

## SLEEPING WONDERS.

Feats Accomplished by Some Men While in the Arms of Morphine.

Sleep in most individuals lasts for the space of eight hours. Exceptions to this statement are numerous; whether these arise from duty or laziness we shall not venture to examine. Sir E. Codrington, the famous naval officer, when a midshipman, could watch on deck for nineteen hours; this left only five for sleep, which in his case was most profound—so profound that no noise was sufficiently strong to waken him; yet if the word "Signal" was whispered in his ear he awoke and was on deck instantly.

Reporters in the House of Commons require great exertions to keep themselves from sleeping. A few years ago a distinguished member of "the gentlemen in the gallery" took down a speech while he was sleeping. His statement rests on his oath. Calvin tells of a friend of his reading aloud to him while asleep. The organ of vision was alone active.

Coleridge, the dreaming philosopher, composed "Kubla Khan" (one of his poems) while fast asleep. Next morning he was sure there had been an acquisition to his literature, but was too negligent to write the stanzas. A few days afterward he attempted to recall the verses, but they had for the most part fled, and the poem as it now stands is but a fragment.

Every one knows that extreme fatigue induces sleep, and this in spite of surrounding relations, which in ordinary circumstances would hinder any one from resting. Previous to the shortening of the hours of work factory children frequently fell asleep while working at the machines, although well aware that they would incur severe punishment by doing so. The North American Indian at the stake of torture has been known to go to sleep on the least remission of agony, and will slumber until the fire is applied to awaken him.

It is on record that during the heat of the battle of the Nile some of the over fatigued boys fell asleep upon the deck, and during the attack upon Rangoon, in the Burmese war, the captain of one of the steam frigates most actively engaged, worn out by the excess of continued mental tension, fell asleep and remained perfectly unconscious for two hours, within a yard of his largest guns, which were being worked energetically the whole period.

Habit and time, place and circumstances, predispose us all to sleep. The celebrated pedestrian, Captain Barclay, when accomplishing his extraordinary feat of walking 1,000 miles in as many successive hours, obtained at last such a mastery over himself that he fell asleep the instant he lay down. The doctor's wife never hears the door bell during the night, although the noise is sufficient to rouse the weary husband; but should a child in the nursery cry, then the mother, oblivious to all other sounds, hears at once the infant's voice.

It is related that the Abbe Faria, who acquired notoriety through his power of inducing somnambulism, was accustomed merely to place his patient in an armchair, after telling him to shut his eyes and collect himself, and pronounce in a strong voice, "dormez," which was usually successful.

There seems to be no limit to the wonders displayed by man in sleeping. Condorcet, the mathematician, solved one of his most difficult problems while asleep—a problem, too, which puzzled him during his waking hours. A professor of theology in the University of Basle once wrote a sermon while asleep; he found it in his desk next morning. The preceding night he could not grapple with the subject as he desired, but the performance of his sleeping hours was quite satisfactory to him.

Jenny Lind was one of the most celebrated singers of her time. No one could rival her powers except a factory girl, who sang sometimes better than the famous Jenny. The girl could not attempt any difficult piece when awake, but when sleeping she sang so correctly, so like to the renowned artiste, that it was difficult to distinguish between their voices. On one occasion Mademoiselle Lind heard the girl, and even tested the accuracy of her powers by giving her a long and elaborate chromatic exercise. This the sleeping girl performed, much to the wonder of the famous Swedish singer.

## A Word to Early Risers.

A correspondent writes to inquire the meaning of the phrase, "Take Time by the forelock." Well, usually it means to get your work in on the combination. For Time's forelock yields—one turn to the right of opportunity and a forward push of courage. However, as a general rule, by the time the leisurely individual makes up his mind to try the combination, he discovers that old Father Time is either bald-headed or has that precious forelock of his pomaded closely to the scalp with the unguent of procrastination.

Very likely the philosopher responsible for the forelock combination was the one who originated the remark that "The early bird gets the worm." It would seem, from the way people take heed to the same, that they do not care to undergo the same affliction as the early bird. And they probably might certify this belief by adding "That some vermin are not vermin."

