. Only one to a person.

**PETROLEUM MAP CO., O.A.A.**  
515 Market Street, Shreveport, La.

## CHILDREN WHO ARE SICKLY

Mothers who value the health of their children should never be without **MOTHER GRAY'S SWEET POWDERS FOR CHILDREN**, for use when needed. They tend to Break up Colds, Relieve Feverishness, Worms, Constipation, Headache, Teething disorders and Stomach Troubles. Used by Mothers for over 30 years. Sold by Druggists everywhere. Trial package FREE. Address THE MOTHER GRAY CO., LE ROY, N. Y.

TRADE MARK  
Don't accept any Substitute. Used by Mothers for over 30 years.

Bill Rowe did it. Address Manning, No. 1 West 34th Street, New York City.

Never Thought of That.

A lover of the cranberry says it is a fine antiscorbutic. Now, we had never thought of that.—Arkansas Gazette.

## FOR EVERYBODY

A prominent physician writes in a recent article that there is perhaps not one man who would not need a thorough cleaning of his intestines from time to time, even if his stool seems to be regular. That is why Triner's American Elixir of Bitter Wine is a remedy for everybody. It cleans intestines perfectly. Its special virtue consists in its overcoming constipation without purging and therefore without weakening. Another remedy which you should have now at home is Triner's Cough Sedative. If you come to the theater or a concert, you find at once that coughs and colds are now in season. That eternal coughing spoils your enjoyment. If all such disturbers knew of Triner's Cough Sedative, they would not torment themselves and molest the rest of the audience. Your druggist and every dealer in medicines keeps Triner's remedies in stock. Joseph Triner Company, 1323-43 S. Ashland Ave., Chicago, Ill.—Adv.

Direction Book in package tells how to diamond dye over any color. To match any material, have dealer show you "Diamond Dye" Color Card.—Adv.

Publ. schools can teach the speaking of good English, but environment teaches harder.

## NEW DRESS FOR OLD WITH DIAMOND DYES

Women Can Put Bright, Rich Color In Shabby, Faded Garments.

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods—dresses, blouses, stockings, skirts, children's coats, feathers—everything!

Direction Book in package tells how to diamond dye over any color. To match any material, have dealer show you "Diamond Dye" Color Card.—Adv.

There is usually room at the top of a man's head for hair.

## How's This?

We offer \$100.00 for any case of catarrh that cannot be cured by **HALL'S CATARRH MEDICINE**.

**HALL'S CATARRH MEDICINE** is taken internally and acts through the Blood on the Mucus Membranes of the System.

Sold by druggists for over forty years.

Price 50c. Testimonials free.

F. J. Cheney & Co., Toledo, Ohio.

Bachelors are the only men who think they know it all.

## DRUGS EXCITE YOUR KIDNEYS, USE SALTS

If Your Back Hurts or Bladder Bothers, Drink Lots of Water.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.—Adv.

Hapsburg.

Hapsburg, meaning "Owl's Castle,"

was a castle which stood in the canton of Aargau, Switzerland, the reputed cradle of the Hapsburg dynasty.

It's Mercury! Quicksilver Shocks the Liver—Danger!

You're billions, but take "Cascarets"!

You have a throbbing sensation in your head, a bad taste in your mouth, your eyes burn, your skin is yellow, with dark rings under your eyes; your lips are parched, your bowels are constipated.

No wonder you feel foggy, mean and ill-tempered. You need Cascarets tonight. Don't continue being a billions nuisance to yourself and those who love you, and don't resort to harsh physics that irritate and injure. Remember that most disorders of the stomach, liver and bowels are ended by morning with gentle, harmless Cascarets—they work while you sleep, never gripe, shock, sicken or inconvenience you. They're grand! Adv.

A popular poet can show his acquaintances real money.

## LIFT OFF CORNS!

Apply few drops then lift sore, touchy corns off with fingers—No pain!



Doesn't hurt a bit! Drop a little Freezezone on an aching corn, instantly that corn stops hurting, then lift it right out. Yes, magic!

A tiny bottle of Freezezone costs but 6 cents at any drug store, but is sufficient to remove every hard corn, soft corn, or corn between the toes and the calluses, without soreness or irritation.

Freezone is the sensational discovery of a Cincinnati genius. It is wonderful.—Adv.

Popular Place for Children. It is estimated that the average depth of sand in the deserts of Africa is from 30 to 40 feet.

## BOSCHEE'S SYRUP.

A cold is probably the most common of all disorders and when neglected is apt to be most dangerous. Statistics show that more than three times as many people die from influenza last year, as were killed in the greatest war the world has ever known.

For the last fifty-three years Boschee's Syrup has been used for coughs, bronchitis, colds, throat irritation and especially lung troubles.

It gives the patient a good night's rest, free from coughing, with easy expectoration in the morning. Made in America and used in the homes of thousands of families all over the civilized world. Sold everywhere.—Adv.

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Burn sienna is a paint manufactured from the natural earth obtained near Sienna, Italy.

STOP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostrils Relieves Head-Colds at Once.

If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of Ely's Cream Balm at any drug store. Apply a little of this fragrant, anti-septic cream into your nostrils and let it penetrate through every air passage of your head, soothing and healing the inflamed, swollen mucous membrane and you get instant relief.

How good it feels. Your nostrils are open, your head is clear, no more hawking, sniffling, blowing; no more headache, dryness or struggling for breath. Ely's Cream Balm is just what sufferers from head colds and catarrh need. It's a delight.—Adv.

Fortunate is the man who knows enough law to avoid it.

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