

Independence Now Easier For the Elderly

Carefully planned kitchens with special strength-saving designs and devices are making it possible for many of the 9½ million women who are over 65 years old and the 10 million who are physically handicapped to lead their own lives. Without such housekeeping helps, many more of these women would have to depend on someone else to make homes for them.

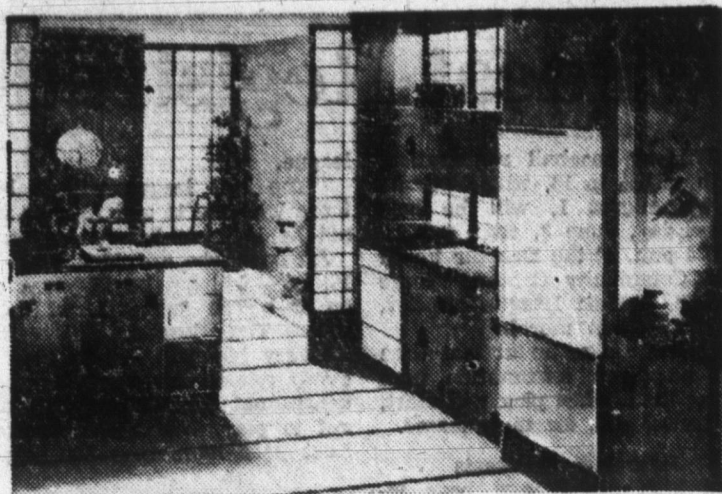
One of the major work-saving devices is an electric dishwasher. It eliminates one of the most tiring of the day-in, day-out, stand-up jobs. It also contributes to good health by sanitizing the dishes.

Washing dishes by hand can take up to an hour a day—or even more, depending on how many dishes there are and how carefully they're washed. Loading an automatic dishwasher takes only a few minutes. The most convenient type of automatic dishwasher for an elderly or handicapped person is a front-loading model. It can be either a built-in unit or a portable model that rolls to the sink for use. Most front-loading portables can be converted to permanently installed built-ins.

For homemakers in wheelchairs, the Institute of Physical Medicine and Rehabilitation at New York University-Bellevue Medical Center suggests having a built-in dishwasher raised on a platform for easy loading from a sitting position.

Blend With Every Decor

New Refrigerator-Freezers Suit Any Kind of Kitchen



MODERN REFRIGERATOR-FREEZER blends perfectly with ancient Japanese motif of this new kitchen.

A good kitchen is not just a showplace, although it can be that, too. No matter what the decor—quaint, cute, austere or oriental—a kitchen needs to be carefully planned and well equipped if it is to function as an efficient control center of family life.

The kitchen shown in the photo above is both efficient and attractive. It has been planned to make "homework" easier for the housewife. It is also a room guests will gather in because it's so handsome.

One feature that makes this a

good working kitchen is the large electric refrigerator-freezer, situated near both the cooking center (far left) and the clean-up area (just left of refrigerator-freezer).

With its straight, clean lines and uncluttered design, a new refrigerator-freezer like this blends well with any decor. Here it complements an oriental motif. And, although it has a large capacity for both fresh and frozen foods, it does not dominate the kitchen. It does contribute considerably, however, to the kitchen's efficiency.

Cool Hostess Cooks Today For Tomorrow

Having a patio party in the midst of a heat wave? Then look to your refrigerator-freezer for help, says Mrs. Jeanne Owen, director of the Wine and Food Society of New York and noted cookbook author.

Mrs. Owen, a native of France who is thoroughly versed in fine French wines and the exquisite French cuisine, advises American homemakers to avoid elaborate menus that will keep them in the kitchen at party time.

"Plan a simple menu, do all your shopping and basic food preparation before the day of the party. If you have one of the roomy new electric refrigerator-freezers, you can trust it to keep everything at top quality," she advises.

Here is Jeanne Owen's own recipe for a main dish, which should be made the day before the party and kept in the refrigerator until serving time.

Chicken and Ham Ring
2 cups finely chopped cooked chicken
¾ cup finely chopped boiled ham
1 cup soft bread crumbs moistened in milk
½ cup heavy cream
3 egg yolks
2 egg whites beaten stiff
Salt and pepper to taste
Dash of cayenne pepper

Mix meat, cream, bread crumbs and egg yolks. Add salt, pepper and cayenne, mix thoroughly and fold in beaten egg whites. Smooth into a 10-inch ring mold, making sure to leave room at the top for mousse to rise a little. Cover top of mold with buttered or oiled paper and set in a pan of hot water, being careful that water does not reach top of mold. Bake in slow oven—300-325°—for 20 to 30 minutes, or until set. Keep your eye on it while cooking, as it will be dry if cooked too long, Mrs. Owen warns. Allow to cool, then run knife around edges and invert on platter. Chill in refrigerator overnight.

