

## THE FAMILY DOCTOR.

**HABITUAL CONSTIPATION.**—In the *British Medical Journal* Dr. J. Mortimer Granville offers three prescriptions which he claims are generally applicable to the treatment of all well recognized forms of habitual constipation. He sees three forms of the disease, one due to deficient peristaltic action, one due to deficient glandular secretion and one due to interruption of the habit of periodic evacuation. For the relief of the first form he prescribes:

R. Sodæ valerianatis.....gr. xxxvj.  
Tinctura nucis vomice.....m. lx.  
Tinctura capsici.....m. xlvij.  
Syrupus auranti.....oz. iss.  
Aqua.....ad oz. vi.  
M. Ft. mistura. Sig.—Tablespoonful in water half an hour before meals.

For the second form:  
R. Aluminis.....dr. iij.  
Tinctura quassia.....oz. j.  
Infusi quassia.....oz. vi.  
M. Sig.—Dessertspoonful after meals.

For the third form:  
R. Ammonis carb. atis.....dr. j.  
Tinctura valeriana.....oz. j.  
Aque camphore.....oz. v.  
M. Sig.—Take one ounce as directed on arising from bed.

Dr. Granville insists upon a regular hour for going to stool, at least to make an effort at evacuation. He proposes to establish in this way the normal habit, and thinks aperients in habitual constipation do no good.—*Druggists' Circular*.

**SCROFULA.**—This, in the past, was known as "King's Evil," probably from the fact that it prevailed in the families of royalty, among those who "fared sumptuously every day," or were the victims of a luxurious style of living. The name is derived from the Latin *scrofa*, "a sow," since it was long ago marked by an indolent swelling of the glands, particularly in the neck, followed by suppuration and breaking, in some instances running for a long time, because the supply of waste and putrid matters is still kept up by false habits of living, by a want of cleanliness, pure air and sunlight, the healing also proceeding slowly. From this fact, and many bad habits of living, the idea has prevailed among the ignorant, that these discharges are "running the life away," an idea too absurd to deserve a moment's thought. It may be that such half-created victims of sensuality may not live, even with all that nature can do by these discharges of putrid and poison matter, while a sudden check, this poison being thrown inward, would destroy life in a few hours; not only let this pass off, but urge its discharge by the use of poultices, or, far better, wet cloths, kept warm by bandages; and then direct attention to the removal of the causes, since such filthy suppurations are rarely, if ever, found among the Jews, or even blotches on the surface, or humors, or indeed in any non-pork-eating nation. The first cause to be removed is the use of the most diseased of all meats found on the tables of civilization, pork, and its concentrated filthiness—lard. Let the doubters carefully examine the entrails of the hog, the fat deposits, the neck, and see how many corrupt abscesses may be found in these fatty deposits, sometimes holding a quart of "matter," as dealers will assure you, if the hog is very fat and therefore very much diseased. To see, is to be convinced. Or, let them ask Moses, who was instructed by Jehovah, as seen in the eleventh chapter of Leviticus.

These victims at birth are "rickety," have large abdomens, joints, heads, flabby muscles, a clear skin filled with corruption, so filled and so slightly vitalized, that most of them, aside from a great deal of good nursing and training, will become consumptive.

To avoid this, let them be subjected to correct treatment, as well cared for as are our favorite horses by the intelligent expert, or as are the pugilists while being trained for an ignoble, disgraceful fight! Let them be put on to a bread and milk diet, with eggs, fruits, potatoes, using but little meats, and then only the lean, plain fish, the bread being the genuine article, not the impoverished fine flour product. Let them be kept clean by washings daily, if they are warm afterward, (salt may be added,) rubbed or brushed thoroughly. Let them be regular in their meals and in all respects, sleeping as much as possible. But above all, let them have an abundance of out-door exercise, as much air and sun as possible, well clad and fed, and kept out of school till they are vigorous.—*Dr. J. H. Hanaford*.

### HOUSEKEEPERS' HELPS.

**SOFT GINGER CAKE.**—One cup of molasses, one of fried meat gravy and boiling water, half and half, one teaspoonful of saleratus and one of ginger, flour enough to make a soft dough.

**COLD WATER CAKE.**—One cup of white sugar, two eggs, piece of butter half as big as an egg, seven table-spoonfuls of cold water, one cup of flour and a heaping teaspoonful of baking powder.

