

### What They Eat in Africa.

An African correspondent of *Food and Health*, speaking of the habits of the people and incidents, says:

Of course hunter's food, such as elephant foot, buffalo hump, sea cow, giraffe, and the hundreds of different kinds of deer that abound in various parts of the country are all more or less good eating, especially when you have a good supply of Dame Nature's sauce, hunger, on hand. I also found the coney or rock rabbit a fair dish, although too much like a large rat to look pleasant on the table. The natives of the country are not, as a rule, great meat eaters, living generally on corn (called there, mealies,) milk, pumpkins, and a sort of sugar cane, now and then going in for a feast of meat. I have often considered whether to this way of living may be ascribed the really wonderful manner in which they recover from wounds.

In the Zulu war I saw four persons wounded in the legs with bullets, one of them especially having received a bullet just below the knee, smashing all the bones, and leaving a hole that you could see through. The doctors said the only hope for any of them was amputation. This they refused to allow, and they would do nothing but pour cold water from time to time. When I last saw them all but the worst could walk alone, and his wound looked healthy, the bone having grown together, and knitted quite strongly. No white man could have lived without an operation. On the other hand, these men soon succumb to illness or disease.

### Valuable Hints.

When ice is required at night for a sick person, break it into small pieces, and if it be scarce and care must be taken to prevent its melting, put into a soup plate, cover with another plate, and put between two feather pillows.

Never wear a good woolen dress into the kitchen without the protection of a large apron.

No flannel that has not been carefully washed, and is not perfectly soft and fleecy, should ever touch the skin of an infant.

We never had any patience with a mother or nurse who would stick pins carelessly into her dress, collar, or ribbon, thereby inflicting painful wounds upon her innocent victim. Not a pin, excepting a safety pin, should be used about a child, and when buttons will perform the office of pins they should be made to do so.

To mothers, aunts, or sisters who do up the school luncheon for the youngsters, pray make it as attractive in appearance as possible. There is truly nothing very attractive about a thick piece of dry bread and butter and a cookie, all rolled in a piece of coarse brown paper, washed down by a drink from the cup that "goes the rounds." Such a luncheon will often impair the appetite of a fastidious or delicate child, and he will go without rather than eat it. A little care in the cutting of the bread; the doing up of the cookies or crullers in tissue or white paper; the sauce or custard put into a pretty cup, and all wrapped in a clean white napkin within a bright tin pail, or better still, a pretty lunch basket, will, by the pleasure it gives the child, well repay the extra care and thought.—*Rural New Yorker*.

### Too True, Too True.

Man that is married to woman is of many days and full of trouble. In the morning he draws his salary, and in the evening behold it is all gone. It is a tale that is told, it vanishes, and no one knoweth whither it goeth. He riseth up clothed in the chilly garments of the night and seeketh the somnolent paragon wherewith to heal the colicky bowels of his offspring. He imiteth the horse or ox, and draweth the chariot of his posterity. He spendeth his shillings in the purchase of fine linen and purple, to cover the bosom of his family, yet he himself is seen at the gates of the city with one suspender. He cometh forth as a flower, and is cut down. There is hope of a tree when it is cut down that the tender roots thereof will sprout again, but man goeth to his home, and what is he then? Yea, he is altogether wretched.

### WHAT FOR?

A boy and girl a sleighing went,  
And neither of them cared a cent  
How fast they rid,  
While on they slid—  
What for, and where!

The air was very cold and raw—  
The little boy, he froze his paw.  
Still on they sped  
In their little sled—  
What for, and where?

The little girl, so young and fair,  
Lost nearly all her golden hair.  
They went so fast,  
Their friends they passed—  
What for, and where!

The horse, of course, got badly scared,  
And run, and pitched, and kicked  
And reared,  
On went the pair—  
Now almost there—  
What for, and where?

The boy and girl were tumbled out—  
She sprained her ear he broke his  
snout—  
Then up they got,  
And off they sot—  
What for, and where?

For Levine's little candy store—  
To get some candy—Nothing more—  
They got it, too,  
And so may you—  
What for?