A thin mayonnaise sauce is good with this mousse. Mrs. Owen makes mayonnaise with light oil and thins it with cream. A chilled Chablis wine is excellent with this meal.

Subtle Beams Divide Areas

Architects are utilizing subtle details in home building design to create dividers in open area homes to separate one use area from another.

One of the most interesting uses of this technique has been developed by William Fletcher, an architect who uses the exposed post and beam timbers to divide a long living room so that the dining room is subtly separated from the living room end.

Fletcher has designed the post and beams so that they protrude a few inches into the room as upright posts—and he has also exposed the beam across the ceiling about two inches. In this delicate way he has given the dining room end of the living area a definitive boundary.

One thing Fletcher does with his exposed wood members is to make sure they are finished as attractively as possible. He generally uses either west coast hemlock or Douglas fir beams generally about six inches wide, and he finishes them naturally with a clear plastic or varnish to retain the natural coloring of the woods and the interesting patterns of growth rings.

Concealed metal clips are used to install plastic-finished Marlite planks over old walls.

Home Office Deductible, Expert Says

Many homeowners realized a substantial tax deduction on their recently completed income tax forms by taking credit for expenses incurred providing and maintaining a home office, according to Robert Huff, home improvement director for the manufacturer of Marlite paneling.

Huff points out that the job may be either full or part time and it makes no difference whether you work for yourself or for an employer.

The home improvement expert gives these guidelines for tax deductions on a home office:

1. You can charge off that part of your actual operating expenses that pays for the space used for work purposes.

2. You can deduct a portion of your home's operating expenses such as utilities and telephone.

3. You can deduct annual depreciation on all major items used in your work, such as office equipment and furniture.

Huff says that homeowners find the basement an ideal spot for a home office, but others are converting an upstairs bedroom or a seldom-used sun porch. These improvements can be done quickly because modern paneling, such as Marlite woodgrain planks can be put up right over old walls.

No finishing is necessary. These plastic-finished hardwood planks can be damp-wiped clean; never need refinishing. Marlite paneling is available at local lumber dealers.

Ceiling Block Comes In Patterns

Washable Marlite ceiling block now is available at local lumber dealers in two interesting patterns—gold lace and nugget.

These 16" square blocks of plastic-finished hardwood can be installed right over old, cracked ceilings. Adhesive and concealed metal clips are used to secure a strong bond.

Marlite ceiling block has a smooth, plastic finish. A sudsy cloth will remove dirt and stains. Grease from a range can be wiped off, too, making the blocks ideal for kitchen installations.

In addition to the two new patterns, Marlite ceiling block is available in white and parchment.

Wood Paneling Will Accent Neutral Walls

Don't forget that wood is a color, too!

The high-fidelity tones of a handsome woodgrain paneling might well be all you need to accent neutral walls in a distinctive living room treatment, according to Robert Huff, home improvement director for Marlite paneling.

Yellow and orange accessories, which give a bright accent to the walls, complete the unusual decorative treatment.

Huff points out that 16"x8" Marlite woodgrain planks can be installed right over existing walls. Home handymen can do the job, utilizing detailed instruction sheets provided with each package of paneling.

Maintenance is reduced to the minimum with this plastic-finished hardwood paneling, which can be cleaned with a damp or sudsy cloth. Refinishing is never necessary.

Hooray! Defrosting's Doomed

Summer is the time for new crops—and new crops, whether babies, brides or new green beans, usually call for additional refrigerator space.

One of the most insidious space stealers is the frost that forms in freezer compartments. Besides stealing space, it hides labels and locks in cube trays and food packages.

But lucky is the lady who has one of the new free-of-frost electric refrigerator-freezers. In the



CHECK THE DIFFERENCE— If your frozen food compartment looks like the one at top, it's time to shop for a new electric refrigerator-freezer. Below is the freezer section of a new model with plenty of room for lots of ice and quantities of food. Best of all, it never has to be defrosted.

first place, she never, never has to defrost. In the second place, ice cube trays and all the frozen food containers always can be lifted out of the freezer with ease. And, with no frost, freezer capacity never diminishes, as it does when layers of frost start to form.