**PUFFS.**—Beat very light the yolks of six eggs; add one pint of milk, a pinch of salt; the whites of the eggs beaten to a froth, and flour enough to make the batter like thick cream. Bake in cups in a quick oven.

**MINNESOTA CORN BREAD.**—Two cups of flour and two of meal, one of sweet milk and one of sugar, one-half cup of molasses, a teaspoonful of salt and one of saleratus, put in round tin cans and steam one hour, then bake half an hour.

**CRUMPETS.**—Mix together one quart of sifted flour and two teaspoonfuls of good baking powder, and a little salt; then add two teaspoonfuls of melted butter and enough sweet milk to make a thin dough. Bake quickly in muffin tins or patty pans.

## AGRICULTURAL.

Things a Farmer Should Not Do.

A farmer should not break up more land than he can cultivate thoroughly; half-tilled land is always growing poorer, while well-tilled land is constantly improving. A thrifty and prudent farmer will not devote his sole attention to the improvement of certain fields on his farm, because the land is "easy to work at," and let other portions of his premises go uncultivated, and grow nothing but brush, bogs, briars and stones.

A farmer should never have more cattle, horses or other animal stock than he can keep in good order. An animal in good order at the beginning of winter is already half wintered. Nor should he let his cattle endure the chilling storms of winter in an open yard or field, while a few dollars expended would amply repay him in saving fodder, and afford her a greater amount of milk.

A farmer should never depend too much on his neighbors for what he can by careful management produce on his own land. He should not make it a common practice to either buy or beg fruit while he can plant trees and cultivate them on his own ground—nor annoy his neighbors by borrowing tools to work with, while he can make or buy them. "The borrower is servant to the lender."

### A Wonderful Discovery.

Consumptives and all, who suffer from any affection of the Throat and Lungs, can find a certain cure in Dr. King's New Discovery for Consumption. Thousands of permanent cures verify the truth of the statement. No medicine can show such a record of wonderful cures. Thousands of once hopeless sufferers now gratefully proclaim they owe their lives to this New Discovery. It will cost you nothing to give it a trial. Free Trial Bottles at F. B. Meyer's Drug Store. Large size \$1.00. Aug. 29-2

### BUCKLEN'S ARNICA SALVE.

The greatest medical wonder of the world. Warranted to speedily cure Burns, Bruises, Cuts, Ulcers, Salt Rheum, Fever Sores, Cancers, Piles, Chilblains, Colds, Tetter, Chapped Hands, and all skin eruptions, guaranteed to cure in every instance, or money refunded. 25 cents per box. For sale by F. B. MEYER.

### Very Remarkable Recovery.

Mr. Geo. V. Willing, of Manchester, Mich., writes: "My wife has been almost five years, so helpless that she could not turn over in the bed alone. She used two bottles of Electric Bitters, and is so much improved, that she is able now to do her own work."

Electric Bitters will do all that is claimed for them. Hundreds of testimonials attest their great curative powers. Only fifty cents a bottle at F. B. Meyer's. Aug. 29-2

### THE REMINGTON FAIR

Association this year have Two District Frots for the counties of Jasper, Benton, Newton and White; one, a three minute trot, and the other a two-year-old Colt trot. In the two-year old trot each Colt shall be named by the owner, and entry made not later than May 1, 1885, and shall pay at the time of entry \$5 00 to be added to the purse and divided. The purse will be divided into four parts. In the three-minute trot there shall be an entry fee also of \$5 00 to be added and divided. Entries to close the day before the race. Fair—September 1st, 2d and 3d.

