

Have You Been Sick?

Perhaps you have had the grippe or a hard cold. You may be recovering from malaria or a slow fever; or possibly some of the children are just getting over the measles or whooping cough.

Are you recovering as fast as you should? Has not your old trouble left your blood full of impurities? And isn't this the reason you keep so poorly? Don't delay recovery longer but

Take

**Ayer's
Sarsaparilla**

It will remove all impurities from your blood. It is also a tonic of immense value. Give nature a little help at this time. Aid her by removing all the poisons of disease from your blood.

If your bowels are not just right, Ayer's Pills will make them so. Send for our book on Diet in Constitution.

Write to our Doctors.
We have the exclusive services of the most eminent physicians in the country. Write freely and receive a prompt reply, without cost.

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Lowell, Mass.

"A Perfect Type of the Highest Order of Excellence in Manufacture."

Walter Baker & Co.'s

**Breakfast
Cocoa**

Absolutely Pure,
Delicious,
Nutritious.

...Costs Less Than ONE CENT A CUP...

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WALTER BAKER & CO., LTD.

ESTABLISHED 1780.

**RADWAY'S
PILLS,**

Pure Vegetable, Mild and Delicate, Cure All Disorders of the STOMACH, LIVER, BOWELS,
SICK HEADACHE, B. LIQUORISH,
INDIGESTION, TORPID LIVER,
DIZZY FEELINGS, DYSPEPSIA.

One or two Pills, every day, taken daily by the subject to bilious pains and torpidity of the liver, will keep the system regular and secure healthy digestion

OBSERVE

The following symptoms resulting from Disease of the Digestive Organs: Constipation, flatulence, fullness, aches, heartburn, diarrhea of food, fullness or weight in the stomach, sour eructations, stinking of the bowels, etc., are removed by Radway's Pills. When in a lying posture, dimness of vision, dizziness, and dull pain in the head, tendency of perspiration, and the like, are removed by Radway's Pills. Headache, lumbago, and sudden flushed of heat, burning in the neck, are removed by Radway's Pills.

A few doses of RADWAY'S PILLS will free the system from all these disorders.

Price, 25 cents per box. Sold by druggists, dentists, and medical men.

RADWAY & CO., 55 Elm Street, New York.

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WINCHESTER LOADED
SHOT GUN SHELLS**

USED BY ALL THE CHAMPION SHOTS.
TELL—SEND NAME ON A POSTAL CARD,
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**With
SORE EYES Dr. ISAAC THOMPSON'S EYEWATER**

Three Happy Women.

Each Relieved of Periodic Pain and Backache. A Trio of Fervent Letters.

Before using Lydia E. Pinkham's Vegetable Compound, my health was gradually being undermined. I suffered until agony from painful menstruation, backache, pain on top of my head and ovarian trouble. I concluded to try Mrs. Pinkham's Compound, and found that it was all any woman needs who suffers with painful monthly periods. It entirely cured me.—Mrs. GORE, W. 23 Bank St., Cincinnati, O.

For years I had suffered with painful menstruation every month. At the beginning of the month it was impossible for me to stand up for five minutes. I felt so miserable. One day a Mrs. Pinkham's was thrown into my sight down and read it. I then got E. Pinkham's Vegetable Compound and can heartily say that to-day I feel like a new woman; the monthly suffering is a thing of the past.—Mrs. MARGARET ANDERSON, Lewiston, Me.

Lydia E. Pinkham's Vegetable Compound has cured me of painful menstruation and backache. The pain in my back was dreadful, and the agony I suffered during menstruation nearly drove me wild.

Now this is all over, thanks to Mrs. Pinkham's medicine and advice.—Mrs. CARRIE V. WILLIAMS, South Mills, N. C.

The great volume of testimony proves conclusively that Lydia E. Pinkham's Vegetable Compound is a safe, sure and almost infallible remedy in cases of irregularity, suppressed, excessive or painful monthly periods.