This means the new electric refrigerator-freezers that never have to be defrosted give full value. Although they may not take up more floor space than the old, thick-walled units, the new ones with thinner, more efficient insulation have much more storage space—for both fresh and frozen foods. And they keep food deep-frozen, not just barely frozen as the early ice-cube compartments did.

Grained Panels Ease Ceiling Care

End washing and repainting woes by covering old ceilings with factory-finished woodgrained Masonite panels or Marlite tone, which looks like travertine marble, suggests the Home Service Bureau. A quick wiping with a damp sponge keeps them in prime condition. Both woodgrains and the Marbletone pattern lend themselves to beam treatment, too, for extra-special appearance.

A good-looking and functional cutting board for the sewing enthusiast can be fashioned by sawing a piece of predecorated Marlite hardwood to size.

New Bath Gets Mural Treatment

One of the most effective new bathroom decorating plans combines a distinctive mural panel in the tub-shower area with handsome woodgrain paneling on the main walls.

The gold-on-white mural panel provides a neat contrast with the rich tones of the woodgrain paneling. This plastic-finished hardboard paneling, which is called Marlite, is available at local lumber dealers.

Fit Back Wall
Mural panels are 5' wide, ideal for the back wall of a tub-shower recess. Matching white panels are available for the end wall. Gold-anodized moldings are used to complete the tub-shower installation.

Like all Marlite paneling, the murals are applied with awl-board adhesive. They can be secured to any solid backing.

Woodgrain planks of this plastic-finished hardboard material are 16"x8". They can be put up right over old walls, or attached to new framing if a divider wall is to be constructed.

Damp-Wipe Clean
This plastic-finished hardboard is highly resistant to heat, moisture and stains. Dirt, cosmetics and other stains can be removed with a damp-wiping. Periodic decorating is eliminated with this paneling, which does not require painting or refinishing.

Local lumber dealers carry Marlite wall and ceiling paneling, which comes with detailed instructions in each package.

Early American Decor Popular For New Kitchen

To create an Early American decor in a modernized kitchen, consider using woodgrain paneling on the main walls and accent this with brick textures at key points.

For instance, some homeowners are including a fireplace in a remodeled kitchen. A roaster in this hearth permits year-round barbecues.

Woodgrain paneling is practical today. Local lumber dealers have plastic-finished Marlite woodgrain planks, which resist heat and stains. This plastic-finished hardboard paneling can be damp-wiped clean; never needs refinishing.

Easy-to-handle Marlite planks can be put up over old walls, or over framing if a divider wall is to be included in the remodeling plans. Matching moldings are available, too.

If the kitchen is large enough, build an "island" that doubles as a food preparation center and dining area. Children like such a layout because they can sit on stools for their meals.

Appliances can be built into the walls if a major renovation is planned. Built-ins conserve space, of course, and provide a more spacious layout.

Without Frost

No Chipping No Scraping, Just Washing

Now that many of the new electric refrigerator-freezers need no defrosting at all, it takes only a few minutes of simple sudsing to clean them instead of hours of chipping, scraping, waiting and mopping.

The best time, according to the Cleanliness Bureau, is just before your weekly market day, when you have used up odds and ends and discarded useless left-



EASY TO CLEAN— Maximum storage space that needs minimum care marks the new electric refrigerator-freezers. Aluminum front panels of this roomy storage door can be removed, sudsed, and replaced easily.

overs. The best method, says the Cleanliness Bureau, is this:

1. Take out all food and other contents, including shelves, crispers, meat compartments, egg drawers, and other removable parts.

2. Wash interior, including door and its storage compartments and gasket, with sponge or cloth wrung out in warm soap or detergent suds. Clean corners and crevices with sudsy pastry or percolator brush.

3. Rinse with clear water mixed with three tablespoons of baking soda.

4. Wipe with clean dish towel.

5. Wash all removable parts at sink, using soap or detergent and a stiff brush for wire racks. Don't use boiling water on glass parts or plastic, but rinse all parts in warm or almost-hot water. Wipe dry and replace.

6. Wipe off "dew" clinging to jars and other food containers before replacing them.

7. Wash outside of refrigerator-freezer with damp sudsy cloth, then a clean damp cloth, and wipe dry. Don't use abrasive cleaners. Exterior may be waxed to give it a glow.

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