

When Your Little Child

cries at night, tosses restlessly and mutters in its sleep, is constipated, fretful and feverish, or has symptoms of worms, you feel worried and have your night's rest disturbed by the little one's crying, or perhaps because of your own anxiety.

Many thousands of mothers rely at such times upon a tried and trusted remedy always kept in the house.

Mother Gray's Sweet Powders for Children,

Used by mothers for over 30 years. These powders cleanse the stomach, act on the liver and give beautiful sleep by regulating the child's system. Easy to give and pleasant for the child to take. Happy mothers in every community are using them with splendid results. Mother, if your child has the symptoms here described you should try these powders. Sold by druggists everywhere. Be sure you ask for, and obtain, Mother Gray's Sweet Powders for Children.



Stops Pain Like Magic

In grandmother's day the first thought was Lightning Hot Drops when some one had a pain—and pain vanished every time this old reliable remedy was used.

New fangled and more costly things have won the younger generation away from some of the good old-fashioned remedies, but the demand for Lightning Hot Drops is greater today than ever.

Nothing else so quickly relieves cramps, stomach and intestinal pains, rheumatic and neuralgia pain, toothache, earache and similar distress. Lightning Hot Drops, for internal and external use, costs only 3¢ and 6¢ a bottle. At druggists—guaranteed.



Her Heart's Desire is a HOOVER
Take Care of Your Rugs.
A beautiful rug is a precious possession.

Give it the care it deserves. Prolong its life with The Hoover. Injurious grit will then be flattered out before it can grind the nap loose. The nap will be kept combed straight. The wealthiest people use Hoovers to protect their orientals. We will gladly demonstrate on your rugs, without obligation.

Schafer Hdw. Co.

GAS Notice

Gas Bills are due and payable at Company's Office on or before Dec. 10, if you wish to save the discount.

Office open Friday evening, Dec. 10, until 8:30 o'clock.

NORTHERN INDIANA GAS AND ELECTRIC COMPANY
105 N. 3rd

COOK PORK WELL

Department of Agriculture Points Out Dangers of Eating Improperly

COOKED PORK MEAT

Liability to Contain Live Trichinae, No Matter How Healthy the Animal Was

The approach of the Christmas season prompts the United States Department of Agriculture to issue a warning against eating pork of any product containing pork unless it is well cooked. At that season, especially, quantities of certain kinds of pork products which many persons are accustomed to eat uncooked are prepared in homes and on farms, as well as commercially. Uncooked pork frequently contains parasites of microscopic size known as trichinae, and persons who eat uncooked pork run the risk of contracting trichinosis, a most painful and distressing disease which sometimes ends fatally in spite of any treatment. The health of patients who recover from the acute stages of the disease is often prematurely impaired.

What U. S. Inspected Pork Means. It is important to remember that uncooked pork is likely to contain live trichinae no matter how healthy the animal from which it came may have appeared, or how excellent the meat looks. A satisfactory method of meat inspection to discover these parasites has not yet been devised. Hence with certain exceptions it is dangerous to eat uncooked pork even though it has been "U. S. Inspected and Passed."

In order to safeguard consumers who may be ignorant or careless of the dangers of raw pork, the Department of Agriculture requires that certain kinds of ham, sausage, and other pork products prepared in establishments operating under federal meat inspection, be subjected to processes that are known to destroy trichinae. Such processes, however, are required only in the case of those pork products that are customarily eaten without cooking. In the case of other products such as fresh pork and ordinary varieties of ham, sausage, and bacon, which in the United States are customarily cooked by the consumer before they are eaten, special processes to destroy trichinae are not used in meat-packing establishments under federal inspection. Accordingly, unless the product is definitely known to have been specially processed to destroy trichinae, it is highly important that the consumer make sure that pork is properly cooked before it is eaten. The most effective and simplest precaution against trichinosis is to avoid eating uncooked or improperly cooked pork. The trichina parasites die and become harmless when exposed to sufficient heat. They are so small that even though present in large numbers they do not appreciably affect the value or desirability of the meat for food purposes, provided it is not eaten raw or imperfectly cooked.

