

IS EPILEPSY CONQUERED?
New York Physicians Have Many Cures to Their Credit.
New York, April 4.—Advices from every direction fully confirm previous reports that the remarkable treatment for epilepsy being administered by the consulting physicians of the Dr. Waterman Institute is achieving wonderful results. Old and stubborn cases have been greatly benefited and many patients claim to have been entirely cured.

Persons suffering from epilepsy should write at once to Dr. Waterman Institute, 122 East 25th st., Branch 63, New York, for a supply of the remedy, which is being distributed gratuitously.

"The heart is a small thing, but desirous great matters; it is not sufficient for a kite's dinner, yet the world is not sufficient for it.—Hugo.

USE ALLEN'S FOOT-EASE.
The Antiseptic powder to be shaken into the shoe for tired, aching feet. It takes the sting out of corns and bunions and makes walking a delight. Sold everywhere. No. 1000. For FREE package, address A. S. Olmsted, La Roy, N.Y.

What we are doing speaks with greater force than what we are saying.—Royston.

Household troubles; Headache, Tooth-ache, Earache, Stomach ache. Hamlin's Wizard Oil cures these aches and pains so why don't you keep a bottle in the house.

Men astonish themselves far more than they astonish their friends.

CHANGE IN WOMAN'S LIFE

Made Safe by Lydia E. Pinkham's Vegetable Compound.

Graniteville, Vt.—"I was passing through the Change of Life and suffered from nervousness and other annoying symptoms, and I can truly say that Lydia E. Pinkham's Vegetable Compound has proved worth mountains of gold to me, as it restored my health and strength. I never forgot to tell my friends what Lydia E. Pinkham's Vegetable Compound has done for me during this trying period. Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my trouble public, so you may publish this letter."—MRS. CHAS. BARCLAY, R.F.D., Graniteville, Vt.

No other medicine for woman's ills has received such wide-spread and unequalled endorsement. No other medicine we know of has such a record of cures as has Lydia E. Pinkham's Vegetable Compound.

For more than 30 years it has been curing woman's ills such as inflammation, ulceration, fibroid tumors, irregularities, periodic pains and nervous prostration, and it is unequalled for carrying women safely through the period of change of life.

Mrs. Pinkham, at Lynn, Mass., invites all sick women to write her for advice. Her advice is free, and always helpful.

The Army of Constipation

Is Growing Smaller Every Day.

CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief, but they permanently cure Constipation. Millions use them for Bloating, Indigestion, Sick Headache, Sallow Skin. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

Brentwood

*S. Carter's
Little Liver
Pills
Guaranteed
Cure
Constipation
Mild
Pills
for
Bloating
Indigestion
Sick Headache
Sallow Skin
Small Pill, Small Dose, Small Price
Genuine must bear Signature*

Don't Buy a Common Refrigerator

It will soon become a vile smelling disease breeding thing. Our free booklet tells why. Ask for it. Buy the Leonard Cleanable. Lined with real porcelain enamel on steel cast, all one piece. Not a crack or crevice for germs to hide. You can't break, scratch or dent it, easily cleaned if a chisel does not fit. It will not dent, scratch or break, cheese in the end. We sell where we have no dealer. Write today for catalog, booklet and free samples of the porcelain lining.

GRAND RAPIDS REFRIGERATOR CO., 153 City Park Avenue, Grand Rapids, Mich.

FAULTY METABOLISM AS A COMMON CAUSE OF DISEASE, is the subject discussed in Bulletin No. 1 of the Shafter Pathological Laboratory. The Shafter is sent free to all who will write for it to the Bureau of Health.

Address: John F. Shafter, M. D., 457 Penn Ave., Pittsburgh, Pa.

The Kidney Cure Without a Failure

The Positive Cure That Revolutionizes Treatment of Kidney Diseases, Rheumatism and Bladder Trouble.

These statements are not exaggerated. There is no necessity in doing so, because every man and woman suffering from kidney or bladder trouble, or rheumatism can prove it within hours by getting a free package of Dr. Derby's Kidney Pills at any drug store.



Dr. Derby's Kidney Pills are ahead of the times, the only kidney and bladder treatment that makes good its strongest statement. Get a free package at your druggist's and see if we have said a hundredth part of what these little wonder-workers do.

Now listen, sufferers, don't get excited. Just let me say all your present treatments for your kidney, back or bladder. If you have pain in the back, prostate or scanty urination, colored or foul urine, rheumatism anywhere, disease in the bladder or terrible Bright's disease, just wait a few days and take Dr. Derby's Kidney Pills at your druggist, and see the difference in yourself in 24 hours. If you think this is too good for you to believe, just ask your druggist for a sample package and try it. Remember, Dr. Derby's Kidney Pills—25 and 50 cents. We will send them from the laboratory of Derby Medicine Co., Eaton Rapids, Mich., if you wish. They are safe, guaranteed.

Traveling by Wheelbarrow.

