

## Ailing Heart Requires

## Quiet, Rest to Get Well

Take care of your heart. You have only one. You give it a huge amount of work to do and it does it without telling you how you are mistreating it. But when it does rebel and tells you, pay attention to the warnings. This is the advice of Dr. Louis M. Warfield, writing in *Hygeia*, the health magazine published by the American Medical Association.

Doctor Warfield describes the evidence of a worn-out heart. You are short of breath on exertion that had not previously produced distress. You may notice that your shoes are tight in the evenings, but that you have no difficulty in putting them on the next morning. Then one day you take cold; the next day you are short of breath, you have a distressing cough and your feet are swollen.

As soon as the symptoms are relieved the average person wants to get up, rather than go about slowly and gradually getting back to his usual activity. It would not be unmitigated bad fortune for a person with a bad heart to have a broken leg, too, Doctor Warfield declares.

## One Birthday Present

## Bobby Surely Needed

"Next Thursday is my birthday, daddy," Bobby announced one evening.

"Uh-huh," grunted dad, without looking up from his paper.

But Bobby was not to be put off that easily. He came over and climbed up on dad's lap.

"I say, daddy, next Thursday is my birthday."

"Well, well; so it is," dad agreed.

"And how old will my little pal be?"

"Six," Bobby answered importantly.

"Six years old," mused dad. "Quite a lad, aren't you? And what would you like to have for a birthday present?"

"There's lots of things I'd like to have."

"But you can't have a lot of things, Bobby. Tell me just one that you'd like to have most of all."

Bobby studied desperately. This was an important occasion.

"Well, dad," he decided, "I believe I'd like to have a new bank that mamma can't get nickels out of with a hairpin."

## Origination of Term "Old Glory"

The origin of the term "Old Glory" is contained in a letter written by Robert S. Rantoul, president of the Essex Institute, Salem, Mass., where the flag about which it was said is still kept. According to a report, Captain Driver of Salem in 1831 commanded the brig Charles Doggett, which sailed on its famous voyage which resulted in the rescue of the mutineers of the British ship *Bounty*. A letter acknowledging this service contains Driver's autograph, dated November 16, 1830, and bears the words "My ship, my country and my flag, Old Glory." It may be fairly assumed, therefore, that the phrase "Old Glory" originated with Captain Driver. The flag which was so designated by him was presented to him by a friend before starting on this voyage.

## An Odd Letter Box

A quaint letter box is to be found on one of the front doors of Connaught place, London. It is in the form of a man's head, through the vertically elongated mouth of which the letters are put. The mouth is so very widely opened that it almost makes one's jaws ache in laughing sympathy.

The bell (an old-fashioned wire-pulling one) is still more quaint. Again a man's face is the model, and, in order to ring the bell, you must catch hold of his protruding tongue, and pull it well out!

In Stratford-on-Avon they have been making use of William Shakespeare as a door knocker for very many years, though not with such liberty as this existing in London.

## Thumb Index to Mentality

The thumb is said to be an excellent indicator of character. Those who are in full possession of all their faculties make good use of their thumbs. Wherever there is a tendency to insanity this generally useful and active member falls out of work. A physician in charge of a lunatic asylum states positively that if you see a person whose thumb remains inactive—standing at right angles and taking no part in the act of writing, salutation, or manual exercise generally—you may be sure that he has a diseased mind. He may talk intelligently and appear sane in every respect, but undoubtedly a tinge of madness is lurking within his brain.

## Breaking the News

Wife—Anne certainly was lucky today at bridge.

Husband—Did she win?

Wife—She won \$50.

Husband—My goodness! I'll say she was lucky.

Wife—And, honey—

Husband—Yes?

Wife—I was the only one who lost.

## Plying His Trade

Magistrate (to prisoner arrested for gambling)—What trade do you follow?

Prisoner—I'm a locksmith, your worship.

Magistrate—What were you doing when Constable Jones entered the room?

Prisoner—Making a bolt for the door, your worship!—Montreal Star.

## Swiss Family Oser



Mr. and Mrs. Oser and their two children, Peter and Anita, who are in Chicago visitors. Oser's father, Harold F. McCormick. Mrs. Oser, who was Mathilde McCormick, is home for the first time since she married the Swiss riding master years ago.

## JOLLYWOOD'S FILM SHOP

By Duane Hennessy

(United Press Staff Correspondent)

Hollywood, July 1—(UP)—George Bancroft had the good fortune to appear on the horizon at exactly the right time.

There has been waste of years in his career. He wed through his apprenticeship to a renown in period when his ties would not have been fully apprised on the screen.

Then, believes P. Schulberg general manager of east coast production for Paramount, he came to the films at the opportune moment.

"Bancroft has been a great actor at any time motion picture history," Schulberg said, "yet had he arrived in the 18 at an earlier period he would have reached the heights he deserves and which he has attained."

"He had the good fortune to come to pictures as they were reaching their majority and the public taste was turning toward strong drama. Bancroft is essentially a dramatic actor."

In the custard stage of the films Bancroft would have made a good get because of his looks, Schulberg held. In other respects he would have been lost because puerile, trick falls and comedy chases decidedly not his medium.