H. W. SNYDER, Sec'y.

### A Walking Skeleton.

Mr. J. Springer, of Mechanicsburg, Pa., writes: "I was afflicted with lung and abscess on lungs, and reduced to a walking skeleton. Got a free trial bottle of Dr. King's New Discovery for Consumption, which did so much good that I bought a dollar bottle. After using three bottles, found myself once more a man, completely restored to health with a hearty appetite, and a gain in flesh of 48 lbs." Call at F. B. Meyer's Drug Store and get a free trial bottle of this certain cure for all Lung Diseases. Large bottles. \$1.00. 32-3

### An Answer Wanted.

Can any one bring us a case of Kidney or Liver Complaint that Electric Bitters will not speedily cure? We say they can not, as thousands of cases already permanently cured and who are daily recommending Electric Bitters, will prove Bright's disease, Diabetes, Weak Back, or any urinary complaint quickly cured. They purify the blood, regulate the bowels, and act directly on the diseased parts. Every bottle guaranteed. For sale at 50c, a bottle by F. B. Meyer. 1-30

### An Important Discovery.

The most important Discovery is that which brings the most good to the greatest number. Dr. King's New Discovery for Consumption, Coughs, and Colds, will preserve the health and save life, and is priceless boon to the afflicted. No remedy does it so positively cure Consumption, but Coughs, Bronchitis, Asthma, Hoarseness, and affections of the Throat, Oh yes

Lungs, yield at once to its wonderful curative powers. If you doubt this get a Trial Bottle Free, at F. B. Meyer's Drug store. 5-43

### These re Solid Facts.

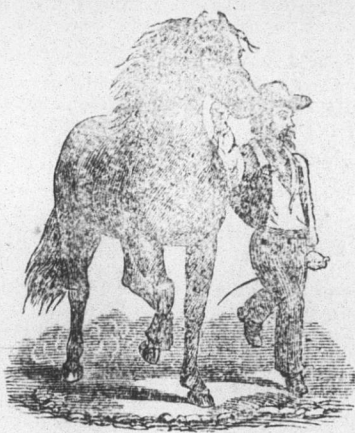
The best blood purifier and system regulator ever placed within the reach of suffering humanity, truly is Electric Bitters. Inactivity of the Liver, Biliousness, Jaundice, Constipation, Weak Kidneys, or any disease of the urinary organs, or whoever requires an appetizer, tonic or mild stimulant, will always find Electric Bitters the best and only certain cure known. They act surely, and quickly, every bottle guaranteed to give entire satisfaction or money refunded. Sold at Fifty cents a bottle by F. B. Meyer

### A Great Discovery.

Mr. William Thomas, of Newton, Ia., says: "My wife has been seriously affected with a cough for twenty-five years, and this spring more severely than ever before. She had used many remedies without relief, and being urged to try Dr. King's New Discovery, did so with most gratifying results. The first bottle relieved her very much, and the second bottle has absolutely cured her. She has not had so good health for thirty years." Trial Bottles Free at F. B. Meyer's Drug Store. Large size \$1.00. 35-6

### NEVER GIVE UP.

If you are suffering with low and depressed spirits, loss of appetite, general debility, disordered blood, weak constitution, headache, or any disease of a bilious nature, by all means procure a bottle of Electric Bitter. You will be surprised to see the rapid improvement that will follow; you will be inspired with new life; strength and activity will return; pain and misery will cease, and henceforth you will rejoice in the praise of Electric Bitters. Sold at fifty cents a bottle by F. B. Meyer. 35-6



I desire to call the attention of farmers and breeders of Norman Horses, that I now have two Stallions, equal, if not superior, to any in the county of the same blood.

### YOUNG DECIDUS.

Is four years old this coming June, is a grey roan, with black mane and tail, fine carriage, good action. Weighs 1500 pounds, and is a Norman.

### YOUNG EMPEROR N POLEON.

Is a half-blood, dapple grey. weight 1425 lbs.

They will stand for the season of 1885 as follows: Mondays and Tuesdays, at Mr. Robert Randle's, 9 miles north east of Rensselaer; Wednesdays, Thursdays and Fridays, at my place 2 1/2 miles west of Rensselaer; Saturdays Halloran's barn, in Rensselaer. T. J. Saylor.

### Notice to Non-Residents.

State of Indiana, ss: In Jasper Circuit Court, Jasper County, ss: June Term, 1885.

Samuel Reichenbach,

vs. James Low, Isabella Low, A. M. Everett and ———

Everett, his wife, Daniel E. H. Robert E. Jenkins and James A. Thornton.