In the case of uncured pork the thoroughness of the cooking can be judged by whether the meat clear to the center of the piece has lost its reddish, bloody appearance and has become more or less white in color. Heat penetrates slowly into pieces of meat during cooking, and the temperature near the center ordinarily never approaches very closely that of the surrounding air or water.

How Long to Cook Pork. The following rule for cooking pork by boiling is based on careful experiments carried out some years ago by a Danish investigator:

Cook the meat 15 minutes (summer) to 18 minutes (winter) for each pound of weight if put into boiling water, keeping the water boiling throughout the cooking process. If the meat is put into cold water deduct half the time required to bring the water to a boil.

Examples: How long should a 10-pound ham be boiled if placed in boiling water? Ten multiplied by 18 equals 180 minutes, or 3 hours. How long should a 10-pound ham be boiled if placed in cold water and if 1 hour is required to bring the water to a boil? Ten multiplied by 18 minus 30 equals 150 minutes, or 2½ hours, after boiling begins.

In applying the rule given above, the 18 minutes per pound allowed should be followed in summer as well as in winter if the meat is taken from a refrigerator and cooking begun before it has had time to reach the ordinary house temperature. For high altitudes, where the temperature of boiling water is considerably less than at sea level, the time of cooking must be lengthened.

A representative of the Bake-rite company of Terre Haute is here to attend to business for the company and to dispose of the plant recently installed here, if possible.

Propose a Big Export Concern

(Continued from page one)
bureau federation will name a committee of five to attend the meeting of representatives of the farmers of the United States.

The proposed corporation will have on its government board representative farmers, bankers and business men, as the best interests of each class can be served, it was announced.

It is proposed that 25 per cent. of the capital of \$100,000,000 be paid in at once and that the remainder be paid in at the rate of ten per cent. a month.

OFFICERS SELECTED

The Catholic Ladies of Columbia at their meeting last evening selected the following officers for the next year: President—Josephine Malley. Vice President—Christina Schurger. Treasurer—Ode Fullenkamp. Financial Secretary—Edith Miller. Recording Secretary—Winifred Gillig. Monitor—Agnes Weber. Inner Guard—Gertrude Keller. Trustees—Lillian Lose, Elizabeth Kortentrer and Ruth Keller.

ROTARIANS ENJOYED TALKS

The Rotarians met last night in the lower room of the library and a most interesting meeting was held. Excellent talks were made by Dr. C. C. Rayl and Dore B. Erwin, and were thoroughly enjoyed. O. L. Vance made a report on the number of poor families in Decatur needing help and plans were discussed for the holding of the meeting next week when two out of town speakers will be the guests of the Rotarians. The meeting will be held on Tuesday.

GRANDMOTHER KNEW

There Was Nothing So Good for Congestion and Colds as Mustard

But the old-fashioned mustard-plaster burned and blistered while it acted. Get the relief and help that mustard plaster gave, without the plaster and without the blister.

Musterole does it. It is a clean, white ointment, made with oil of mustard. It is scientifically prepared, so that it works wonders, and yet does not blister the tenderest skin. Gently massage Musterole in with the finger-tips. See how quickly it brings relief—how speedily the pain disappears. Use Musterole for sore throat, bronchitis, tonsillitis, croup, stiff neck, asthma, neuralgia, headache, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frost-bitten feet, colds of the chest (it often prevents pneumonia).

35c and 65c jars; hospital size \$3.00



SECRETARY OF AGRICULTURE ASKS AUTHORITY AND FUNDS FOR REFORESTATION PURPOSES

Washington, D. C., Dec. 8.—Legislation and an appropriation of one million dollars to enable the Department of Agriculture, through the Forest Service, to cooperate with the states in forest-fire protection and other forestry work in the next fiscal year has been asked for by Secretary Meredith in a supplemental estimate submitted to congress through the treasury department, with the approval of the

president. His amount is needed, Secretary Meredith feels, in order to enter on a broad program for conserving the forest resources of the United States.