Why from 11 to 40 cents a pound;  
and our nice, sweet magnolians and  
delicious cream candies and choic-  
est goods, owing to a heterogeneous  
conglomeration of unforeseen  
difficulties, at prices to suit all.

HENRI LEVINO, Proprietor  
Levine's Candy Factory, Rensselaer  
Indiana.

### Showcases for Sale.

One 8 ft. case, square, nickel  
plated, with rack.

One 8 ft. case, oval front, nickel  
mountings.

One 4 ft. cigar case, oval front,  
nickel mountings.

These cases will be sold at very  
low figures for cash.

I have also a 12 ft. counter,  
pair of scales, dozen and a half  
candy jars, tobacco knife, cigar  
cutter and a cigar lighter which  
I will sell at a bargain. Prices  
given on application.

M. O. CISCHEL,  
RENSSELAER, IND., Feb. 7, 1884.

### CALL AND SETTLE.

All persons knowing themselves to  
be indebted to the undersigned, are  
hereby notified that all accounts  
must be settled within thirty days  
from January 1st 1884, or they will be  
placed in the hands of an attorney  
for collection. I must have my  
money to carry on my business. I  
mean what I say and no foolishness.  
J. J. KIELBASO.

Services of the Free Will Baptist  
congregation will be held in the  
Presbyterian church, Rensselaer, on  
the second and fourth Sabbaths of  
each month. Covenant meeting on  
Saturday before fourth Sabbath of  
each month at 2 p. m. Sabbath ser-  
vices will begin at 10:30 a. m.

M. C. MINER, Pastor.

### EVERYBODY'S DOCTOR.

BY ROBERT A. GUNN, M. D.

Everybody's Doctor contains 684  
octavo pages, and is printed on fine  
paper and handsomely bound. It is  
sold at the low price of three (\$3.00)  
dollars a copy, so as to bring it  
within the reach of all.

The work differs from all other  
books on Domestic Medicine in hav-  
ing the diseases systematically ar-  
ranged, according to their classifica-  
tion. Everything is described in the  
plainest possible language, and the  
prescriptions are written out in plain  
English, so that they can be employ-  
ed by any intelligent reader.

Druggists will find the book of  
great advantage in aiding them to  
give advice when asked to do so.

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tion in it that will prove valuable to  
themselves and their patients.

Teachers will be better prepared for  
the performance of their duties in the  
school room by studying it.

Parents will find it a reliable advi-  
sor in every thing relating to the rear-  
ing of their children.

Every family can save fifty times  
the price of the book every year, by  
consulting it.

It is complete in all its parts, and  
is the most recent book of the kind  
published.

The book will be sent free by mail  
or express on receipt of three dollars.

Who says it is unhealthy to sleep  
in feathers? Look at the spring  
chickens and see how tough it is.—  
Scientific American.

A New Jersey man has been put in  
Jail for having fourteen wives. Must  
be a great relief to him.—*Burlington  
Free Press*.

NICKLES PUBLISHING CO.,  
Send for Circular 29 Ann St.  
Agents Wanted, New York City.

### NOTICE OF ASSIGNMENT.

Notice is hereby given that William T. Per-  
kins has made a general assignment  
of all his property to me in trust for  
the benefit of all his bona fide credi-  
tors, that I have accepted same trust,  
given the required bond, and that the  
same has been approved by the  
Court, this 17th day of January, A. D.  
1884. EZRA C. NOWELS,  
Mordecai F. Chitcott, [Trustee.  
Att'y for Trustee.  
January 18, 1884.

### Down they go!

The Bottom Knocked Out  
of Prices of Con-  
fectionery!

In order to close out my entire  
stock of confectionery I will sell  
stick candy at 10 cts. per lb.

Mixed, 10 cts. per lb.

Fancy, including caramels, choc-  
olates, burnt almonds, burnt pean-  
uts, blackberries, raspberries,  
kisses, peppermint, wintergreen,  
lemon, cinnamon, licorice and gum  
drops, 15 cts. per lb.

