

**How Many Women Are Like This?**

Can anything be more wearing for women than the ceaseless round of household duties? Oh! the monotony of it all—work and drudge; no time to be sick; tired, ailing, yet cannot stop. There comes a time when something "snaps" and they find themselves "simply worn out," and to make matters worse, have contracted serious feminine disorder which almost always follows the constant overtaxing of a woman's strength.

Then they should remember that there is no remedy like Lydia E. Pinkham's Vegetable Compound—the experience of these two women establishes that fact:

Cedar Rapids, Ia.—"After the birth of my last child I had such painful spells that would interfere with my work. I suffered for months and the doctor said that my trouble was organic ulcers and I would have to have an operation. That was an awful thing to me, with a young baby and four other children, so one day I thought of Lydia E. Pinkham's Vegetable Compound and how it had helped others. I took five bottles of Vegetable Compound and used Lydia E. Pinkham's Sanative Wash and soap. I then have been well and able to take care of my house and family without any trouble or a day's pain. I am ready and thankful to swear by your medicine any time. I am forty-four years old and have not had a day's illness of any kind for three years."—Mrs. H. Koenig, 617 Ellis Blvd., Cedar Rapids, Iowa.

All Worn Out Women Should Take

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.

Opening the Flood Gates.
"Did Marks take a prominent place in the late war?"
"Did he? Ask Marks."

How's This?
We offer \$100.00 for any case of catarrh that cannot be cured by HALL'S CATARRH MEDICINE. HALL'S CATARRH MEDICINE is taken internally and acts through the blood and lungs, and acts through the mucous surfaces of the system. Sold by druggists for over forty years. Price 75c. Testimonials free. F. J. Cheney & Co., Toledo, Ohio.

It is just as easy to find fault with a tallow candle as it is with an electric light.

What can be put in a loving cup, hereafter?

Greek to Father.
Son—Father, I passed Cicero today. Father—Did he speak?—Boys' Life.

RECIPE FOR GRAY HAIR.
Take a half pint of water add 1 oz. Bay Rum, a small box of Barbe Compound, and 1/4 oz. of glycerine. Apply to the hair twice a week until it becomes the desired shade. Any druggist can put this up or you can mix it at home at very little cost. It will gradually streaked, faded gray hair, and will make harsh hair soft and glossy. It will not color the scalp, is not sticky or greasy, and does not rub off.—Adv.

A fool of forty may have known it all at twenty.

Pugnacity doesn't invite fights. It scares 'em off.

The Right Way
in all cases of
DISTEMPER, PINKEYE
INFLUENZA, COLDS, ETC.
of all horses, brood mares, colts
and stallions is to
SPOHN THEM
on the tongue or in the feed with
SPOHN'S DISTEMPER COMPOUND

Give the remedy to all of them. It acts on the blood and glands. It rids the disease by expelling the germs. It wards off the trouble, no matter how they are "exposed." A few drops a day prevent those exposed from catching influenza. Sold by druggists, harness dealers or by the manufacturers. 60 cents and \$1.15 per bottle. AGENTS WANTED.

SPOHN MEDICAL COMPANY, GOSHEN, IND.

Stock Raising in WESTERN CANADA
is as profitable as grain growing. Successes as wonderful as those from growing wheat, oats, barley, and flax have been made in raising cattle, sheep and hogs. Bright, sunny climate, nutritious grasses, good water, enormous fodder crops—these spell success to the farmer and stock raiser. And remember you can buy on easy terms. **Farm Land at \$15 to \$30 An Acre**—land equal to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—grazing land convenient to good grain farms at proportionately low prices. These lands have every rural convenience—good schools, roads, telephone, etc., close to large towns and good markets. If you want to get back to the farm, or to farm on a larger scale than your present conditions, investigate what Western Canada has to offer you. For illustrated literature, with maps and particulars regarding various districts, names, location of land, etc., apply to the **WESTERN CANADA LAND COMPANY, Room 412, 112 W. Adams Street, Chicago, Ill.** M. V. Morris, 175 Jefferson Avenue, Detroit, Mich. Canadian Government Agents.

HOME TOWN HELPS

GENERAL CLEANUP IN ORDER

Patriotic Advertising is No Longer an Excuse for the Presence of Unsightly Billboards.

Now that the orgy of war advertising is ended, where does it all leave YOU—as the posters said—and your future contributions to the maintenance of the advertiser's paradise? You gladly saw patriotism written all over the beautiful buildings and places of the city—even though this writing was a kind of scribbling, so incongruous were the papers and flimsiness. Beauty was for the moment nothing—nothing unless it, too, served. But now!