The present Mrs. Pinkham's experience in treating female ills is unparalleled, for years she worked side by side with Mrs. Lydia E. Pinkham, and for sometime past has had sole charge of the correspondence of her great business, treating by letter as many as a hundred thousand ailing women during a single year."

Lydia E. Pinkham's Vegetable Compound; A Woman's Remedy for Woman's ills

How to Tell a Good Banana.

When you are buying bananas never purchase the long thin ones unless you want fruit that will pucker your mouth. No matter how well ripened these thin bananas may appear to be, they will always be found both sour and acrid. This is because the bunch which contained them was picked too soon. The banana grows faster at first in length. When it has reached its full development in that direction, it suddenly begins to swell, and in a few days will double in girth. It is at the end of this time that it begins to ripen naturally, and the effort of the banana importer is to have the fruit gathered at the last possible moment, and yet before the ripening has progressed even enough to tinge the bright green of the fruit with yellow. A difference of 24 hours on the tree at this time will make a difference in the weight of the fruit of perhaps 25 per cent, and all the difference in its fine flavor, between a puckery sour and the sweetness and smoothness which are characteristic of the ripe fruit. To get the bananas in our market in good condition requires fast steamers, which must be provided with ventilation and other means of keeping the fruit from ripening too fast in the hold. Much of the finest fruit does ripen in the few days of passage, and this is sold to hucksters for street sale—Boston Traveler.

Growing Erect.

In the pictures by Gibson and others of that class depicting social life, it is remarked that the women are drawn sitting, with heads erect and splendid carriage, or standing in stately attitude, tall, graceful creatures, while the men almost invariably appear round-shouldered, hunched down in their chairs until they lose the benefit of their extra height, and often appear shorter than their well-poised companions. Why cannot the new man rise to his full height, either sitting or standing, and assume the splendid poise of the new woman? It may be the reason that the girls now are taller than they used to be, is that emphasizing all the height they have their stature increases. At all events this matter of the difference in carriage between most men and women has been remarked by the observant ones in our audiences this winter.—Boston Traveler.

A Bad Twist.

An Irish laborer, having overslept himself one morning, and in his hurry to get to work on time put his trousers on hind side before, arrived at the building on which he was working a little late, and hurriedly ascended the ladder. When about half way up he slipped and fell to the ground. A crowd of fellow laborers soon assembled and at once began to shout: "He's dead! He's dead!" But Mike, looking over him carefully and turning around, said, in a solemn tone: "No, he's not dead, but he got a bad twist!"

FELL FROM A SCAFFOLD.

From the Herald, Watertown, N. Y. John Young, of Le Roy, N. Y., is 27 years old and well known in the same neighborhood town. While putting on some weatherboards on a barn, standing on a scaffold twenty-two feet from the ground, he fell dizzy, lost his balance and fell to the ground. The ground was, face, arms and one entire side of his body, on which he struck, were badly bruised. Picked up and carried to the house, he was under a doctor's care for several weeks. The doctor finally came to the conclusion that his patient had received a stroke of paralysis and was unable to walk.

It is claimed that the dishonesty of coining 60 cents' worth of silver into twice as much money is too clear to require any argument.

The coinage has been made right along whether silver was worth 60, 70, 80, 90 or 100 cents per ounce.

It has always been dishonest, according to gold standard reasoning, to coin it at any higher rate than the market price.

This, of course, excludes the coining of the metal as an element in its value, and assumes that silver will be worth no more with the American mint open, thus creating an enormous demand for it, than it is now given an equal chance with gold. Wheat has not been kind to the Republican party. It comes down ker-plunk when for political purposes it ought really to have been sky high.—Washington (Ia.) Democrat.

Laying aside this palpable absurdity, there are a few simple questions we would like to propose:

First, if to lower the value of money below the gold level, or to coin silver at a rate above its market value in gold, is dishonest in America, it is not equally dishonest everywhere?

What, then, has the gold advocate to say of the action of Japan in reducing the weight of the gold yen one-half and establishing the gold standard on the basis of what has been called in this country a "50-cent" silver dollar? Have we heard any outcry from that source about the "dishonesty" of Japan?

