

JOYS OF MATERNITY.

VIGOROUS MOTHERS AND STURDY CHILDREN ADMIRE.

Why so Many Women Are Childless—A Problem That Has Puzzled Physicians for Centuries.

Reproduction is a law of nature, and no picture of joy and happiness can equal that of the vigorous mother and her sturdy child.

Nature makes but few mistakes, and every thoughtful person must admit that a cause exists, why so many women are childless. The subject baffles the theories of physicians. Such cases are curable nine times out of ten, as evidenced by thousands of letters on file at Mrs. Pinkham's office. Many a darling baby owes its existence to Mrs. Pinkham's advice and the Vegetable Compound. This is not to be wondered at when such testimony as the following explains itself:

"I have taken three bottles of your Vegetable Compound, one package of Sanative Wash, one box of Liver Pills; and now I have a dear little babe four weeks old, and I am well. I have to thank you for this."

"I have spent \$200.00 for doctor's bills without obtaining any relief." For my sake I only spent \$5.00.

"I had been a victim of female troubles in their worst form; suffered untold agonies every month; had to stay in bed, and have poultices applied, and then could not stand the pain."

"My physician told me if I became pregnant I would die. I had bladder trouble, itching, backache, catarrh of the stomach, hysteria and heart trouble, fainting spells and leucorrhoea. Can you wonder that I sing the praises of a medicine that has cured me of all these ills?"—Mrs. Geo. C. KIRCHNER, 87 Belmont Ave., Brooklyn, N.Y.



Gladness Comes

With a better understanding of the transient nature of the many physical ills which vanish before proper efforts—gentle efforts—pleasant efforts—rightly directed. There is comfort in the knowledge that so many forms of sickness are not due to any actual disease, but simply to a constipated condition of the system which the pleasant fatigues of exercise of the body easily removes. That is why it is the only remedy with millions of families, and is everywhere esteemed so highly by all who value good health. Its beneficial effects are due to the fact, that it is the one remedy which promotes internal cleanliness, without debilitating the organs or weakening the body. It is therefore all important, in order to get its benefits, to refer to medical advice, and purchase, that you have the genuine article, which is manufactured by the California Fig Syrup Co. only, and sold by all reputable druggists.

If in the enjoyment of good health, and the system is regular, then laxatives or other remedies are not needed. If afflicted with any actual disease, one may be recommended to the most skillful physician, but in need of a laxative, the one should have the best, and with the well-informed over the Syrup of Figs stands highest, and is most largely used and gives most general satisfaction.

This button with a ten cent box of CASCARETS, CANDY CATHARTIC, the special cathartic and scraped copalum cure, sent FREE on receipt of five 2-cent stamps.

STERLING REMEDY COMPANY, Chicago, Montreal, Can., New York.

PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Syrup for Consumption. Use in time. Sold by druggists.

CONSUMPTION

PATENTS. TRADE-MARKS.

Examination and advice as to Patentability of inventions. See our INVENTOR'S GUIDE, on How to Get a Patent. Patrick O'Farrell, Washington, D.C.

PENSIONS, PATENTS, CLAIMS.

JOHN W. MORRIS, WASHINGTON, D.C.

Law Principal Examiner U. S. Patent Office.

3 yrs. in last war. 15 adjudicating claims, etc., etc.

KIDDER'S PASTILLES, by Mr. Stowell & Co., Charlestown, Mass.

AMATEUR SURGERY.

Hints as to the Care of Cyclists Who Meet with Injury.

It seldom happens, when a cyclist is thrown from his wheel or receives injuries by other means, that a surgeon can be had on call. It is, therefore, necessary that they should understand how to treat wounds which they or their companions receive. The up-to-date wheelmen are taking time by the forelock and ascertaining what measures should be taken to afford themselves temporary relief in case of injury on the road. Even a few minutes' delay when an artery has been severed may mean the death of the rider. The Society for Instruction in First Aid to the Injured, with headquarters in New York and branches in other cities, is turning its attention especially to instructing bicyclists in helping themselves or their fellow wheelmen in case of accident. Lectures will be given in the fall before cycling clubs, in which all forms of road injuries will be dealt with.