Penny goods at proportionate  
rates.

Figs, 15 cts. per lb.

M. O. CISCHEL,  
RENSSELAER, IND., Feb. 7, 1884.

### SCIENTIFIC MISCELLANY.

M. TOUSSANT finds that the virus of  
tuberculosis retains its power under con-  
ditions which completely destroy the  
germs of other contagious maladies.

IN EXPERIMENTS with the electric light  
in night military operations, made at  
Chatham, England, bodies of men were  
discovered at a distance of more than  
1,000 yards.

THE horn of a rhinoceros, when cut  
through the middle, is said to exhibit on  
each side the rude figure of a man, the  
outlines being marked by small white  
strokes.

VARIOUS cases of poisoning from the  
use of perfumes have been reported.  
In one instance some heliotrope per-  
fume applied to the face of a little girl  
produced an erysipelas which lasted for a  
long time. It was found on investigation  
that the scent was not made with the  
odoriferous principles of plants, but with  
some of the products of coal-tar.

THOMAS and LUGEL recently exhibited  
an apparatus for measuring the rapidity  
of growth of a plant. The plant itself  
is connected with an index which ad-  
vances visibly and constantly, exhibiting  
the growth on a scale fifty times magni-  
fied. When the index is connected with  
an electric hammer, the current of which  
is interrupted as the index passes over  
the divisions of the circle, the growth of  
the plant becomes not only visible, but  
also audible to the ear. In this way it is  
now possible, literally, to "hear the  
grass grow."

MR. MURBRIDGE, the eminent San  
Francisco photographer, has exhibited  
his photographic marvels of Prof. Marey  
in Paris. He is now able to take a pho-  
tograph in the hundredth part of a second.  
During a clown's leap he obtained six  
photographs, showing different positions.  
By means of an improved zoetrope, he  
projects such figures on a screen, thus  
exhibiting the motions of a clown in his  
somersaults, a horse at gallop, a hare  
coursing and even birds at flight, etc.—  
the pictures of the various positions as  
they pass in rapid succession across the  
screen, uniting to form the living figures.

M. PLANTÉ has succeeded in engraving  
on glass by means of electricity.  
The process is as follows: The glass is  
laid in a horizontal position, and covered  
with a concentrated solution of nitrate of  
potash, the liquid being retained by a  
shallow vessel in which the glass is  
placed. A platinum wire is dipped in a  
horizontal position in the solution along  
the edges of the glass. The wire is at-  
tached to one of the poles of a secondary  
battery of fifty to sixty elements. The  
lines are traced by hand with the point  
of an insulated platinum wire, connected  
with the other pole of the battery. The  
parts of the glass covered with the  
alkaline solution become engraved with  
lines, however rapidly this is moved, the  
thickness of the lines varying with the  
thickness of the wire. The current  
from either pole may be used in the  
writing wire.

"It is a marvelous circumstance,"  
says Dr. Brainerd, "that the black  
man of Australia should have dropped  
upon the same narcotic principle (nico-  
tine) as the red man of America." Pituri  
is a plant of Central Australia, not far  
removed from the tobacco plant. The  
leaves of the plant are chewed by the  
Aborigines, who trade with it extensively.  
Chemical analysis shows that the alkaloid  
in which the peculiar poisonous prop-  
erties depend is nicotine, the same sub-  
stance to which tobacco owes its effects.  
Pituri is eagerly sought by the native  
Aborigines, not for the purpose of ex-  
citing their courage or combativeness,  
but to procure a dreamy, voluptuous  
sensation, such as is experienced by the  
opium eater. It is often taken by the  
natives on their long marches to deaden  
the craving of hunger and to support  
them under excessive fatigue.