Russia has acted in a similar way. She has reduced the weight of her gold coins so that the quantity of gold which formerly made ten rubles will now make fifteen. Have the gold men indulged in any denunciation of the "dishonesty" of such action on the part of Russia?—National Bimetallist.

All the elements necessary to give new life and richness to the blood and restore shattered nerves are contained, in a concentrated form, in the Vegetable Compound for Pale People. They are an unfailing specific for such diseases as locomotor atrophy, partial paralysis, St. Vitus' dance, sciatica, neuralgia, rheumatism, nervous headache, the after effects of the grippe, palpitation of the heart, pale and sallow complexions, all forms of weakness either in male or female.

Alger needs investigation and if the President's friendship for him is so great that he cannot order it and see that it is thorough and impartial, then he should call Congress in extra session at once and let that body appoint a committee in whom the country will have confidence.

There are ugly stories afloat, not only about political "pulls" having secured the appointment of incompetent men to positions of responsibility in the war department, but about influences being at work of a much more serious and disgraceful character. These should be searched into, and if there is any truth in them somebody should surely go to jail.

Alger is concealed enough to think that his perfidious strutting around the camp at Montauk Point for a few hours and talking loudly about what "I" will do is going to be accepted by the public as a thorough vindication of himself, and as a spectacle before which the hundreds of needless dead and the thousands of needlessly ill are bound to forget. If President McKinley agrees with him then there are breakers ahead for him and his party such as were not dreamed of when the war with Spain began.—New York Times.

The Silver Issue.

It is now so certain that the Democratic party at the election of 1900 will stand by the Chicago platform of 1896, and maintain it, that the refusal of the part of any local or State organizations of the party to distinctly approve of that platform would be worse than folly. Any one who advocates such a course—whether he prates of ignoring national questions and conciliating unfaithful leaders—must be desirous of Democratic defeat. He must wish to introduce discrepancy and confusion into our councils. He must desire to divide the party upon issues concerning which a national convention, and also our regular State convention of 1896, have announced their deliberations, and which declarations are as certain to be reaffirmed for future political contests as such political contests are to occur. He may utter such pretenses as he chooses of a desire to strengthen the party, but he must be aware that his policy would fatally impair.

Sham Investigation.

No wonder that a large per cent. of the investigating commission appointed by President McKinley would not consent to serve. When it is understood that the commissioners will have to pay their own expenses and that they will have no authority to summon, swear or examine witnesses, the disqualification of these appointed to serve is fully explained.

Behind the Democratic organization in every State stands a vast body of

ROTTES OF THE DAY

'TIS A DEMOCRATIC YEAR.

This is a Democratic year. Republicans fear it; Democrats know it. Republicans who are not apathetic are demoralized. Vermont and Maine have caused thrills of apprehension among the leaders of the grand old party. "Slain in the house of a friend" is the verdict of the mortality caused by the action of the voters in the two great citadels of Republican politics. Alger is too heavy a load. Hanna weighs on the party like an incubus. McKinley is blown about by every wind of doctrine and panic threatens to enrage.

Democrats will undoubtedly control the next House of Representatives.

The probable status of affairs may be tabulated as follows:

PRESENT HOUSE.	
Democrats	130
Populists	202
Fusionists	21
Silver party	3

Republican majority..... 47

PROBABLE NEXT HOUSE.

Democrats..... 167

Republicans..... 129

Fusion..... 26

Doubtful..... 32

Should the Republicans manage to elect every one in the doubtful list they would still have eighteen less than a majority in the House.

Reports from many districts now represent that the Republicans give the most flattering indications of Democratic success. Indeed, the members of the National Democratic Congressional Committee at Washington are highly pleased with the outlook and find that their most liberal estimate gives the Republicans but 134 members in the next House, thirty-five less than a majority.

