

What Primitive Man Ate.

Primitive man, wherever he was first cast, whether in one center or in more than one, must of necessity have found his food in the plant world. We cannot imagine him commencing his career learned in the arts of hunting, killing, and cooking the lower animals for food. Many infer from this circumstance that the argument in favor of the vegetarian practice is copied direct from nature, signed and delivered by her. Not quite so fast. There is one interposing barrier to the free acceptance of vegetarianism and act of conveyance of food from nature to man. Nature herself, of her own right royal will, makes for animals, herbivorous and carnivorous, one distinctive animal food; a secretion from the living animal organism, a fluid which is a standard food, meat and drink in one, the fluid known under the name of milk. Against absolute vegetarianism, then, we may fairly set up one exception derived from nature as the unerring guide. On observing the habits of animals we discover another natural fact. We find that animals of quite different natures, in respect to primitive selection of food, possess the power of changing their modes of feeding, and of passing over, as it were, from one class to another. This change is distinct but limited, and we must accept it with all its extension on the one side and with all its limitation on the other. The fruit-eating ape can be taught under privation to subsist on animal diet; a dog can, I believe, be taught to subsist on vegetable diet. But it would be as impossible to teach a sheep to eat flesh as it would be to make a lion feed on grass.—Dr. Richardson, in *Longman's Magazine*.

From the Ex-President of the New York State Senate.

STATE OF NEW YORK, SENATE CHAMBER, 1

ALBANY, March 11, 1866.

I have used ALLCOCK'S POROUS PLASTERS in my family for the past five years, and can truthfully say they are a valuable remedy and effect great cures. I would not be without them. I have in several instances given some to friends suffering with weak and lame backs, and they have invariably afforded certain and speedy relief. They cannot be too highly commended.

EDMUND L. PITTS.

Eaters of Quinine.

The quinine habit is gaining strength every day. Dizziness, that you hear innumerable people complaining of in these days, can be traced to excess in the use of quinine. The good effects, that it is nearly always certain of, are lost by excessive doses. Too much quinine will also produce congestion of the ear and vibration of the auditory nerve. The growing habit of taking quinine for neuralgia and other like ailments, without consulting a physician, is altogether reprehensible, and may lead to very serious results. Many cases of deafness are caused by overdoses and long-continued use of the drug.—*St. Louis Globe-Democrat*.

A "Put and Call."

This is a funny phrase to the uninitiated, but all the brokers understand it. They use it when a person gives a certain per cent for the option of buying or selling stock on a fixed day, at a price stated on the day the option is given.

It is often a serious operation to the dealer; but there is a more serious "put and call" than this: when you are "put" to be with a severe cold and your friends "call" a physician. Avoid all this by keeping in the house Dr. Pierce's Golden Medical Discovery. The great cure for pulmonary and blood diseases. Its action is marvelous. It cures the worst cough, whether acute, lingering, or chronic. For Weak Lungs, Spitting of Blood, Short Breath, Consumption, Night Sweats, and kindred affections it surpasses all other medicines.

Little Louise.

A teacher in one of our public schools had been much annoyed by truancy. The following is a note brought by one of her pupils after two weeks' absence:

"Louisa was absent Monday, please excuse her."

"Louisa was absent to-day, she had a sore throat."

"Louisa was absent Wednesday, she had a sore throat."

"Louisa was absent Thursday, she had a sore throat."

"Louisa was absent Friday, she had a sore throat."

"Read this over again for the next week."—*Harper's Bazaar*.

BOOM! BOOM!

Not Only from the Cannon's Mouth, but in Human Actions.

If there was ever a city fairly drenched, and soaked, in fact, with enthusiasm, that one is the Queen City of the West, or, as laid down on the maps, Cincinnati, G. The fact of the matter is, that at the present time the eyes of the world are directed upon that locality, as that is the site selected for the principal demonstration of the people of the Northwest commemorative of the settlement of the country in 1787-8. Within a hundred years the nature of the country has changed from untutored wildness to that of the highest stage of civilization, and the grand Centennial Exposition is given at that place by the descendants of the noble men and women who effected that change, in honor of the labors and sacrifices of those who have gone before. Magnificent as the Cincinnati Expositions were when comparatively local interests were concerned, they have been left in the shade by this one, to whose wheel the whole United States as a body has responded with a shoulder, and the one who can say in after years that he did not visit it will be looked upon as having missed his opportunity.

AMONG the policy-holders of a German life insurance company, the death-rate of medical men in 1887 was 11.53 per cent. above the total average. This was due to diseases of the respiratory organs, consumption, and infectious diseases. There was only one case of post-mortem poisoning out of 1,052 deaths.—*Arkansaw Traveler*.

It is all right to open a camp-meeting with a prayer, but you cannot open oysters that way.

"HAMLET" is a play for all time. It will never give up the ghost.—*Puck*.

Circulation of the Blood.