Here is a list of the most common accidents and brief instructions for immediate assistance. If carefully studied and promptly applied they may



A BICYCLE RELIEF CORPS.

be the means of saving many lives as well as of relieving much unnecessary agony.

Contusions are the simplest wounds made by falls and are usually disregarded by hardy wheelmen. The remedy is to bathe as soon as possible in alcohol and water, Pond's extract or laudanum. Anything containing alcohol will act efficaciously. The simplest falls are usually from inexperienced riding or from slipping on wet pavements.

Shock is a condition so common and so dangerous that its remedy must be kept constantly in mind. The action of the heart has been interfered with through the nerve centers and unless promptly attended to may produce grave consequences. The treatment consists in applying heat to the body as quickly as possible. Stimulants should be given in small quantities except in cases of injury to the head, when heat alone should be resorted to. The nearest house should be called on for hot wet towels. Sudden collisions between two wheels or between a wheel and some other object will nearly always produce some degree of shock.

Broken ribs are almost the invariable outcome where several riders, going at the top of their speed, fall one on top of the other. If, in this accident, the sufferer groans continually and has much difficulty in breathing, perhaps spitting a little blood at intervals, there is nothing to do but moisten his lips with liquor and carry him as gently as possible to the nearest hospital.

For simple fracture, where the bone is broken but does not protrude, there is no need to hurry. Give the patient a little stimulant and handle as little as possible until the surgeon arrives. For fracture of the collar bone, lay the patient flat on his back and keep him practically quiet; but if it is absolutely necessary to move him before the bone is set do not forget to put a large pad in the armpit and bind the arm to the side with the hand and forearm across the chest.

A broken arm or leg can readily be seen if it is a compound fracture. In this case little can be done but protect the wound from dirt and treat the patient the same as from shock, unless there be bleeding, when it should be treated as any other hemorrhage.

Dislocations should be kept wet in cool water until medical aid arrives.

Sprains, which are especially common for beginners, should be bathed in hot water if possible and kept perfectly quiet until bandaged. Cold water will also give relief.

CURRENT CONDENSATIONS.

The German parliament house was built with the money extorted from France after the war of 1871.

Nearly one-tenth of the deaths in Valparaiso are from pneumonia. In Bombay the deaths from the same disease are in the ratio of only twenty-six in 10,000.

It costs Great Britain \$20,000 to scrape the barnacles off the bottom of one of its big men-of-war and repaint it, and this has to be done twice a year in the case of nearly every vessel.

The most expensive thermometer in the world is in use at Johns Hopkins University. It is an absolutely correct instrument, with graduations on the glass so fine that it is necessary to use a microscope to read them. It is valued at \$10,000.

How Old are You?

You need not answer the question, madam, for in your case age is not counted by years. It will always be true that "a woman is as old as she looks." Nothing sets the seal of age so deeply upon woman's beauty as gray hair.

It is natural, therefore, that every woman is anxious to preserve her hair in all its original abundance and beauty; or, that being denied the crowning gift of beautiful hair, she longs to possess it. Nothing is easier than to attain to this gift or to preserve it, if already possessed. Ayer's Hair Vigor restores gray or faded hair to its original color. It does this by simply aiding nature, by supplying the nutrition necessary to health and growth.

There is no better preparation for the hair than

AYER'S HAIR VIGOR.

WIDE AT THE WAIST.

FASHION THIS SEASON SHOWS BIGGER BELT MEASURE.

A Risky Innovation Which Seems to Signify the Twelfth Century Cut of Gown-Puffs at the Shoulders Are to Be Retained.

Dame Fashion's Fancies.

New York correspondence:

FASHIONABLE waists will be bigger this year than ever before since the empire days. This is risky innovation, since we are not to adopt the empire style of dress, and seems to signify the twelfth century cut of gown.

No fashion is more beautiful, but the woman who adds two inches to her waist and does not change the modesty of her gown is going to look queer.

So most of us are going to look queer, for models of dresses are not being altered and dressmakers and tailors are merely increasing the waist measure. This will be enlarged, as they say, till women conform to the "rule of thumb," at least as to waist. This is the rule established after an exhaustive study of the perfect female form, and is, twice the thumb, once the wrist; twice the wrist, once the neck; twice the neck, once the waist. Most women are too big as to waist. Most women are too big as to waist, again too big as to neck, and then too small as to waist.

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