

NOW RAISES 600 CHICKENS

After Being Relieved of Organic Trouble by Lydia E. Pinkham's Vegetable Compound.

Oregon, Ill.—"I took Lydia E. Pinkham's Vegetable Compound for an organic trouble which pulled me down until I could not put my foot to the floor and could scarcely do my work, and as I live on a small farm and raise six hundred chickens every year it made it very hard for me."

"I saw the Compound advertised in our paper, and tried it. It has restored my health so I can do all my work and I am so grateful that I am recommending it to my friends."—Mrs. D. M. ALTERS, R. 4, Oregon, Ill.

Only women who have suffered the tortures of such troubles and have dragged along from day to day, can realize the relief which this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, brought to Mrs. Alters. Women everywhere in Mrs. Alters' condition should profit by her recommendation, and if there are any complications write Lydia E. Pinkham's Medicine Co., Lynn, Mass., for advice. The result of their 40 years experience is at your service.

The Addition.
"Is it true that Mrs. Hasty's temper broke up the family?"
"Yes, and most of the crockery."

Garfield Tea is Nature's laxative and blood purifier; it overcomes constipation and its many attendant ailments.—Adv.

Father's Definition.
"Pa, what is a family jar?"
"A vessel of wrath, my son."—Boston Transcript.

Cuticura for Pimples. Faces.
To remove pimples and blackheads smear them with Cuticura Ointment. Wash off in five minutes with Cuticura Soap and hot water. Once clear keep your skin clear by using them for daily toilet purposes. Don't fail to include Cuticura Talcum.—Adv.

DID SMILE ON OCCASIONS

Indian Could Relax, but Only When He Felt He Had Earned the Right, as It Were.

Here is a story told at a dinner party by a Red Cross official who has just returned from France.

The grandson of Sitting Bull, the famous Indian chief, was an interesting convalescent in Base Hospital No. 46. He had enlisted in the early days of the war, had gone over the top and worked havoc among the Germans, before he was wounded.

Nurses and doctors caring for him tried in vain to get more than a grunt out of him in response to questions, while the other men in the ward called him "Gloomy Gus," because he never cracked a smile.

The Red Cross representative in the hospital becoming interested, tried his hand at "cheering up" the Indian. Gifts of cigarettes and chocolate were received, but without a change of expression.

"Don't you ever smile?" he demanded of the Indian one day, and for the first time Sitting Bull's grandson grinned.

"Sure," he replied. "When I kill a Boche!"

Foresight is better than hindsight, is ever so much cheaper in the long run, and causes less sick headaches.

A man isn't necessarily honest just because he is poor.

A Delicious Mixture of Wheat & Barley

For health value, sound nourishment and a sweet nut-like flavor impossible in a product made of wheat alone, eat

Grape-Nuts

Grape-Nuts
A General Food of Wheat
Barley and Fruit
No Sugar Added
A FOOD
OF THE FUTURE

HOOVER FACES TASK OF FEEDING STARVING NATIONS OF EUROPE

Backed by \$100,000,000 Voted by Congress He Is Directing America's Part in the Work—Trusted Aids Make Personal Inspections of Food Situation in Poland, Serbia and Austria—Difficult Problems to Solve.

By LLOYD ALLEN,
Western Newspaper Union Staff Correspondent.

(Copyright, Western Newspaper Union, Paris.—Backed by \$100,000,000 voted by congress, Herbert Hoover is here directing America's big part in feeding the famine-threatened nations of Europe.

But it is not the policy of Mr. Hoover's commission to give food away to the peoples now so sorely pressed with reconstruction problems. They must pay—at once, whenever possible. When they cannot pay, they are to be given credit, with security that will insure America against total loss.

Any other policy would mean the pauperization of Europe, and Hoover has no intention whatever of conducting a commission that would quickly put the millions of Roumania, Poland, and Serbia, to say nothing of the enemy nations, into a mighty bread line.

With this fundamental policy as the basis of conducting a gigantic relief commission, Mr. Hoover first of all needed money and authority to start the machinery. He had come to Europe with \$5,000,000 apportioned from President Wilson's contingent funds to finance such immediate relief work as was found, upon investigation, to be absolutely necessary for the salvation of Europe's new democracies, the Czechoslovaks, the Poles and Serbs, and also the Roumanians.

Congress Votes \$100,000,000.
When Hoover had had a chance to look around, he discovered that \$5,000,000 was just about enough to finance food shipments for one of these nations. He did not single out one nation, however, but ordered cargoes aggregating \$15,000,000 rushed from the United States at once.

