

## Your Health is at Stake if You Suffer from Constipation!

Every man, woman and child who has constipation or constipation symptoms should leave no stone unturned to get instant relief! Keep away from the dangers of pills and cathartics, which are almost as much to be dreaded as constipation itself. Your physician will recommend Kellogg's Bran because it is ALL BRAN—and it is Kellogg's Bran that will give permanent relief if eaten regularly.

Most cases of Bright's and diabetes can be traced to constipation; in its milder form constipation is responsible for sick headache, nausea, pimples, sour breath, etc. And, we say right here—and guarantee what we say—that Kellogg's Bran, if eaten regularly, will give you permanent relief.

Kellogg's Bran is wonderful as a

food as well as wonderful as a natural means of relieving constipation. Kellogg's Bran contains important mineral salts; it contains elements that are necessary in making bone, tissue and blood—yet, it acts as a sweeper, cleanser and purifier.

Eat Kellogg's Bran as a cereal. You'll enjoy its nut-like flavor. Or, sprinkle it on or mix it with hot or cold cereals. Many like it cooked with hot cereals. Two tablespoonsfuls of Bran should be added in each instance. You have missed much not to have eaten Kellogg's Bran made into muffins, raisin bread or many other bakery batches. Recipes of every package. Prominent hotels, restaurants and clubs serve Kellogg's Bran in individual packages. All grocers sell Kellogg's Bran.

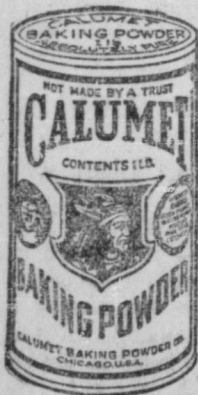
Three things are responsible for every woman's reputation as an expert coffee maker—the accuracy with which she measures, the care with which she brews, and the blend of coffee she uses. But the blend is ninety per cent of the reason. It's the blend you'll enjoy in Golden Sun.

Woolson's  
**Golden Sun**  
Coffee

## Don't Think

—that you are saving money—that you will get good results when you buy the big, or cheap can baking powders—the kinds that offer quantity and not quality—the kinds that are made to sell at bargain prices. Always call for

**CALUMET**  
The Economy BAKING POWDER



It has been helping housewives on bake-day for over thirty years. It is the most popular brand in America—the most reliable of all leaveners. It is the best because it meets every baking requirement. Made in the largest, most sanitary baking powder factories in existence.

The sale of Calumet is over 150% greater than that of any other baking powder. Test it yourself—keep it on the kitchen shelf.

**BEST BY TEST**  
THE WORLD'S GREATEST BAKING POWDER

## CENTRAL GROCERY

"OF COURSE" Free City Delivery  
Phone 31

**Bran** Kellogg's Flake, Pkg. **.10**

**Soap** White Laundry, 6 bars **.25**

**Coffee** Silver Sea, lb. **.37**<sup>1</sup>/<sub>2</sub>

**Oranges** Sweet Seedless, Dozen **.40**

**Crackers** Perfection Wafers, lb. **.12**<sup>1</sup>/<sub>2</sub>

## FISHER & HARRIS

CASH GROCERY

—Also Dealers in—  
Graniteware, Tinware and  
Galvanized Ware  
Phones 5-48-231  
Free City Delivery