Last winter when wheat was selling at \$1.40 a bushel hardly dared say wheat and silver. The Republicans laughed lustily and loudly. They still laugh, but it is out of the other end of their mouths. Wheat at 64 cents is not nearly as funny as at \$1.50. Wheat and silver do not travel together, according to the Republican theory, but you can't tell a thing about a Republican. They are all such jokers.

Last spring they had all the elections carried on the \$1.50 wheat deal. Democrats were despondent, but only temporarily, because anybody that knew enough to come in when it rained knew that wheat was high because of the unusual foreign demand and because Joe Lester had it cornered. Free silver had nothing to do with wheat last year. How is it now?

We are willing to concede that the price of wheat is regulated by supply and demand. Probably free silver or a single gold standard has nothing to do with it. We don't know and don't care. Wheat was high last winter because Wheat had none, and it is cheap now because it is plenty everywhere. Granting the proposition also proves the other, viz., that silver is cheap when not used and high when given an equal chance with gold. Wheat has not been kind to the Republican party. It comes down ker-plunk when for political purposes it ought really to have been sky high.—Chicago Record.

Iowa Democracy.

The Populists and Silver Republicans of Iowa endorsed the Democratic State ticket, and the probability of a triumph over the Administration party in the November election is very great. The platform of the National Democratic convention adopted at Chicago in 1896 was unequivocally reaffirmed, and the policy of free silver coining, without the consent of the government of Great Britain, was declared. The Populists also endorse the Democratic ticket, and the probability of a triumph over the Administration party in the November election is very great. The platform also endorses W. J. Bryan for leader in 1900, upholds the commencement of the war with Spain, and secures Secretary Alger and the national administration for the conduct of hospital and camps. The election in Iowa in 1896 went heavily for the McKinley electors, the Populists having declined to support the Democratic ticket. Last year, however, they united with the Democrats, and the Republican majority consequently fell to less than half. With the aid of the large contingent of Silver Republicans who have since joined them, our friends expect still better fortune this year.

New York Democracy.

When the Republicans realize that 60,000 critics of the administration have been mustered out of the army and sent all over the nation to their homes, then Republicans will become possessed of a very gloomy fact. Gloomy for the political, the money grabbers, the soldiers, the wives and the mothers of the heartless, impudent, incompetent and scheming Alger. But not gloomy for the people. For them the return of the soldiers is an event full of joy. The loved ones have been snatched from the perils of camp life, which have proved more disastrous than the rifies of the foe. And when these 90,000 soldiers tell the story of their sufferings what will the administration have to say in reply?

Surely the outlook of the Republicans is gloomy, and most surely the outlook for the Democrats is cheerful. cheerful because the soldiers are now safe; cheerful because the abuses existing in the army will be corrected; cheerful because the Republican boodle gang will be turned out of power and honest men put in their places. There will be no necessity for a speedy report of any investigating committee on the conduct of the war. The returned soldiers will give their report and the people will hear and heed it.—Chicago Daily News.

Maine Republicans.

Maine has returned Speaker Reed to Congress with a marked falling off in the Republican vote.

Lewellyn Powers was re-elected governor by a plurality of about 27,000, whereas two years ago he went into office with a plurality of 42,000. The decrease in the Republican vote is discouraging to the party in power and explanations and excuses are now in order. Reed's constituents showed a lack of interest in their candidate and the result was a decrease of 4,000 votes in his usual majority.

Analyzing the vote, it becomes apparent that the Republicans have lost 21 per cent, which is much more than the normal loss shown in an "off year."

Such a thing as a Democratic victory in Maine is not to be expected, but Democrats can find encouragement in the showing of the polls because it demonstrates that many thoughtful Republicans have become disgusted with the administration and have refused to give it the seal of their approval.

Horrors After the War.

If there was only a hull in the pain

ful proceedings and if there was only a promise of better management and results to come we would be patient, but there are no such signs describable in the cloud of privation and endurance that has been brought upon us by the war.

Such a hull in the pain for every man and every woman, for every child and every dog, for every horse and every mule, for every ox and every cow, for every pig and every hen, for every hen and every dog, for every hen and