He trusted the American people to provide the capital needed. And when he got the first news of the final passage of the \$100,000,000 appropriation in congress, an expression of relief came into his face that had not been there for weeks.

With a small staff, Mr. Hoover has headquarters in the Hotel de Crillon, in Paris, which has been turned into a combination office building and hotel for members of the American commission to negotiate peace.

Some of Mr. Hoover's most trusted aides are making personal inspections of the food situation in Poland, Serbia, and Austria.

Dr. Alonzo Taylor's report from Vienna is very interesting. He found the output of coal and agricultural products in Austria-Hungary seriously reduced during 1917 as the result of the war, and still further lowered during 1918.

Austria-Hungary Badly Crippled.
As a result of the war and the allied food blockade, the stocks of commodities

War Dead 17,500,000, Says British Paper

London.—A complete summary of the world war casualties compiled by the Manchester Guardian gives the total number of deaths at 17,500,000.

This number includes a mortality of 4,000,000 from pneumonia and influenza.

Allied losses are placed at 5,500,000, excluding a large number of French civilian dead.

Deaths suffered by the central powers are estimated at something over 2,900,000.

Italy's losses were 300,000 from disease in the war zone, or three-fifths as many as were killed in action. Four million Armenians, Syrians, Greeks and Jews were massacred by the Turks.

Serbian civilians to the number of 1,000,000 died through massacre, hunger or disease. Germans are held responsible for deaths of 7,500 neutrals.

ties of all kinds, especially textiles, have been dangerously depleted and on account of the short production of coal the railways of the Austro-Hungarian states are badly crippled. Having efficient railway transportation is an important factor in moving foods where they are most urgently needed. Anything for the Czechs must pass through what is left of Austria proper.

Austria-Hungary has been divided into five separate political areas. Taylor believes that this action has for the time being greatly reduced the resources of all this territory. Each state sets up barriers against the others. He found the food distribution and supply which formerly was a matter of exchange among the separate states almost at a standstill. One section will have coal, another some sugar, another some grain, but each unable to "carry on" because of lack of what the others have. In such a situation, one state, inefficient, and with its financial system paralyzed, will have plenty of coal, but no food, while another having some food cannot distribute it because its railways have no coal.

All of which causes such general unemployment as to approach the danger point.

In the essentially Austrian lands, there is a condition of apathy. No one seems to have hope. The people wait and in Vienna make an attempt at gaiety. Of industry there is none. In Jugo-Slavia and in Czechoslovakia there is an entirely different psychology. These liberated people have faith in the future and are reaching out and struggling to build up prosperous nations, while the German-Austrian peoples drift along in an apathetic state, and the Hungarians live in a daze of proud resignation. Galicia and eastern Hungary, that have been taken over by Roumania, have become voiceless.

Doctor Taylor found the food shortage most serious in German Austria, where the people are on a very low daily ration with extremely short supplies in stock, or in sight. In Czechoslovakia there was sufficient food to carry the nation through the worst of the winter, but a shortage before the new harvest was inevitable.

Austria-Hungary—with fatalistic attitude—seemed unable to start reconstruction; not knowing and scarcely caring what became of them. Political bitterness and financial paralysis completed the picture.

Out of this chaos, as director general of the supreme council of supply and relief, Hoover must find some method for distributing American food-stuffs.

Feed Him Before He Faints.

For the new nations, the Czechoslovaks and the Poles and Jugo-Slavs, that have no money, the scheme for selling American foods on credit is simpler.

Should any emergency arise in these countries demanding the prompt distribution of food, it will be distributed on the principle of "feed him before he faints."

The communities or nations must pay. Where they have no money—and the new democracies have little or no money worth anything outside their own borders—the food commission will take over some commodity produced in the nation.

Some time must elapse before the Americans can trade with Austria even on the basis of getting money or its equivalent for every pound of American-bought food that is distributed, because Austria was one of the nations against which America declared war. Until the blockade is lifted American interests cannot trade with the Austrians—unless perchance the situation develops to a point where red tape must be cut to save the lives that otherwise would be lost on account of the inroads of famine.

While the peace conference was building up a machine to settle problems arising from a war-torn Europe,

FAMOUS YANK FLYERS



Capt. W. W. Shaufler (standing) and Lieutenant Tillman, son of the late Senator Tillman, in the observer's seat of a plane of the Ninetieth aero squadron, Seventy-ninth division, at Bethelville, France.

Poland, one of the new democracies, was suffering from lack of foods that could only be supplied from America.