Quality, Service and Low Prices  
R-N-M Bulk Soap Chips, 2 lbs. **.25c**  
Small Sound Red or Yellow Onion Sets, lb. **.10c**  
Extra Fancy Roman Beauty Apples, 3 lbs. **.25c**  
Best Michigan Hand Picked Navy Beans, lb. **.11c**  
Maytime Nut Oleo, cheap in price but high in quality, lb. **.21c**  
Special Oleomargarine, contains 25% creamery butter requires no coloring, lb. **.35c**  
Good Clean Blue Rose Rice, lb. **.5c**  
Pride of Decatur Brand of Flour, 12 lbs. **.45c**  
24 lbs. **.80c**  
48 lbs. **\$1.59**  
Goch's the best Flour for Bread, 24 lbs. **.98c**  
48 lbs. **\$1.95**  
Barrel **\$7.75**  
McKenzie's Prepared Pancake or Buckwheat Flour, bag **.23c**  
Strictly Pure Buckwheat Flour, bag **.25c**  
Virginia Sweet Pancake Flour, 2 pkgs. **.25c**  
Pillsbury's Prepared Pancake Flour, large 4 lb. bag for 48c  
All Scrap Tobaccos, 3 pkgs **.25c**  
N. B. C. Butter Crackers real quality 2 lbs. **.25c**  
N. B. C. Premium Soda Crackers have no equal, lb. **.17c**  
N. B. C. Graham Crackers, lb. **.17c**  
Battleship Brand Bulk Peanut Butter, lb. **.20c**  
Battleship Brand Mustard, quart jar **.25c**  
Genuine Santa Clara Prunes, lb. **.15c & 20c**  
Pillsbury's Whole Wheat or Graham Flour, 6 lb. bag **.39c**  
Best Quality Can Kraut, large cans 2 for **.25c**  
Best Quality Hominy, large cans 3 for **.25c**  
Best Quality Red Beans, 3 cans **.25c**  
Can **.10c**  
Oil or Mustard Sardines, can 5c  
No. 8 Nesco Brand Extra Heavy All Copper Wash Boilers **\$4.00**  
Large size Granite Roasters **\$2.50**  
10 quart Granite Dish Pans **40c**  
14 quart Granite Dish Pans **50c**  
17 quart Granite Dish Pans **65c**  
Milk Strainers **.28c**  
Flour Sifters **.22c**  
Tin Cups, each **.4c**  
Large Special Splint Clothes Baskets **.90c**  
Fruits and Vegetables

## FISHER & HARRIS

Cash Grocery.

### REAL ESTATE TRANSFERS

Louis Keller to Charles J. Lehrman, 40 acres in Union township for \$7,000.  
Alvinia Dohnke to Frank Neadtine, lot 73 in Decatur, for \$2,500.  
Pauline Bleeke to Charles Marbach, lot 661 in Decatur, for \$1,800.  
Frank Behling to Menno S. Hirsch, lots 461 and 462 in Berne, for \$4,500.  
David Schwartz to Jacob F. Moser 20 acres in Hartford township for \$3,700.

## SAGE TEA DANDY TO DARKEN HAIR

It's Grandmother's Recipe to Bring Back Color and Lustre to Hair.

You can turn gray, faded hair beautifully dark and lustrous almost overnight if you'll get a bottle of "Wyeth's Sage and Sulphur Compound" at any drug store. Millions on bottles of this old famous Sage Tea Recipe, improved by the addition of other ingredients, are sold annually, says a well-known druggist here, because it darkens the hair so naturally and evenly that no one can tell it has been applied. Those whose hair is turning gray or becoming faded have a surprise awaiting them, because after one or two applications the gray hair vanishes and your locks become luxuriantly dark and beautiful. This is the age of youth. Gray-haired, unattractive folks aren't wanted around, so get busy with Wyeth's Sage and Sulphur Compound tonight and you'll be delighted with your dark, handsome hair and your youthful appearance within a few days.

## Hi Society

Tuesday  
Psi Iota Xi—Mrs. J. H. Burroughs 8 o'clock.  
Mary and Martha class of M. E. church. Dinner in church parlors, 6 o'clock.  
Civic Section of Woman's club—Rest room at library, 2 o'clock.  
K. of P. dance, Pythian, home, 8:30 p.m.

Wednesday  
Shakespeare Club—Mrs. D. D. Heller.  
Dramatic Section of the Woman's Club—Old Adams County bank at 7 o'clock.  
Red Side of Ladies Aid Society of the Christian Church—127 N. 2nd St. 7:30 p. m.  
Historical Club—Mrs. Ben Devor, 812 Adams street, 2:30.