For some years the Forest Service has had \$125,000 annually for co-operation with states to protect the watersheds of navigable streams against forest fires. If the new recommendations are adopted, the work will aim at the protection of forest lands generally with a view to insuring their reforestation.

—WANT ADS EARN—

LOANS

—on—
Farm and City Property
At low rate of interest and reasonable terms.
THE DECATUR ABSTRACT & LOAN CO.

157 South Second St.
Decatur, Indiana

Henry B. Heller, Pres. E. Burt Lenhart, Sec'y.

Shopping Ideas

Baughman's

Is where You'll find Special Attractions in Presents for the Boys. Drums, wagons, sleds, Kiddie cars, blocks, chairs, rockers, black boards, balls, trains on track, mechanical sand and incline toys, guns, tricycles, games, books, brushes, purses, handkerchiefs, etc.

Quantities of Delightful Gifts for Girls of all ages. Dolls, doll cabs, chairs, swings, beds, cradles, pianos, dishes, games, books, toilet articles and sets, pictures, vases, candle holders, handkerchiefs, hair ribbons, hand bags, rings, fancy pins, beads, stationary, perfumes, embroidery pieces, thread, crochet thread, etc. Only 14 days before Xmas, begin your shopping today and avoid the great rush.

Remember It's At

Baughman's

East Side Street.

DEMOCRAT WANT ADS GET RESULTS

WHEN WE KNOW YOU, AND YOU KNOW US

Jones feels at liberty to ask favors of his partner or his best friend which he wouldn't think of asking of others:

And they will do things for him they wouldn't do for others because they have faith in Jones.

That same thing holds good with you and this Bank when we know you and you know us.

FIRST NATIONAL BANK

You Are a Stranger Here but Once.

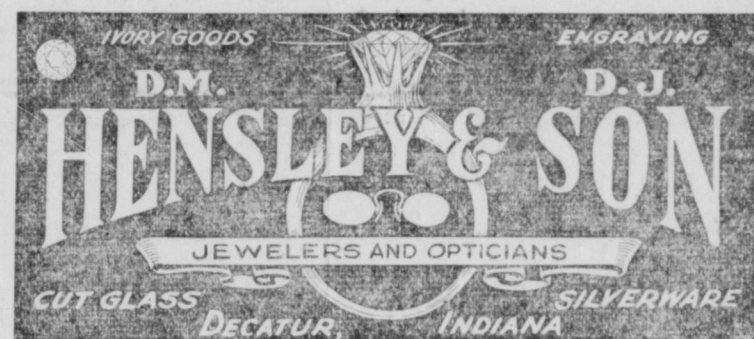


Can you realize how difficult it is to get goods this year? Perhaps you are delaying your Xmas selection until you may be badly disappointed.

Our stock still contains some of the high quality and lasting styles in beautiful Diamonds, Pearl Beads, Rings, Watches, Ivory sets, Cut Glass.

Select your Xmas presents and avoid disappointments.

We will lay your selection away for you.



HOLIDAY BARGAINS



Why not make this Christmas an Old Time Christmas and remember your friends with some Gift that will make them happy? We have a variety of Useful Gifts including those that are practical and will be appreciated. The following are a few suggestions:

SUITS
OVERCOATS
UNDERWEAR
SHIRTS
HOSIERY
SWEATER COATS

HATS
CAPS
GARTERS
GLOVES
HANDKERCHIEFS
SUSPENDERS

KNIFE AND CHAIN
CUFF LINKS
COLLAR & TIE PIN
BATH ROBES
BAGS
SUITS CASES

TRUNKS
PAJAMAS
NIGHT SHIRTS
COLLAR BAGS
MUFFLERS
WOOL & SILK HOSE

Why not save money and buy one of our Christmas Suits and Overcoats for your boy? Sizes 5 to 18 years; Prices much lower than regular.

Teeple, Brandyberry & Peterson
CATER TO THE CHRISTMAS SHOPPER