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meet head-on the spring fever suffered by most children.

Spring fever is catchy, especially in the classroom.

"Experienced teachers see the problems with warmer weather," she said. "They take advantage of the fact that children learn better in hands-on activities. Instead of reading about trees in books, students can learn by touching trees and leaves in the park or playground."

Instead of doing homework after returning home from school, children should be given two to three hours of recreational time, Summers said.

Parents can reschedule homework by eliminating television viewing after the dinner hour, she said.

"Studies have shown that television is not all that good for children anyway," Summers said. "The only problem is that if we push

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