Thursday  
Baptist Missionary society meets with Mrs. Myrtle Brown.  
Phoebe Bible class with Mrs. Walter Bluhm.  
Ladies Aid Society of the Christian church—Mrs. G. T. Burk.  
Junior Club—Mildred Marschand The Root Township Home Economics Club—Mrs. Charles Gage.  
Friday  
Zion Lutheran Aid society at school house at 1 p. m.

There will be a call meeting of the workers of the Red Side of the Ladies Aid Society of the Christian church Wednesday at 7:30, at 127 North 2nd street. Business of importance will be transacted and every worker should be present.

Mrs. Merry's section of the Ladies Aid society of the Christian church will hold a pastry sale at Green's Meat Market Saturday.

Miss Agnes Kohne was hostess to the Delta Theta Tau Sorority last evening to their regular business meeting. The girls decided to have an Easter egg sale. Orders may be phoned to Mrs. Chalmers Schafer, Mrs. Georgie Brown or Miss Tootz Keller, and same will be delivered the Saturday before Easter, and on which day they will also sell eggs at the Green Meat market. The next meeting will be held with Naomi Durkin in two weeks.

Miss Eleanor Reppert was hostess to a very pretty dinner party last evening in honor of Miss Leona Hunsicker, who will be married to David J. Hensley, April 1. The bride's chair at the table was marked with a big bow of pink maline and smilax and a beautiful corsage marked her place. Dainty nut cups and place cards pictured a bride, while smilax reached from the centerpiece of narcissus to each place. Dainty corsages were given as favors to each of the guests. Covers were laid for the Misses Leona Hunsicker, Marcella Kern, Lucille Butler, Helen Swearingen, Betty Butler and Donna Parrish.

The Junior Club will meet with Miss Mildred Marschand at her home on Winchester street, Thursday evening at 7:30. Business of importance will be transacted and every member is urged to be present.

The Root Township Home Economics Club will meet Thursday afternoon at the home of Mrs. Charles Gage. Mrs. Martha Fritzinger and Mrs. E. S. Christen will be assistant hostesses.

The Class for Service of the Baptist Sunday School will meet at the home of Mrs. Charles Throp, 120 North Eleventh street Friday evening at 7:30. At this meeting the monthly Bible study will be held and any one who cares to begin the study is welcome.

### TWO CONVICTS ESCAPE

Choke Guard and Escape From Joliet Penitentiary Last Night

(By The United Press)  
Chicago, March 20.—(Special to Daily Democrat)—Two convicts, being transferred from the Joliet penitentiary to the Stateville prison, checked a guard into submission and escaped last night.

The prisoners were Tomas Pruett, Chicago serving 15 years for murder, and John Hale, Chicago serving ten years to life for robbery. They were being taken to Stateville in an automobile, in custody of B. N. Wilkey, a guard, and Frank Cressi, a "trustee." Outside of Lisle the men wound the chain of the handcuffs which bound them together around the neck of Wilkey, who sat between them. They then forced Cressi to leave the car. A few miles further on the prisoners threw Wilkey from the machine.

Several posses patrolled the roads leading into Chicago, but the men had apparently made good their escape.

### Trustees Will Meet Thursday Forenoon

A meeting of the township trustees will be held in the office of E. S. Christen, county superintendent of schools, at 10 o'clock Thursday forenoon. Several minor matters pertaining to the county schools will be discussed. Arrangements for taking the annual school enumeration will be made also. The enumeration will begin on April 10 and must be completed by May 1. The time for the schools in the county to close will be April 27. All schools which have not missed any time will close on that date. Those schools which have lost some time will be required to hold classes until the time is made up.