"Neither would have been rightly placed in the extra youth and beauty golden age of pictures when a classic profile could far more than dramatic ability," Schulberg continued. "In appearance well as ability he is a man of tiny. His rugged physique and str. virile countenance are a perfect answer to a genuine revolt against much of a certain type of goods."

"As regards tag pictures, too, Bancroft's entry in the film world was perfectly timely. He was here with a lusty, resonant ice that exactly matches his personality."

In the earlier days of motion picture development which Schulberg spoke, Bancroft was working his way to stage recognition. He started his theatrical career as a member of a blackface song and dance team in burlesques, but soon dropped out of that field to play drama leads in stock.

A certain part of a certain canyon near Hollywood was a dandy retreat until Douglas Fairbanks and Mary Pickford bought a tiny week-end cottage there.

Despite attempts at secrecy their occupancy of the cottage became known. When they left the place one Sunday they found a hot dog vendor doing a thriving business with a crowd of sightseers.

Imagine the embarrassment of Conrad Nagel, who is a church usher, when young ladies attend service and ask him to autograph church literature.

Then came the days of underworld pictures, simultaneously with the film public's demand for more dramatic fare. Paramount's "Underworld" with Bancroft a member of a featured cast, started for a record.

## Real Thrift

Wife—It's unfair of you to say I don't economize. Why, I haven't used a new needle in the gramophone all the evening!—London Humorist.

## BOUND TO BE READ

By Paul W. White

(United Press Staff Correspondent)

New York, July 1—(UP)—A "mixed marriage" of a kind strikingly unusual when it is considered that there is no barrier of language—that of an English girl to an American man—provides the theme of "Joan Kennedy", an able first novel written by Henry Channon and published by Dutton.

Channon, a young Chicagoan who since his graduation from Oxford has been a resident of London, attacks the problems inherent in such a marriage with a prejudiced viewpoint. He is distinctly Anglophilic in his learnings.

But regardless of his sympathies the book may do much to shatter the legend sponsored by optimists that there is great communion of thoughts between "the two great English-speaking peoples." As a matter of fact Americans generally have a faint distrust of the British and the latter still regard the United States as a truant child.

So when Joan Vernon marries Bill Kennedy and goes to live in "El Dorado," a thinly-disguised Chicago, there are a number of parricidal notes. It is an unsuccessful transplantation largely because the manners, charms, ambitions and vices of the two nations are apart.

Channon has done a first-rate job both in the breadth of his conception and the detail of his execution. We trust, for his sake, however, that he does not see a copy of the American first edition. For in a publishing world where good printing is taken for granted it is rather amazing to see a book so filled with blurs, wrong fonts and lines aslant.

"Dark Duel", by Marguerite Steen, is the story of one of those unconventional artistic families which are delightful when safely caught between the covers of a book. It is doubtful if

they would be as endearing if one had to live with them.

This reviewer found it easy to sympathize with Edward Regis, latest husband of the famous actress, Alice Ameot, who never could be sure which of her former spouses he would meet in the rambling old house, Green Lawns. The exhusbands had a disconcerting way of setting up their easels in the studio or practicing at the piano quite as if they weren't "ex." Alice's charm was such that even those men she had divorced or who had divorced here, couldn't think of parting with her irrevocably.

These are fascinating people of whom Miss Steen writes and she has the power to make them vivid and alive. "Dark Duel" is a novel that you should add to your list immediately it is published by Stokes.

## More or less Personal

... The publicity office of Putnam's send us a note that Will Rogers uses only two fingers in typing. Which was the first indication we had that any one had that an?toona...aV-on. Yt one ever used more than two.

... Seen at the Literary Guild tea for W. R. Burnet: Gilbert Swan talking excitedly to the new girl; James Monaghan being suave; Mary Rennels arriving late with a youth in tow; the guest of Honor being almost ignored.

... Irving Brown "Deep Song" has left for Morocco to look for hitherto undiscovered Gypsy tribes.

... Our only regret is that this wasn't thought of in time so we could have had a theme song, "The Intelligent Women's Guide to Socialism and Capitalism, I love You. . .

## Agreed at Last

Wife—"It is strange that men always want sons. My father was always sorry that I was not a boy." Husband—"So am I."—Kikeriki, Vien-

ways be hung flat, never draped. Hung over a street the union should be to the north or east. Never use it to cover a speaker's desk or drap a platform. Flown with flags of other nations from staffs all should be at the same height.

Get the Habit—Trade at Home, It Pays

## HOW MONEY TRAVELS

Whether you want to collect money from a debtor a thousand miles away, or send money twice as far, begin the procedure at this bank.

## First National Bank

Capital and Surplus \$120,000.00  
Decatur, Indiana

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WILL YOUR FOURTH OF JULY TRIP BE JUST  
ONE "FLAT" AFTER ANOTHER?  
NOT IF YOU WILL DRIVE IN HERE FIRST.

## SPECIALS

## HIGH PRESSURE

## CORDS

## SPEEDWAY

## CORDS

## 30 x 3 1/2

## 29 x 4.40

## 30 x 3 1/2

## 31 x 4

## 32 x 4

## 33 x 4

## 32 x 4 1/2

## 34 x 4 1/2

## 30 x 3 1/2

## 31 x 5.00

## 31 x 5.25

## Big Sturdy Full

## BALLOONS

## 30 x 5 H.D.

## 33 x 5 H.D.

## 32 x 6 H.D.

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