### Water.

Water is so common that few persons  
think of it as the most important factor  
in the building up and civilization of the  
world. The rocks were mud and sand  
made by water and laid down by it, one  
kind on top of another. Coal, made of  
plants, was covered up by water, so that  
the rotten plants were kept there and  
changed to coal. Veins of lead, copper,  
gold, silver and crystals, were cracks in  
the rocks, filled with water that had  
these precious things dissolved in it.  
And water, as ice (glaciers), ground up  
rocks into earth, in which plants can  
grow, the sea and streams helping to do  
the work. Water builds plants, and  
animals, too. Three-quarters of what  
they are made of is water. When you  
pay twenty cents for a peck of potatoes  
you are really paying fifteen of the cents  
for the water that is in the potatoes. A  
boy who weighs eighty pounds, if per-  
fectly dried up, would only weigh twenty  
pounds. And there could be no potatoes  
or boy without water. It must dissolve  
things to make them into new things; and  
it carries them where they are wanted  
to build the new things. It softens food,  
and then as watery blood carries the  
food to every part of the body to make  
new flesh and bones, that we grow and  
have strength. It carries the plant's  
food up into the plant. Water carries  
man and goods in boats, and as steam,  
drives the cars. It makes the wheels go  
in the factories. It is a great worker,  
and we could not get along without it.  
It makes much of the beauty in the  
world.

IN THE clothing house: "I want a  
bang-up, common sense suit. One that'll  
be dressy and not too good for busi-  
ness."

"That's just the cheese. Every way  
equal to custom made. Nobody'll notice  
the difference, and a third less in price.  
Same thing made up would cost you—"

"H'm; yes. How much have I got  
to pay for an overcoat to match?"

"I can sell you an overcoat. There,  
ain't that a daisy? Silk lined, for \$—to  
you, you know."

"Got any of them thirty-seven cent  
suspenders left. I'm coming all to  
pieces?"

Dealer does him up a pair in a hurry,  
and forgets to ask him to call again.—  
*New Haven Register*.

A MANUSCRIPT treatise by Copernicus  
has been discovered in the Stockholm  
Observatory.

### New Life

is given by using BROWN'S  
IRON BITTERS. In the  
Winter it strengthens and  
warms the system; in the  
Spring it enriches the blood  
and conquers disease; in the  
Summer it gives tone to the  
nerves and digestive organs;  
in the Fall it enables the  
system to stand the shock  
of sudden changes.

In no way can disease be  
so surely prevented as by  
keeping the system in per-  
fect condition. BROWN'S  
IRON BITTERS ensures per-  
fect health through the  
changing seasons, it disarms  
the danger from impure  
water and miasmatic air,  
and it prevents Consump-  
tion, Kidney and Liver Dis-  
ease, &c.

H. S. Berlin, Esq., of the  
well-known firm of H. S.  
Berlin & Co., Attorneys, Le  
Droit Building, Washing-  
ton, D. C., writes, Dec. 5th,  
1881:

Gentlemen: I take pleas-  
ure in stating that I have used  
Brown's Iron Bitters for ma-  
laria and nervous troubles,  
caused by overwork, with  
excellent results.

Beware of imitations.  
Ask for BROWN'S IRON BIT-  
TERS, and insist on hav-  
ing it. Don't be imposed on  
with something recom-  
mended as "just as good."  
The genuine is made only  
by the Brown Chemical Co.  
Baltimore, Md.

### THOUSANDS SAY SO.

Mr. T. W. Atkins, Girard, Kansas  
writes: "I never hesitate to recom-  
mend your Electric Bitters to my cus-  
tomers, they give entire satisfaction  
and are rapid sellers." Electric Bitters  
are the purest and best medicine  
known and will positively cure Kid-  
ney and Liver complaints. Purify  
the blood and regulate the bowels.—  
No family can afford to be without  
them. They will save hundreds of  
dollars in doctor's bills every year.—  
Sold at fifty cents a bottle by F. B.  
Leaming.

## R. P. BENJAMIN,

Having purchased the stand of F. L. Cotton, will keep  
constantly on hand a full and complete supply of

# Lumber, Lath, Shingles, Windows, Doors, Sash, Etc., HARD & SOFT COAL.

My stock has been bought for cash, and I can offer super-  
ior inducements to cash buyers. Please call before going  
elsewhere.  
Rensselaer Ind., Dec. 7, 1883.