Saved From Starvation.

Hoover sent Dr. Vernon Kellogg to investigate the situation. Kellogg reported "Poland must have immediate assistance from the outside world (which meant America) if the poorer inhabitants of the large cities and the unemployed workmen and children in the industrial centers were saved from starvation."

Under normal conditions, Poland is self-supporting, as regards food, but four and a half years of war had brought the nation to desperate straits. German looters stripped all machines of copper and belting. Scores of machines were wantonly destroyed. Tons of stuff were carried away by the Germans.

In all Poland, with its 4,000,000 people, the danger of starvation was a daily menace from December, when the peace conference started, until food from America arrived.

Take Security.

It is with such nations as Poland that Hoover has to deal. There was only one way to obtain some kind of compensation for American foods distributed. This "one way" entailed considerable risk when one thought in terms of millions of dollars. But millions—in the old war game were mere pawns in the gigantic enterprise of war. And in the first reconstruction days they had to be viewed from the same standpoint. The one just method, according to the Hoover policy, was to take some kind of security from the nations benefited by American supplies. Roumania had oil fields, which formed a basis of credit, if the world (America) sent food in time. The world needed oil, and Roumania needed food.

In Warsaw there was another kind of security; the woolen mills, which in peace times were among the finest in the world. Factories could not reopen, however, until the employees were fed. The population was weakened from hunger. "Feed the people; they in turn will feed the securities," was the Hoover policy. The first need has been met by a gift ship from America, but it is only a drop in the bucket.

Good for Three Weeks.

San Francisco.—Private Tim Murray for three weeks had nightly leave. He obtained a cow bell and each night mooed contentedly as he tramped slowly away from camp in the darkness.

Probates Wrong Will.

Milwaukee, Wis.—Gustav Kleemann assumed the court that he was very much alive after his will was probated. His wife's will should have been filed instead.

When Children are Sickly

are Constipated, Feverish, Cry out in their sleep, Take cold easily, Have Headaches, Stomach or Bowel trouble, Try

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN

They are pleasant to take and a certain relief. They act on the Stomach, Liver and Bowels and tend to correct intestinal disorders. 10,000 testimonials from mothers and friends of little ones telling of relief. No mother should be without a box of Mother Gray's Sweet Powders for use when needed. At Druggists. Ask to-day. The need of them often comes at inconvenient hours.

Used by Mothers for over thirty years.

Do Not Accept Any Substitute for MOTHER GRAY'S SWEET POWDERS.

Stock Raising in Western Canada
is as profitable as Grain Growing

In Western Canada Grain Growing is a profit maker. Raising Cattle, Sheep and Hogs brings certain success. It's easy to prosper where you can raise 20 to 45 lbs. of wheat to the acre and buy on easy terms.

Land at \$15 to \$30 Per Acre
—Good Grazing Land at Much Less.

Railway and Land Companies offer unusual inducements to homeseekers to settle in Western Canada and enjoy her prosperity. Loans made for the purchase of stock or other farming requirements can be had at low interest. The Governments of the Dominion and Provinces of Manitoba, Saskatchewan and Alberta extend every encouragement to the farmer and ranchman. You can obtain excellent land at low prices on easy terms, and get high prices for your grain, cattle, sheep and hogs—low taxes (none on some), free improvements, good markets and shipping facilities, free schools, churches, splendid climate and sure crops.

For illustrated literature, maps, description of lands for sale in Manitoba, Saskatchewan and Alberta, reduced railroad rates, etc., apply to Superintendent of Immigration, Ottawa, Canada, or

C. J. Broughton, Room 412, 112 W. Adams Street, Chicago, Ill.
M. V. MacLennan, 176 Jefferson Avenue, Detroit, Mich.
Canadian Government Agents

SPEECH APPEALED TO HIM

More or Less Good Reason Why Listener Considered It Great Oratorical Effort.

They are telling a good joke on Will Upshaw. He was up the other day, and was the interesting center of several groups of members who had heard of the "Prohibition Cyclone" of Georgia.

While talking in the lobby to one of these groups of forthcoming associates, Congressman Garrett of Houston, Tex., passed, after salutations.

"Did you ever hear Garrett speak?" asked Upshaw of the members of his group.

"Yes," they all chimed in.

"The most masterly address, the most beautiful, soul-stirring address I ever heard in all my life of association with great orators, fell from the lips of that great Texan and statesman one night at Dallas," said Upshaw.

"On what subject was Garrett speaking?" queried one of the party, rather interested.