### Drowned Self in Gravel Pit

(Continued from Page One)  
taken by some to mean that the unfortunate man had contemplated suicide by hanging himself, but afterward changed his mind and decided on the drowning method. Dr. McBride, coroner, stated that no doubt his verdict would be premeditated suicide, or something of this kind. Dr. McBride stated that in his investigations he had learned that Mr. Johnson had been worried regarding financial matters.  
Mr. Johnson was one of the best known men in this part of Wells county. He was born near the Wells-Alton county line and lived in this part of the county all his life. Henry Johnson of Yoder, and Chas. Johnson, of Zanesville, are brothers. Two daughters and two sons, all married, also survive.

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\* TWENTY YEARS AGO TODAY \*  
\* From the Daily Democrat files \*  
\* 20 years ago this day \*  
\*\*\*\*\*

Warmest day ever known in March in Indiana, thermometer registering 85 above. Just a year previous it was ten above.

Dr. W. W. Blackman opens first osteopathic office in Decatur.

Dyonis Schmitt closes grocery department run in connection with his butcher shop.

Mrs. Susan M. Young of Chicago makes business trip here.

Bankers Dugan of Chicago and Beall of Wilshire leave for Indianapolis.

Mrs. Robert Gregory and Mrs. T. A. Baker initiated in Pochontas lodge.

Eggs are 11 cents per dozen, butter 12 cents a pound and potatoes 45c per bushel.

Forest Elzey goes to Berne to work for F. C. Foreman.

Chicago & Elgin railway equipped with cars guaranteed to run 80 miles an hour.

Indiana Grain Dealers, C. G. Ehley president, meet at Fort Wayne.

## BREAK CHEST COLDS WITH RED PEPPER

Ease your tight, aching chest. Stop the pain. Break up the congestion. Feel a bad cold loosen up in just a short time.  
"Red Pepper Rub" is the cold remedy that brings quickest relief. It cannot hurt you and it certainly seems to end the tightness and drive the congestion and soreness right out.  
Nothing has such concentrated, penetrating heat as red peppers, and when heat penetrates right down into colds, congestion, aching muscles and sore, stiff joints relief comes at once.  
The moment you apply Red Pepper Rub you feel the tingling heat. In three minutes the congested spot is warmed through and through. When you are suffering from a cold, rheumatism, backache, stiff neck or sore muscles, just get a jar of Rowles Red Pepper Rub, made from red peppers, at any drug store. You will have the quickest relief known. Always say "Rowles."

## New Spring Creations in

## Ladies Footwear

Never before were the new spring and Easter styles in ladies footwear so attractive. Anything Milady may hope for may be found in our wonderful selection of new Spring creations.

Straps, Pumps or Oxfords, Gray and Patent combinations. Latest styles. Finest of quality.

Straps.....\$4.50 to \$6.50  
Oxfords....\$3.50 to \$7.50

BUY FOR CASH and BUY FOR LESS

## People's Cash Shoe Store

## THE CRYSTAL

TONIGHT TOMORROW

Benefit Firemens Convention

## "The Third Alarm"

A feature extraordinary starring

Ralph Lewis and an All-Star Cast

You'll get a bumper crop of thrills—a pulsating torrent of laughs and tremors—You'll alternately giggle and quake when you see this greatest heart and soul picture of the century—

A real show for everybody

Children 10c

Adults 25c

## Your Money Grows

Your money placed in our bank is not only in safe keeping, but is increasing in volume without effort on your part. It is providing the competence that will be needed for old age or the "rainy day" that should be anticipated.

The saving habit is a producer of self-reliance, of business independence, of freedom from anxiety.

Start a Savings Account With Us

The Peoples Loan & Trust Co.

BANK OF SERVICE

## OTHERWISE

## It Takes a Lot of Time.

If you pay your bills with cash you should always wait for a receipt.

But, by issuing checks you can save the time otherwise required to go about paying bills and getting receipts.

Checks, written at your convenience, are valid receipts when endorsed by those to whom you are indebted.

You need no introduction to open a checking account at this bank.

## Old Adams County Bank