Are we to be equally content to see Piffle's Pickles emblazoned where we testified our intention to save food and thus help win the war? Will not chewing gum and chicle be more than ever an impertinence when inflated to the dimensions of our fatherland, the liberty of the world and the sacrifices of our sons?

Some have feared that the riot of outdoor war advertising would debase our taste and make the public still more heedless of the incongruousness and ugliness of the advertising nuisance. We think not. In spite of everything, the war advertising truly expressed us. We looked at it and read it—and liked some of it—because it did. It expressed us best when it was most befitting. And although much of it was small in scale, it never was too big to express the great ideas. But now, will not the apotheosis of the insignificant seem more than ever cheap and tawdry? If so, the blatant advertisement has lost some of its advertising value. If it could only lose it all, if people would not patronize what is offensively advertised, it would disappear.—Bulletin of the Municipal Art Society of New York.

PLANTS ON CITY LAMP-POSTS

Authorities of Allentown, Pa., Turn Usually Unsightly Objects into Things of Beauty.

Turning the street lamp-posts into things of beauty is the object of the authorities of Allentown, Pa.

In that city every lamp-post wears a hanging-garden effect from spring until late autumn. The flowers and decorative leaf-bearing plants are planted in urn-shaped globes which encircle the lamp-posts some distance below the light.

The city fathers who thought of and adopted the flowering lamp-post idea made a thorough job of beauti-

fuling the town by removing all of the overhead telephone and telegraph wires—at least, in the principal streets.

But Allentown can boast of use as well as beauty. It is the county seat of a farming section which ranks as one of the leading potato producers of the country.—Popular Science Monthly.

All Should Own Homes.

From the national standpoint, it is most desirable that every citizen should own his home. The proper education of the child needs the sanctity of the home and the future of our country depends upon the average citizen doing his or her duty "to train up a child in the way he should go, and when he is old he will not depart from it."

Building and loan associations should be formed in all cities where they do not already exist, as they are most useful in assisting men to acquire a home through the monthly installment plan.—Exchange.

For Large and Small Cities.

There should be a definite park policy and an appropriation sufficient to open up one new small park or recreation ground each year. Density of population grows in sections, and property values rise accordingly.

A forehanded small park policy will follow the trail of population density with an eagle's eye. The tollers and their usually large brood of children should have these city breathing spots at their doors.—Chicago Journal.



WHEN you see this famous trade-mark, think a minute! Think of the delicious taste of a slice of fresh toasted bread!

That's the real idea back of the success of Lucky Strike cigarettes. Toasting improves tobacco just as well as bread. And that's a lot.

Try a Lucky Strike cigarette—

It's toasted

Guaranteed by
The American Tobacco Co. INCORPORATED



Judicious diet and exercise will frequently improve a man's opinion of his neighbors.

BOSCHEE'S SYRUP.

A cold is probably the most common of all disorders and when neglected is apt to be most dangerous. Statistics show that more than three times as many people died from influenza last year, as were killed in the greatest war the world has ever known. For the last fifty-three years Boschee's Syrup has been used for coughs, bronchitis, colds, throat irritation and especially lung troubles. It gives the patient a good night's rest, free from coughing, with easy expectoration in the morning. Made in America and used in the homes of thousands of families all over the civilized world. Sold everywhere.—Adv.

NEW FRONTIERS VERY REAL

Nothing of an "Imaginary Line" About the Borders of the New European States.

Frontiers used to be "imaginary lines" or marks on a map. The miles and miles of new frontiers in Europe are not "imaginary" and not confined to maps. You can walk right up and touch them.

Out there in central and eastern Europe, frontiers are fine-tooth combs, that delay trains for hours at every crossing point. Some of the new frontiers are "flying walls" of soldiers with fixed bayonets. Others are guarded fences.

Travelers without exceptional credentials go through searching examinations, often bodily "friskings."

Soldiers armed to the teeth guard the trains and passengers during examinations and customs inspections, to see that nobody gets out or in without the official papers.

Roads at frontier points are also guarded by soldiers who preside over striped gates that go up and down like the crossing gates of American railroads.

Passports and visas in the new countries are made as difficult as possible. Business men are held up weeks, as a rule. The official idea seems to be to keep everybody that's in the country in, and to bar everybody else out.

Knavery has limits, foolishness none.

Trying On a Hat.

"Now, madam, you get the effect." "The effect on me is all right. Show the price tag to my husband and let's note that effect."