"He was introducing me," replied Upshaw solemnly.—Atlanta Constitution.

His Change of Heart.

It seems, after all, that the kaiser is developing a pretty strong following in a most unexpected quarter. Russell Harker, a Big Rapids soldier, writes home in a vein suggesting the beginning of a change of attitude on his part which may in time go far:

"In Paris now; great city.

"Met a French maid; great girl.

"Took her to a cafe; great eats.

"Says she likes all Americans who fought in the war.

"God bless the kaiser." — Detroit News.

Isn't it queer how many idle friends an industrious man has?

Dare a man to do a thing, and if he's a fool he will attempt it.

No Table Drink Has Ever Taken The Place Of The Original POSTUM CEREAL

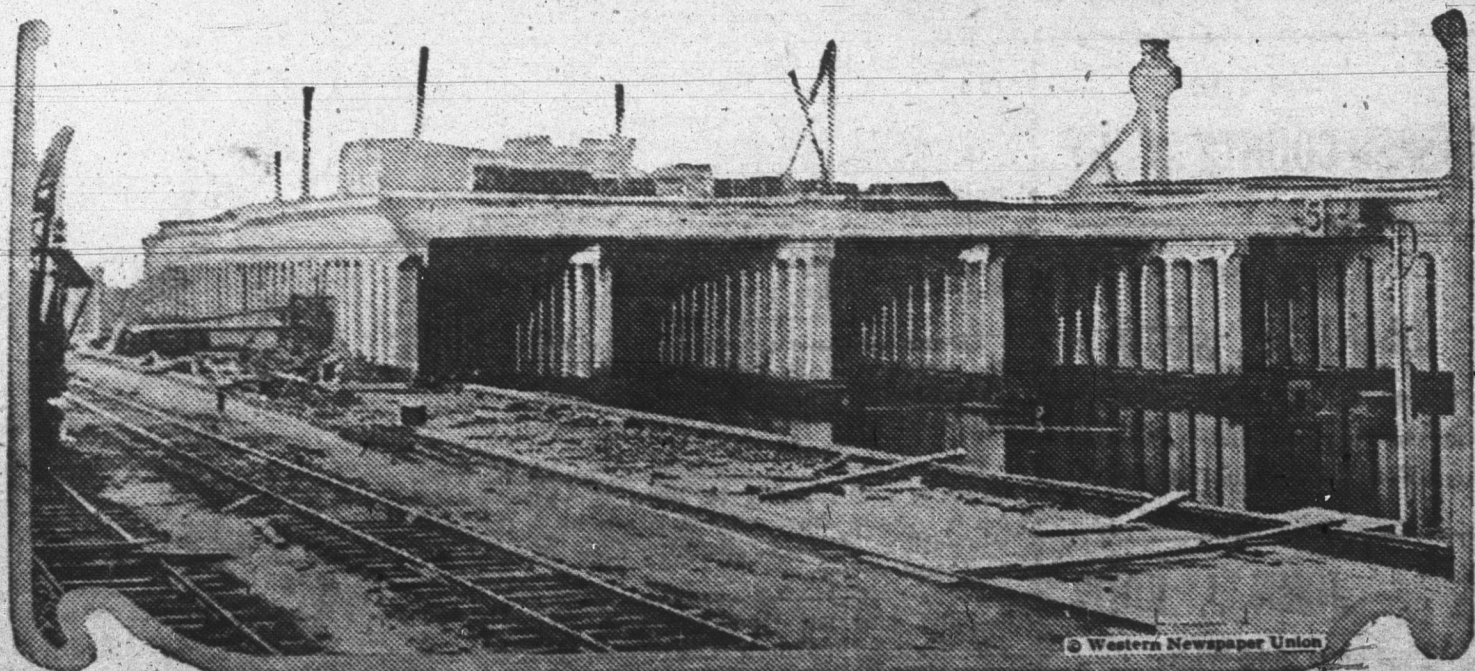
Boil just like coffee—15 minutes after boiling begins. Its delicious flavor, rich seal brown color and fine aroma make it such a satisfying cup that Postum is the ideal drink with meals for both children and grown people.

Used in place of coffee it provides a real health drink. Contains no drugs, no caffeine as does coffee; doesn't make you nervous, sleepless or fretful.

"There's a Reason"

At Grocers—two sizes 15c & 25c.

U-BOAT SHELTERS AT THE DOCKS OF BRUGES



German U-boat shelters built of concrete and steel, with roofs of enormous thickness for protection against allied airmen, at the docks of Bruges.