Before William Harvey discovered the circulation of the blood there was little known of its compounds or purpose. That there was such a fluid in the human system everybody knew, for it was made to flow by ruthless violence from the day that Cain tapped his brother on the head with a baseball club. To spill blood was the chief occupation of the human race for many centuries, and he was considered the greatest man who succeeded in spilling the greatest quantity. In fact, few seemed to know that blood was designed for any other purpose except to spill. No one suspected that it had any circulation to speak of until Harvey made the discovery. He not only advertised its immensity, but swore to it before a Justice of the Peace, and this custom, originating with Harvey, has been copied by modern newspapers quite generally. Every well equipped and properly conducted newspaper employs a Harvey to swear to its circulation.—*Texas Siftings*.

When They Leave Us.

The exodus of our bodily troubles is doubly welcome if their departure is unaccompanied by pain. It is the fault of the best of commendable cathartics, which act solely upon the bowels, that in operating they gripe and weaken these organs. Hostetter's Stomach Bitters produce a laxative effect, but neither cause pain nor weaken the abdominal region or the stomach. This is pre-eminently the alternative which a constipated, bilious or dyspeptic person should use, since a resort to it involves no bodily discomfort nor produces a violent reaction. The liver is aroused, the stomach benefited, and the habit of stool, especially, greatly improved by it. Fever andague rheumatism and many troubles are among the maladies for which recorded experience has proved it to be efficacious. It is a wholesome appetizer, and a far more reliable tranquilizer of the nerves than stomach-disturbing narcotics and sedatives.

Motion Ruled Out.

"Well," said the court reporter to his new assistant, "anything going on in court to-day?"

"Nothing much," said the new assistant.

"Business must be dull?"

"Very dull."

"But were no motions made?"

"One."

"Well, did the Judge entertain it?"

"No; ruled it out."

"Ruled out a motion! What was it?"

"One lawyer made a motion to throw an ink bottle at the head of another lawyer. Judge said it should not come before him, but said he would appoint two masters and a referee, and let the case be decided at the fair grounds. Case was taken under advisement by friends."—*New Orleans Picayune*.

"A Word to the Wise is Sufficient."

Catarrh is not simply an inconvenience, unpleasant to the sufferer and disgusting to others—it is an advanced outpost of approaching disease of worse type. Do not neglect its warning; it brings deadly evils in its train. Before it is too late, use Dr. Sage's Catarrh Remedy. It reaches the seat of the ailment, and is the only thing that will. You may dose yourself with quack medicines till it is too late—till the streamer becomes a resistless torrent. It is the matured invention of a scientific physician. "A word to the wise is sufficient."

The ass is not usually described as an eerie creature, but he is just the same.—*New Haven News*.

MANY men of many minds:

Many pills of various kinds:

But for a mild, effective, vegetable purgative you had better get Dr. Pierce's Pleasant Purgative Pellets. They cure sick headache, bilious headache, dizziness, constipation, indigestion, and bilious attacks. 25 cents a vial, by druggists.

NEVER allude to a dress maker as Miss Sew-and-sew.—*Bloomington Republican*.

Chronic Coughs and Colds,

And all diseases of the Throat and Lungs, can be cured by the use of Scott's Emulsion, as it contains the healing virtues of Cod Liver Oil and Hypophosphites in their fullest form. Is a beautiful creamy Emulsion, palatable as milk, easily digested, and can be taken by the most delicate. Please read: "I consider Scott's Emulsion the remedy par excellence in Tuberculous and Strumous Affections, to say nothing of ordinary colds and throat troubles."—W. R. S. CONNELL, M. D., Manchester, Ohio.

TO YOUNG men: It is better to be fast asleep than fast awake.—*Washington Critic*.

Moxie has created the greatest excitement as a beverage, in two years, ever witnessed, from the fact that it brings nervous, exhausted, overworked women to good powers of endurance in a few days; cures the appetite for liquors and tobacco at once, and has recovered a large number of cases of old, helpless paralysis as a food only.

OLD maids know what a miss spent life means.—*Washington Critic*.

One Fact

It worth a column of rhetoric, said an American statesman. It is a fact, established by the testimony of thousands of people, that Hood's Sarsaparilla does cure scrofula, salt rheum, and other diseases or affection's arising from impure state or low condition of the blood. It also overcomes that tired feeling, creates a good appetite, and gives strength to every part of the system. If you need a good blood purifier, tonic, or appetizer, try Hood's Sarsaparilla. It will do you good.

My daughter received much benefit from Hood's Sarsaparilla as an excellent tonic after a protracted attack of bronchial pneumonia. Rev. F. H. Adams New Hartford, Conn.

Hood's Sarsaparilla

Sold only by druggists. \$1; six for \$5. Prepared only by C. I. HOOD & CO., Apothecaries, Lowell, Mass.

100 Doses One Dollar

PISO'S CURE FOR CONSUMPTION

GOLD is worth \$100 per pound. Pettit's Eye Salve \$1.00, but is sold at 25 cents a box by dealers.

MENTION THIS PAPER WHEN WRITING TO ADVERTISERS.

TEXAS LAND 5,000,000 acres best agricultural and grazing land for sale Address: GODLEY & PORTER, Dallas, Texas.

OSGOOD U. S. Standard Scale.

Sent on trial. Freight paid. Fully Warranted.

3 TON \$35.

Other sizes proportionately low. Agents well paid. Mention this paper. Illustrated Catalogue.

OSGOOD & THOMPSON, Binghamton, N. Y.

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