GOT A CHILD'S COAT BY DYEING GARMENT

"Diamond Dyes" Help Make New Outfits for Youngsters.

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new, rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods—dresses, blouses, stockings, skirts, children's coats, feathers—everything!

Direction Book in package tells how to diamond dye over any color. To match any material, have dealer show you "Diamond Dye" Color Card.—Adv.

Not Tied.

A small boy of Columbus was out riding with his mother one day recently, when he saw several pumpkins in a field. He wished to stop the machine and get one, but the mother explained that this would not do, that the pumpkins on the vine were the property of the man who owned the field, and that in due time he would gather them for winter use. The boy was convinced, and said no more until he happened to see a pumpkin unattached to a vine, lying at the side of the road. "Well, mother," he said, "I guess we can have that one. It isn't tied."—Indianapolis News.

Slightly Embarrassed.

A good story was told to me the other day by Miss Marie Lohr concerning a maid who, quite unexpectedly, expressed a wish to "give notice." Something surprised, Miss Lohr asked, "Is there any reason?" Then, seeing that the girl hesitated and looked confused, she added, "Something private, perhaps?" "No, ma'am," was the answer, "it ain't no private, it's a secret. He's been demobilized."—New York Times.

Self-Defense.

"Why are so many young people sent away from home to study music?"

"Most natural thing you could imagine. Folks around the house don't want to be bothered hearing them practicing."

You seldom love your enemies unless you find out they are not what you thought they were.

Better general health is sure to follow the use of the natural Herb laxative, Gaffield Tea. It corrects constipation.—Adv.

It is cute in a small boy to eat so much that his eyes seem to pop out. After sixteen it isn't.

48,000 Drug Stores Sell It.

Five million people use it to KILL COLDS.

HILL'S CASCARA QUININE BROMIDE

Standard cold remedy for 20 years—in tablet form—safe, sure, no opiates—breaks up a cold in 24 hours—relieves grip in 3 days. Money back if it fails. In genuine box with a red top with Mr. Hill's picture.

At All Drug Stores

MILLIONS Suffer from Acid-Stomach

Millions of people suffer year after year from ailments affecting practically every part of the body, never dreaming that their ill health can be traced directly to acid-stomach. Here is the reason: the body contains power of destruction of the different organs and tissues of the body. The blood is impoverished—becomes weak, thin, sluggish. Aliments of many kinds spring from such diseases as ulcers, rheumatism, lameness, gout, sciatica, general weakness, loss of power and energy, headache, insomnia, nervous ailments, mental depression, and among the stomach intestinal ulcers, cirrhosis of the liver, heart trouble—all of them can often be traced directly to acid-stomach.

Keep a safe drink for the symptoms of acid-stomach—indigestion, heartburn, belching, food repeating, that awful painful blast after eating, and sour gassy stomach. EATONIC Tablets—your doctor's prescription—will bring quick relief from these stomach ills. Thousands say they never dreamt that anything could bring them much better in every way. Try EATONIC in its praise. Make your life worth living and add to your health, pleasure, melancholy—more of that tired, listless feeling. Be well and strong. Get back your physical and mental punch; you will feel and act as long as you have acid-stomach. So get rid of it now. Take EATONIC Tablets—they taste good—eat them in the first bite of your dinner. Get a box of EATONIC Tablets for a big box. Get a box from him today and if you are not satisfied he will refund your money.

If you are not satisfied he will refund your money.

EATONIC FOR YOUR ACID-STOMACH

CALIFORNIA SUNSHINE, PRINTED INTO OUR NEW CIGARETTES.

Price 25c postpaid. Send money money money.

Order from us from friends, once.

J. W. Capener, San Jose, California.

FOR CHEAPEST AND BEST MID-WESTERN Wisconsin Farm Supply Service.

Send for new list. M. H. McLean, Mt. Vernon, Illinois.

TRANSPORT PHOTOS: Photos of all transports. 10x14 prints. Price 5c. mailed. Army Transport Co., 204 Franklin, N. Y. City.

TOP SALE—BEST CORN FARMS IN MO. Well located, well built, term easy. Write for list. Wilson & White, Hannibal, Mo.

FRECKLES: FRECKLES are the bane of many a young girl's life. They are easily removed by the use of a special cream.

W. N. U., CHICAGO, NO. 7-1920.

A Health-Building Cereal Grape-Nuts

A satisfying food, greatly pleasing to taste, full of rich nourishment and ready to eat without cooking.

Needs no Sugar

Pleasing alike to young and old.

"There's a Reason"