"I must hasten on to Ping-Ying. This trip of 45 miles was to be undertaken, to our huge delight, in wheelbarrows, but in two days, with a Chinese inn for the night. Bishop Scott and I were on one barrow, Lanchester followed on the second, the luggage in a third. We did it luxuriously, with three men to each barrow—one in front, one behind on the handles, and a third with a rope in front of all.

"Are there springs to the barrow? Certainly not; it would be no fun if there were. Bumps? Of course. On the first day we calculated we had 25,000 of them; the best were caused by drops of six inches or more from one stone to another. I got quite used to them, and found I could sleep comfortably on my mattress."—Bishop Montgomery in Mission Field.

How He Averted a Duel.

The following is told of former Senator Joe Blackburn of Kentucky:

In the days of his youth the Kentuckian was asked by a friend to second him in a duel. He consented, and at sunrise the parties met at the appointed place. Now, it was this Kentuckian's duty to say the last words touching the terms of the duel.

But, although he faithfully performed this duty, the duel never took place. A murmur of "Why not?" invariably goes around whenever this story is told, whereupon the answer is as follows:

"For the very simple reason. When Joe finished speaking it was too dark for a duel."—Harper's Magazine.

Saving Trouble.

The husband of a fashionable woman, whose gowns are at once the admiration and despair of her feminine acquaintances, was discussing the cost of living with a friend at the Union League the other night.

"By the way," ventured the friend, "—er—don't you have a good deal of trouble keeping your wife dressed in the height of style?"

The woman's husband smiled and then shook his head, emphatically. "Oh, no," he said, "nothing to speak of. Nothing—noting to the trouble I'd have if I didn't."

COFFEE HEART
Very Plain in Some People.

A great many people go on suffering from annoying ailments for a long time before they can get their own consent to give up the indulgence from which their trouble arises.

A gentleman in Brooklyn describes his experience, as follows:

"I became satisfied some months ago that I owed the palpitation of the heart from which I suffered almost daily, to the use of coffee, (I had been a coffee drinker for 20 years) but I found it very hard to give up the beverage.

"One day I ran across a very sensible and straightforward presentation of the claims of Postum, and was so impressed thereby that I concluded to give it a trial.

"My experience with it was unsatisfactory till I learned how it ought to be prepared—by thorough boiling for not less than 15 or 20 minutes. After I learned that lesson there was no trouble.

"Postum proved to be a most palatable and satisfactory hot beverage, and I have used it ever since.

"The effect on my health has been most salutary. The heart palpitation from which I used to suffer so much, particularly after breakfast, has disappeared and I never have a return of it except when I dine or lunch away from home and drink the old kind of coffee because Postum is not served.

I find that Postum cheers and invigorates while it produces no harmful stimulation." Name given by Postum Co., Battle Creek, Mich.

Ten days' trial proves an eye opener to many.

Read the little book, "The Road to Wellville," in pigs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

WASHBOARD OF REAL VALUE

Will Lighten the Labors of the Worker or Whose Aim is That of Clean Linen.

Another invention to lighten the labors of the washwoman has been made. This is a washboard designed by an Ohio man and its advantage over the old style washboard lies in the fact that the front, or rubbing surface, is curved outwardly, thereby resulting in a great saving of "elbow



grease" on the part of the user. The board is made of a single sheet of metal, with its edges slitted and a shelf over the top.

The body portion, or rubbing portion, is convex, and roughened so that even a light pressure on clothing passed over it will give all the results of hard rubbing over the ordinary flat washboard with its corrugations. The outward curve of the new board fills out wet garments much better than a flat surface would do, and a wider surface of the garments is affected than on the old style board.

HUNGARIAN SOUR CREAM SOUP

How to Make it of Dried Lima Beans—Sweet Potato Pone is a Delicacy of the South.

A way of utilizing the dried lima beans which are one of our resources in winter is in the form of a sour cream soup, after the Hungarian fashion. Soak a pint of the beans over night, cook until soft, and mash through a sieve not too fine. Add enough water to make a quart of liquor when you have strained it. Season with salt, pepper, or paprika, if like, and stir in a cup of sour cream. It is very good and makes a nice way of using up the cream which is so regrettable a leftover in the eye of the economical housewife.

A southern delicacy is sweet potato pone, which should be better known in the north than it is. It is a substitute for Yorkshire pudding, and something more on its own account. Two large yams are to be pared and grated, mixed with half a pint of molasses, the latter having a pinch of soda dissolved in it, a pinch of salt, two table-spoonfuls of melted butter, a table-spoonful of flour and just a little ground spice. This is thoroughly mixed and is poured into a hot greased pan and baked very slowly until well done and quite brown. It can be eaten hot or cold.

Some time in preparing spinach try it in this way: Prepare as usual, but heap up each portion on a square of nicely made toast. On each little mound of the green slip buttered egg. The eggs are prepared thus: Heat your omelet pan and melt there-in a tablespoonful of butter. Slip in an egg and cook until the white is firm. Turn just once. Add butter, if necessary, to keep the egg from sticking.

Before serving the combination pour some good beef gravy around the toast.

