

**Miles Women Walk In
Preparing Meals Are
Measured in Experiment**

Stockton, Cal., Aug. 20.—(United Press)—Kitchen shortcuts to cut down mileage of the housewife preparing meals or baking a cake may be mapped out by the San Joaquin Farm Bureau home department, which is now making a survey, through the use of pedometers, in hopes of increasing efficiency in farm homes.

So far pedometer readings have revealed many interesting things. For instance, one woman walked one and three-quarter miles to get breakfast, while a neighbor, preparing breakfast for the same number of people, walked only one-fourth mile. Arrangement of kitchen equipment has much to do with the difference.

Fifteen reports have been submitted to the survey board. One woman walked one-quarter mile getting lunch and one mile preparing dinner. Another woman walked one and three-quarter miles getting breakfast, three-quarters of a mile getting lunch and one and one-quarter miles preparing dinner.

The pedometer was not large enough to register the mileage of one woman who was baking a cake, one of the reports said.

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Niagara Falls Must
Await Canadian Vote**

By HERBERT LITTLE
(United Press Staff Correspondent)
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Plans for the repair of the famous honeymooners' mecca, the edge of which is disintegrating, threatening destruction of the scenic value of the falls, has been held up by the United States and Canadian governments until after the Canadian elections. It is felt that the government commissions can act with more authority then.

A "sore tooth" cavity is causing the damage. A V-shaped notch on the edge is causing convergence of the waters, rapid eating away of the edge, much mist to spoil the view, and a promise to destroy the wide falls completely by cutting out a gorge. The notch is in the middle of the Horseshoe Falls on the Canadian side.

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The falls on the American side are not wearing away so speedily. The engineers assert that the beauty of the American falls is not being lost, due to the even distribution of the water, which totals only 9,000 cubic feet a second, compared with the site.

Besides the concrete islands, plans 150,000 cubic feet on the Canadian have been suggested for reinforce-

ment of the fringe of the cliff with concrete, and also for a submerger concrete weir, or dam, to be constructed above the falls. The concrete islands, it is pointed out, could be covered with trees and sod to prevent impairment of the natural beauty of the cataract.

**Family Budget One Of
Biggest Factors Assuring
A Successful Marriage**

Washington, Aug. 20.—(United Press)—Adopt a family expense budget and you will do much to insure a successful marriage, Chase G. Woodhouse, of the U. S. Bureau of Home Economics, advises home makers, in a bulletin just published.

Scores of letters from housewives from all parts of the country telling of family troubles and asking for information on planning home expenses have been received by the bureau. In response to these please the bureau issued the budget plan.

"In order to spend wisely," the bulletin stated, "you must know what you have to spend. The first step in making your budget is to estimate your income. Next list all the articles and services that your family is likely to need during the year. List every expenditure. Set aside something for the 'rainy day' and take out insurance enough to care for the family.

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**Abbreviated Costumes
At Mask Ball Causes
Discussion in London**

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Prominent among those in attendance were the King and Queen of Spain, who did not appear in mask dress and the Prince of Wales and his brother, Prince Henri, both of whom appeared in sleek's dress.

Everybody was there and "everybody" in England means all who count for anything in official blue books.

The greatest sensation of the evening was caused when eight of the most beautiful women in the United Kingdom appeared as a rowing crew from Matson. The crew had a coxswain, Alfred Duff-Cooper, husband of Lady Diana Manners. He shouted orders to his crew as they rowed their cardboard boat across the ballroom floor. They afterwards fell exhausted into the depths of the craft.

The crew consisted of Lady Victor Paget, Lady Brecknock, Lady Ednam, Lady Loughborough, Mrs. Richard Norton, Mrs. Dudley Ward, Mrs. Lionel Tennyson and Miss Poppy Baring.

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2 pounds Bursleys High Grade Coffee	\$1.00
2 pounds M. J. B. Coffee	\$1.10
2 pounds Man O' War Coffee	85c
2 pounds Little Elf Coffee	95c
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Moss Rose and VanCamps Pork and Beans	3 cans	25c
Country Gentlemen Corn (Fancy)	2 cans	25c
Arterial Fancy Peas	3 cans	25c
Snyder's No. 1 Sauerkraut	gallon cans	50c

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her dreams.

She is waiting for a chance to try the perilous long-distance swim from England to France, but her imagination already has put her successfully across many times. Experts on the spot declare her chances of completing the swim are as good as any of the women swimmers training for the test.

"In my sleep," Mrs. Carson said, "I keep dreaming of swimming your Channel. My dreams, of which I have had many, are so remarkably realistic that I actually see myself doing the swim sure enough and walking out of the water and up the sandy shore at the other end."

Her two children, Clem, aged three and a half years, and Majorie, aged two, appear in her dreams, she said and seem to beckon her on. She looks upon her dreams as a good omen.

Mrs. Carson's speed in practising swims is increasing, her trainer said, and her swimming style is improving rapidly.

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