**Terrible Are the Ravages**  
Upon the system inflicted by diseases of the kidneys and bladder. They wreck the constitution more speedily in some cases than consumption and other maladies of a fatal pulmonary type. As you value your life, and a tendency to debility, and consequent inactivity of the renal organs, should you exercise every muscle and nerve in active into the vitally important secretory action of the kidneys with that salutary diuretic, Hood's Stomach Bitters. The proper degree of stimulation is imparted by it to the bladder also, when that organ is sluggish. With this timely check, Bright's disease, diabetes, catarrh of the bladder, and other kindred disorders, may be prevented. Liver complaint, constipation, nervous ailments, and rheumatism are likewise conquerable with this sovereign remedy. Against the effects of exposure in damp or otherwise inclement weather, it is a benign safeguard, and revives strength after undue fatigue.

## The Power of Napoleon.

In 1815 Vandamme said to Marshal Soult one day as they were ascending together the steps of the Tuilleries:

"My dear friend, that devil of a man (referring to the Emperor) exercises a fascination over me that I am unable to account for. It influences me to that degree that I, who fear neither God nor devil, am ready to tremble like a child when he approaches. He could make me pass through the eye of a needle, or cast myself in the fire for him."—*Cosmopolitan*.

## Jen'han Edwards' Achievements.

Jen'han Edwards acquired early renown as the greatest metaphysician in America, and as unsurpassed by any one in Europe. He commenced the reading of Latin when six years old. At ten he wrote a remarkable paper on the immortality of the soul. At the end of thirteen he entered Yale College, where he graduated four years later.

CLEVERNESS is a sort of genius for instrumentality. It is the brain of the hand.

## It's Always the Way.

"Didn't I tell you so?" said a gentleman to an acquaintance whom he chanced to meet on the street; "it's always the way." "What's always the way?" inquired a mutual friend of the two men, who happened along just then. "Why, just this," replied the first speaker; "you see Smith, here, the last time I met him he had one of the worst coughs you ever heard. He complained of a loss of appetite, of night-sweats, of low spirits and other unmistakable premonitory symptoms of consumption. I told him to get a supply of Dr. Pierce's Golden Medical Discovery at once. He did so, and look at him now! Did you ever see a healthier-looking man? The 'Discovery' has snatched thousands from consumptive's graves. I knew it would cure Smith. It's always the way."

WHEN the fierce tragedian cried, "What ho! there," the new super walked on the stage and asked what ho! he wanted.—*Texas Siftings*.

## She Broke the Engagement

Because she saw that he had ceased to love her. Her beauty had faded, her former high spirits had given place to a dull lassitude. What had caused this change? Functional derangement; she was suffering from those ailments peculiar to her sex. And so their two young lives drifted apart. How needless, how cruel! Had she taken Dr. Pierce's Favorite Prescription she might have been restored to health and happiness. If any lady reader of these lines is similarly afflicted, let her lose no time in procuring the "Favorite Prescription." It will give her a new lease of life. Sold by druggists, under a positive guarantee from the manufacturers of perfect satisfaction in every case, or money refunded. See guarantee on bottle wrapper.

THE entire assets of a recent bankrupt were nine children. The creditors acted magnanimously, and let him keep them.

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"I'll be round this way in a minute," as the second hand said to the pendulum.

## Prof. Loisette's Memory Discovery.

No doubt can be entertained about the value and genuineness of Prof. Loisette's Memory System, as it is so strongly recommended by Mark Twain, Mr. Proctor, Hon. W. W. Astor, Judah P. Benjamin, Dr. Buckley, and others. For full details send for Prof. L.'s prospectus, at 237 Fifth Ave., New York. From it the System is taught by correspondence quite as well as by personal instruction. Colleges near New York have secured his lectures. He has had 100 Columbia Law students, two classes of 200 each at Yale, 200 at Meriden, 250 at Norwich, 400 at Wellesley College, and 400 at University of Penn. We cannot conceive how a system could receive any higher endorsement.

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