Expert Cake Making.

To make cake delicious to taste—light, fine-grained, and delicate of crust—good sweet butter, strictly fresh eggs, the finest of granulated or powdered sugar, and the best of pastry flour are absolutely necessary. The operator, too, should be quick, accurate, and dainty in her work. As a rule the slow-motioned, careless and untidy worker does not succeed in making anything more than a very ordinary cake.—Harper's Bazaar.

Beef Stew.

Put in a kettle strips of pickled pork and ribs of beef, two onions, a bay leaf, carrot, clove of garlic, one brandy glass each of whisky and white wine, a pint of water. Season with salt, pepper, and paprika. Put cover on, cook slowly until done.

To Restore Scorched Linen.

Boil well half a pint of vinegar, half an ounce of soap, two ounces of Fuller's earth and the juice of a few onions. Spread this over the linen wherever it is scorched and leave it to dry; when dry wash the garment, and the scorch will have disappeared.

Muffins.

One cup milk, two cups flour, two eggs, one-half cup butter melted, two teaspoons baking powder, a pinch of salt; add butter last. Makes one dozen muffins.

Moths.

Powdered borax is excellent for keeping moths out of clothing and doesn't have the disagreeable odor of moth balls.

\$3.50 RECIPE CURES WEAK KIDNEYS, FREE

RELIEVES URINARY AND KIDNEY TROUBLES, BACKACHE, STRAINING, SWELLING, ETC.

Stops Pain in the Bladder, Kidneys and Back.

Wouldn't it be nice within a week or so to begin to say goodbye forever to the scalding, dribbling, straining, or too frequent passage of urine; the forehead and the back-of-the-head aches; the stitches and pains in the back; the growing muscle weakness; spots before the eyes; yellow skin; sluggish bowels; swollen eyelids or ankles; leg cramps; unnatural short breath; sleeplessness and the dependency?

I have a recipe for these troubles that you can depend on, and if you want to make a **QUICK RECOVERY**, you ought to write and get a copy of it. Many a doctor would charge you \$3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this: Dr. A. E. Robinson, K-250 Luck Building, Detroit, Mich., and I will send it by return mail in a plain envelope. As you will see when you get it, this recipe contains only pure, harmless remedies, but it has great healing and pain-conquering power.

It will quickly show its power once you use it, so I think you had better see what it is without delay. I will send you a copy free—you can use it and cure yourself at home.

Has Cardinal Gibbons' Approval. Cardinal Gibbons, the highest authority of the Roman Catholic church in America, has expressed his approval of Tuberculosis day, which is to be observed by the churches of the United States on or about April 30, and of the general organized anti-tuberculosis campaign, according to a report of an interview made public by the National Association for the Study and Prevention of Tuberculosis.

The interview was granted by his eminence to H. Wirt Steele, executive secretary of the Maryland Association for the Prevention and Relief of Tuberculosis, and Dr. Charles O'Donnell, one of the leading physicians of Baltimore. The cardinal expressed his entire sympathy with the plan of the Tuberculosis day movement and endorsed the program both of the Maryland association and of the national association.

SCALES ALL OVER HER BODY

"About three years ago I was affected by white scales on my knees and elbows. I consulted a doctor who treated me for ringworm. I saw no change and consulted a specialist and he claimed I had psoriasis. I continued treatments under him for about six months until I saw scales breaking out all over my body save my face. My scalp was affected, and my hair began to fall. I then changed doctors to no avail. I went to two hospitals and each wanted to make a study of the case and seemed unable to cure it or assure me of a cure. I tried several patent medicines and was finally advised by a friend who has used Cuticura on her children since their birth, to purchase the Cuticura Remedies. I purchased a cake of Soap, the Ointment and the Resolvent. After the first application the itching was allayed.

"I am still using the Soap and Ointment and now feel that none other is good enough for my skin. The psoriasis has disappeared and I everywhere feel better. My hands were so disfigured before using the Cuticura Remedies that I had to wear gloves all the time. Now my body and hands are looking fine." (Signed) Miss Sara Burnett, 2135 Fitzwater St., Philadelphia, Pa., Sept. 30, 1910.

Cuticura Soap (25c) and Cuticura Ointment (50c) are sold throughout the world. Send to Potter Drug & Chem. Corp., sole prop., 135 Columbus Ave., Boston, for free book on afflictions of the skin and scalp.

Every church preaches louder by its square dealing than by its high shouting.

Better general health is sure to follow the use of the natural Herb laxative, Garfield Syrup.

Think all you speak, but speak not all you think.—Delarem.

Up-Set Sick Feeling

that follows taking a dose of castor oil, salts or calomel, is about the worst you can endure—Ugh—it gives one the creeps. You don't have to have it—CASCARES move the bowels—tonic up the liver—without these bad feelings. Try them.

CASCARES are a box for a week's treatment, all druggists. Biggest seller in the world. Millions boxes a month.

5¢

BLONDE MAIL POUCH TOBACCO

5¢

BLONDE MAIL