## NEW STYLE.

We would most respectfully announce that we now have a  
complete line in new styles of

## FURNITURE,

Parlor and Chamber sets Cottage sets, Walnut and common  
beds, Mattresses and Springs, Book Cases, Ward robes, Bu-  
reaux, Marble and wood top stands and Tables, Easy Chairs  
Cane-seat and wood chairs, Kitchen furniture, Safes, &c.—

## PICTURE FRAMES,

Carpets, Floor and Table cloths, Rugs, Ottomans, Foot-rests,  
Window-shades, Queensware, Table and Pocket cutlery  
Plated Spoons, and many NOVELTIES on our

### 5 CENT COUNTER.

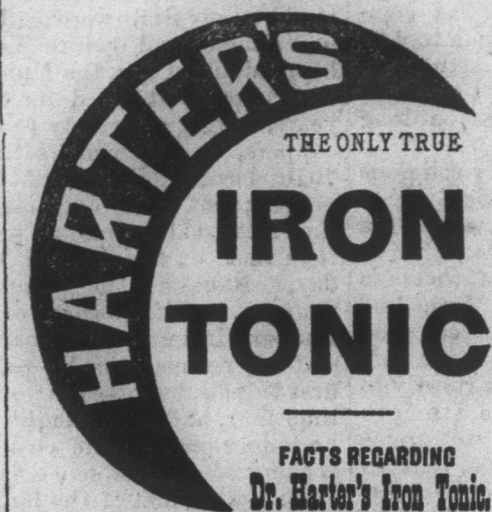
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Our Undertaking Department is complete. We carry  
the best stock to be found in the county, Metallic, Draped,  
Walnut and White Caskets, all sizes and prices. Nice stock  
of Burial Robes. No charge for Hearse.

F. J. SEARS & SON, Opposite Court House.

### THESE ARE SOLID FACTS.

The best blood purifier and system reg-  
ulator ever placed within the reach of suf-  
fering humanity, truly is Electric Bitters.  
Inactivity of the Liver, Biliousness, Jaun-  
dice, Constipation, Weak Kidneys, or any  
disease of the urinary organs, or whenever  
requires an appetizer, tonic or mild stim-  
ulant, will always find Electric Bitters  
the best and only certain cura known.—  
They act surely and quickly, every bottle  
guaranteed to give entire satisfaction or  
money refunded. Sold at fifty cents a  
bottle by F. B. Leaming.



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THE ONLY TRUE

FACTS REGARDING  
Dr. Harter's Iron Tonic

It will purify and enrich the BLOOD, regulate  
the LIVER and KIDNEYS, cure the  
HEALTH and VIGOR OF THE SYSTEM. In all those  
diseases requiring a certain and efficient TONIC,  
especially Dyspepsia, Want of Appetite, Indiges-  
tion, Lack of Strength, etc., its use is marked  
with immediate and wonderful results. Bones,  
muscles and nerves receive new force. Enriches  
the mind and supplies Brain Power.

**LADIES** suffering from all complaints  
peculiar to their sex will find in  
DR. HARTER'S IRON TONIC a safe and speedy  
cure. It gives a clear and healthy complexion.  
The strongest testimony to the value of Dr.  
HARTER'S IRON TONIC is that frequent attempts  
at counterfeiting have only added to the popu-  
larity of the original. If you earnestly desire health  
do not experiment—get the ORIGINAL AND BEST.  
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Known to Men of Fame and Science for Removing  
ALL IMPURITIES OF THE BLOOD.  
Acknowledged a Great, Pleasant, and Efficient Cure for  
CONSTIPATION, Dull face, heaviness,  
DYSPEPSIA, known by irregular appe-  
tite, sour belching, weight  
and tenderness at pit of stomach, drowsiness,  
LIVER Complaint, Biliousness, Melancholia, Chills and  
Fever, causing soreness in back and side,  
also bottom of ribs; weariness, irritability,  
tongue coated, skin yellow, hot and cold sen-  
sations, eyes dull, dry cough, stifled and obstructed  
feeling, irregular pulse, bad colored stools  
before eyes, urine dark or light red deposit;  
APOPLEXY, Epilepsy, Paralysis, dim  
vision, burning, stinging, bearing down  
sensations, frequent desire to urinate, uneasiness,  
inflamed eyes, dark circles, thick, red deposits  
on eyelids, severe pains, fluttering or weight near  
heart, more so on moving quickly and  
when lying on left side, out of breath, etc., etc.