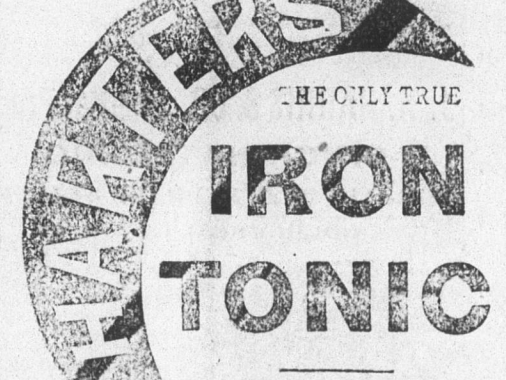
NOW comes the plaintiff, by C. F. Jouveant, his Attorneys, and files his complaint herein together with the affidavit of a competent person that said defendants James Low, Isabella Low, A. M. Everett and ——— Everett, his wife, Daniel Head and Robert E. Jenkins are necessary parties to the above entitled action, the object of which is to foreclose a mortgage, and are non-residents of the State of Indiana.

Notice is therefore hereby given said defendants that unless they be and appear on the first day of the next Term of the Jasper Circuit Court, to be held on the first Monday of June, A. D. 1885, at the Court House, in Rensselaer, in said County and State, and answer or demur to said complaint, the same will be heard and answered in their absence.

Witness my name and the seal of said Court, affixed at Rensselaer, this sixth day of April, A. D. 1885.

JAMES F. IRWIN, Clerk.

April 10, 1885...\$7.



FACTS REGARDING Dr. Hartner's Iron Tonic.

It will purify and enrich the BLOOD, regulate the LIVER and KIDNEYS, and RESTORE THE SYSTEM AND VIGOR OF YOUTH. In all those diseases requiring a certain and efficient TONIC, especially Dyspepsia, Want of Appetite, Indigestion, Lack of Strength, etc., its use is marked with immediate and wonderful results. Bones, muscles and nerves receive new force. Enlivens the mind and supplies Brain Power.

LADIES peculiar to their sex will find in DR. HARTNER'S IRON TONIC a safe and speedy cure. It gives a clear and healthy complexion. The strongest testimony to the value of Dr. Hartner's Iron Tonic is that frequent attempts at counterfeiting have only added to the popularity of the original. If you earnestly desire health, do not experiment—get the ORIGINAL AND BEST.

Send your address to The Dr. Hartner Med. Co., P. O. Box 100, Mr. for our "DREAM BOOK." (Full of strange and useful information, free.) DR. HARTNER'S IRON TONIC IS FOR SALE BY ALL DRUGGISTS AND DEALERS EVERYWHERE.

## TO ALL WHOM IT MAY CONCERN!

The undersigned will have on hand and for sale this spring,

APPLE, PEAR, & CHERRY

Trees, of the best standard varieties for this latitude. Also

RUSSIAN MULBERRY TREES, GRAPEVINES, AND

EVER-GREENS,

nice size for transplanting. Also

MAPLE, ASH, ELM AND CATALPA TREES,

for Shade and Ornamental purposes and for Groves, all of which will be sold at reasonable rates for spot CASH.

All persons wanting HEDGE PLANTS should give me their orders soon, and I will get the plants for them, as I do not keep them in stock. Thankful for past patronage, I ask a continuance of the same.

Yours, Respectfully,

JOHN COEN, Prop'r Rensselaer Nursery.

April 3, 1885.

NEW! ALL NEW!!

I would respectfully announce to the people of Jasper County that I have made arrangements to sell

FARM MACHINERY,

EMPIRE MOWERS, EMPIRE REAPERS

EMPIRE BINDERS, &c.

And will keep extras on hand at all times for the machines.—

I am also prepared to do

REPAIRING,

in the best and most workmanlike manner, and at the lowest possible rates.

WAGONS AND BUGGIES

repaired, and all other work usually done in that line.

NEW WAGONS AND BUGGIES

Made to order, and of the best material and workmanship.

Shop on Front Street, South of Citizens' Bank.

R. H. YEOMAN;

Rensselaer, Ind., March 27, 1885.

THOMAS J. FARDEN.

Boots, Shoes, Hats, Caps,

ASK FOR THE SOLID COMFORT EVERY PAIR WARRANTED FOR SALE BY THOMAS J. FARDEN, 3 Doors East of P. O. Rensselaer, Ind.

Gents' Furnishing Goods!

N WARNER SONS.

DEALERS IN

Hardware, Tinware,

Stoves

South Side Washington Street,

RENSSELAER, INDIANA.