

Cites Importance Of Good Breakfast

County Leaders Are Guests At Breakfast

A good breakfast of fruit juice, cereal, milk, eggs, bread and butter.

Wonder Drugs

To assure your rapid recovery from a serious illness, your Doctor may prescribe one of the potent new "wonder" drugs. It is important that such prescriptions be compounded precisely as directed.

At this professional pharmacy, you are assured skilled service, ample stocks and uniformly fair prices.



HOLTHOUSE DRUG CO.

ter is a must to keep blood sugar up all morning and prevent the lack of concentration, poor muscle control, and pangs of hunger that occur when you miss breakfast," Miss Lois Folk, home demonstration agent, said this morning at a breakfast for county leaders to emphasize the importance of "Food comes first" week.

The breakfast, sponsored by the Adams county Farm Bureau, entertained various city and county leaders from Berne and Decatur. One out of five primary age children and neighboring townships, get no breakfast, and 60% of the homemakers skip the first teenagers get none, while 50% meal of the day, Miss Folk said.

Of 7,363 children tested in a Chicago school, 72% were eating an inadequate diet. While adolescent boys get a poor diet, teenage girls usually have the worst eating habits, Miss Folk pointed out.

"You should receive one-quarter

to one-half of your total day's nutrients at breakfast," she continued. "This will be spent as energy through the day, while snacks that you eat after supper will only go to fat," she warned.

Breakfast is also the most economical meal, with eggs the most expensive item of the morning diet.

Attending the meeting were Louis Jacobs, president of the Decatur Chamber of Commerce, Mrs. Arthur Koeneman, assistant women's leader for the county Farm Bureau; Mrs. Edgar Gerbers, county Farm Bureau women's leader; Mrs. Noah Habegger, of Berne; Forrest Tucker, of the Farm Bureau Co-op and Berne Lions club; and Harvey Lehman, county Farm Bureau president.

Provide Benefits To Disabled's Dependents

Beginning this month, dependents of disabled workers 50 to 60 years old may also apply for social security monthly payments if they apply immediately. Christian H. W. Luecke, manager of the Fort Wayne social security district office, said today.

Due to amendments effective this September, monthly payments may now go to children under 18; disabled children over 18 if disabled before 18; a wife 62 years or older, dependent husband 65 or older; wife under 62 years if she cares for a child eligible for payments.

Payments cannot start until filed. If you work under social security for the required time, monthly payments can go to you at the age of 50. When your payments start, they can also go to dependent family members. Apply as soon as possible," Luecke advised.

The Rev. A. A. Fenner of Zion Lutheran church (Friedheim) will speak on "Seek Ye the Peace of the Country" in the 8 a.m. devotions. Ernest Kalthoff is principal of the school.

St. John's Lutheran church on route 27 north, will hold its prayer for peace service at 8:15 a.m. The Rev. Edwin A. H. Jacob will use the text Proverbs 16, 7. William E. Uffelmann is the principal.

F. C. Schmiege is principal of St. Paul's Lutheran school (Preble), which will hold its service at 8 a.m. in which the Rev. Louis Schulenburg will be the speaker.

The Rev. Walter C. Vetter of Immanuel Lutheran church, route 5, announced that the prayer for peace service will be held at 8 o'clock. Robert Huebner is principal.

St. Peter's Lutheran church, on route 3, will hold its devotions at 8:15 a.m., with the Rev. Fred Drogemueller as the speaker. T. C. Grotian is principal.

Quality Photo Finishings

All Work Left Before 8:00 p. m. Monday Ready Wednesday at 10 a. m.

Holthouse Drug Co.

Lutheran Schools

To Pray For Peace

National Day Of Prayer Wednesday

Five rural Lutheran schools in Adams county will observe Wednesday as a national day of prayer with special devotions in their respective churches. The pastors will lead the children in special devotions and prayers "for a just and durable peace under the guiding hand of Almighty God," as requested by President Eisenhower in his proclamation. The public is welcome to these morning devotions.