**HEADACHE** dull or sharp pains in temples,  
brow, eyes or head; faintness, nausea.  
Brow-ache caused by watery fluid. Rheuma-  
tism, &c., by uric acid in blood. Bowel Dis-  
orders by corrupt matter. Worms by the taste  
within. Colds by chills, or by secretion of  
SWAYNE'S PILLS, by gentle action, remove  
the cause, making a permanent cure. Sent by mail for  
25 cents box of 30 Pills, 6 boxes, \$1.00. (No postage  
stamp) Address, DR. SWAYNE & SON,  
Philadelphia, Pa. Sold by Druggists.

THE SENTINEL, in addition to its  
superiority, is moreover an Indiana Pa-  
per, devoted to and especially represent-  
ing Indiana's interests, political and other-  
wise, as no foreign paper will or can do  
and ought, therefore, to have preference  
over the papers of other States, and we  
ask Democrats to bear this in mind, and

## THE INDIANA STATE SENTINEL

1883. FOR THE YEAR 1884.

An uncompromising enemy of Mon-  
opolies in whatever form appearing, and  
especially to the spirit of monopoly as em-  
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THE SENTINEL is the recognized  
leading Democratic newspaper of the  
State. Many new and approved fea-  
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ials on every subject, political or social  
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tuality, literary, miscellany, and in its  
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by any paper circulated in the State. It  
will be particularly adapted to the fam-  
ily circle. No thinking man in the State  
can afford to do without the Weekly Sen-  
tinel, at the small cost at which it is fur-  
nished.

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superiority, is moreover an Indiana Pa-  
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wise, as no foreign paper will or can do  
and ought, therefore, to have preference  
over the papers of other States, and we  
ask Democrats to bear this in mind, and

SELECT THEIR OWN STATE PAPER

When they come to take up subscrip-  
tions and make up clubs.

### THE IMPENDING CONFLICT.

The recent elections have revealed po-  
litical conditions which will, without  
doubt, make the Presidential election  
next fall the greatest political conflict of  
our history. It is due to truth to say  
that the conditions show us such that  
each party may reasonably believe that  
it can succeed by a mighty effort.

Here in Indiana, as in '76 and '80  
be enacted a mighty struggle.

The corrupt party which has been for  
nearly a generation fattening upon a  
plunder, and will go from its long po-  
session of a Canaan flowing with  
milk and honey of spoils, only when  
has exhausted its utmost resources.  
The Country is no stranger to the  
character and variety of means brought  
into requisition where Republican mo-  
nopolists, bosses and plunderers unite  
to make an effort.

Fellow Democrats, there are con-  
ditions upon which we may reasonably  
reason a probable success. These con-  
ditions, and therefore the only ones, are  
united and great effort. EVERY SHOW-  
ER TO THE WHEEL!

Even now the conflict is in the air.  
The Sentinel will contribute its best ef-  
fort to the end of a grand Democratic  
victory.

Its work can be best done when a we-  
lly visitor to every Democratic home  
hence we ask to become such a visit-  
and add that now is the time for every  
Democrat in the State to subscribe to  
the Sentinel.

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Safe to take, being purely vegetable, no grip-  
ing. Price 25 cts. All Druggists.

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Solely Established 1897! A regular Physi-  
cian. Cures all Private, Nervous, Blood, Skin  
and all other diseases from Youthful Impurities, e.  
Loss of Manhood, Marriage Impediments, and all  
Sexual Diseases. Call or write full symptoms.  
Prescription and medicine free. Treatment com-  
pensation, safe, scientific. Medicine sent everywhere.