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BIRTHS

At the Adams county memorial hospital:

Noel and Norma Baker Ager of Berne, are the parents of a seven pound, five ounce girl born at 4:51 p.m. Saturday.

A seven pound, three ounce boy was born at 11:21 p.m. Saturday to Jerry and Linda Gamsby Cowan of Mercer avenue.

Edward and Dorothy Ray Pierce of Monroe are the parents of a six pound, 13 ounce boy born at 11:20 p.m. Saturday.

Sunday, Adam and Andrea Balmarez Egula of Decatur, became the parents of a five pound, 14 ounce girl born at 2:24 p.m.

At 6:30 p.m. Sunday, Melvin and Gail Nutt Wolfe of Van Wert, Ohio, became the parents of an eight pound, one ounce boy.

Today at 4:17 a.m., an eight pound, seven ounce boy was born to Carl and Marilyn Smith Muselman of Berne.

HOSPITAL NOTES

Admitted

Arthur Fuelling, Monroeville; Mrs. Austin McMichael, Decatur; Mrs. Alforus DeKonink, Hoagland; Daniel L. Miller, Monroeville.

Dismissed

Mrs. Samuel Fogle, Geneva; Mrs. Godfrey Nelson, Decatur; Mrs. Ann Presley, Monroeville; Mrs. Ann Bulmahn, Decatur; Miss Roberta Burk, Decatur; Miss Jean Heller, Decatur; Mrs. Thomas Noll and baby boy, Decatur; James Murphy, Sr., Decatur; Mrs. John Braun and baby boy, Decatur; Donald Hak, Convoy, Ohio.

Eight Arrested On Traffic Violations

Three Are Fined In Justice Court Here

Eight motorists were arrested over the weekend by law enforcement officers. Three offenders appeared in justice of the peace court following their arrests, the remaining five will appear in the near future to the charges filed against them. Two earlier arrests also appeared in court during the weekend. Of the 10 arrests, eight were for speeding, one left of center, and one for improper passing.

The electric timing device was used by the law enforcement officers on several of the arrests.

The five who appeared are: Harry James Cameron, 27, Appleton, Wisc., who was arrested Sunday by the city police for driving 42 miles per hour in a 30 mile an hour zone on 13th street. He was fined \$16.75 for the speeding charge in court after pleading guilty.

Andy D. Carter, 34, Madison Hts., Mich., was arrested on 13th street by the state police Sunday for driving 45 miles per hour. A fine of \$16.75 was assessed from the offender in court following his arrest.

Stephen P. Gall, 25, Middleport, N. J., was arrested Sunday by the state police for improper passing on U. S. 27 at the intersection of the highway and Second street extended. A fine of \$16.75 was charged for the offense.

Rebecca H. Landry, 55, Mishawaka, arrested September 9 by the state police for speeding in Pleasant Mills and was given a fine of \$16.75 in court Saturday. She was charged with driving 49 miles per hour.

Bernard C. Crater, 35, North Adams, Mich., arrested September 11 by the state police in Pleasant Mills for speeding and charged with driving 40 miles per hour, was fined \$16.75.

The five offenders scheduled to appear are: Thomas K. Grimm, 20, Decatur, arrested Sunday by the state police on 13th street for speeding, will appear at 4 o'clock today to the charge of driving 47 miles per hour in a posted zone of 30 miles per hour.

Gordon R. Jackson, 30, Evansville, will appear at 7 o'clock tonight to the speeding charge filed against him Sunday by the state police on 13th street. He is charged with driving 46 miles per hour.

Farrel L. Krall, 19, Willshire, O., was arrested by the state police for driving 50 miles per hour in the posted zone of 30 miles per hour on 13th street. He will appear Friday at 5:30 p.m. to the charge.

James L. Ball, 23, Decatur, was arrested Sunday by the state police for driving 45 miles per hour on Adams street. He will appear Friday at 5 o'clock in court for the offense.

Lavanga A. Kistler, 65, Decatur, was arrested Sunday by the state police on state road 116 approximately $\frac{1}{2}$ mile south of junction 118 for driving left of center. She will appear October 11 at 7 o'clock to the charge.

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